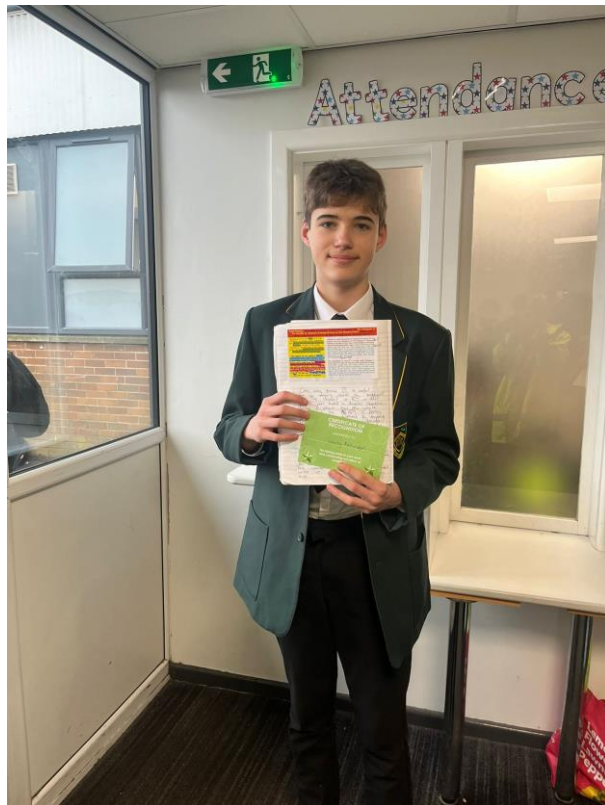


## Parents@Park

Embrace Ambition!

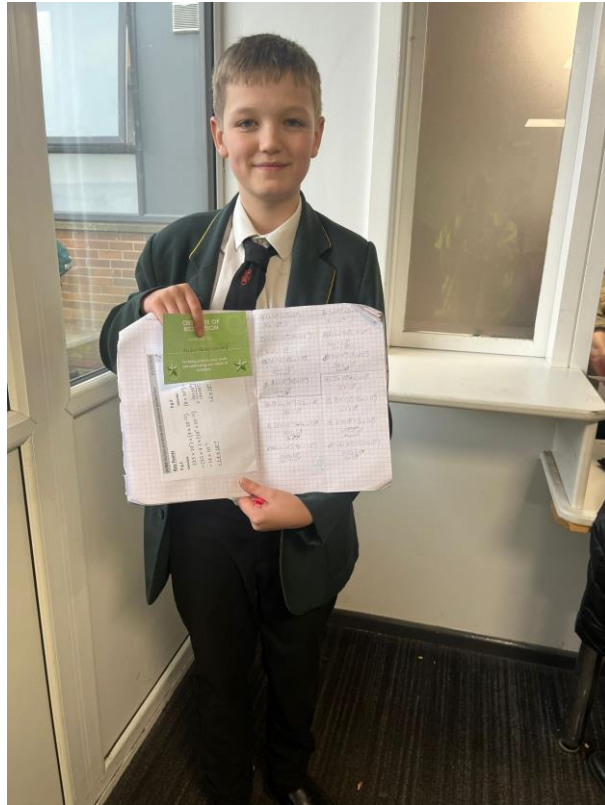
This week, we've guided our students in recognising the essential behaviours for embodying our core value Ambition. Our conversations and actions have centred around taking pride in school work, and confidently presenting this pride with smiles and simple celebrations with others. A pop up stall, congratulatory postcards, delightful sweets, and spring flowers; topped off with a sprinkling of staff enthusiasm was all it took to attract an overwhelming number of students eager to showcase their work during social time. We even managed to capture genuine smiles on camera (and without any bribing!).

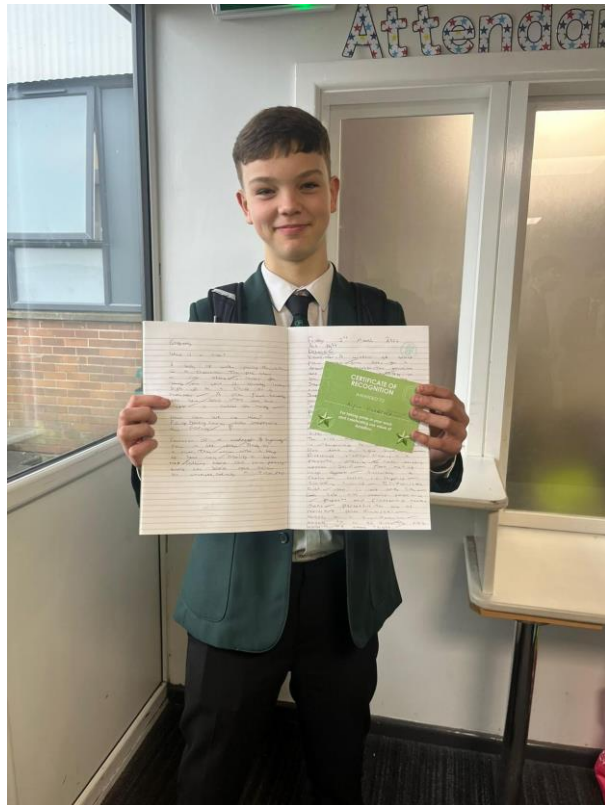
This simple yet super celebration was a fantastic communal acknowledgment of achievement. Now, with our thinking caps firmly in place, stay tuned for more inventive ways to we plan to help students to understand and display the behaviours that prepare us for learning, and ensure we are curious and eager to learn.

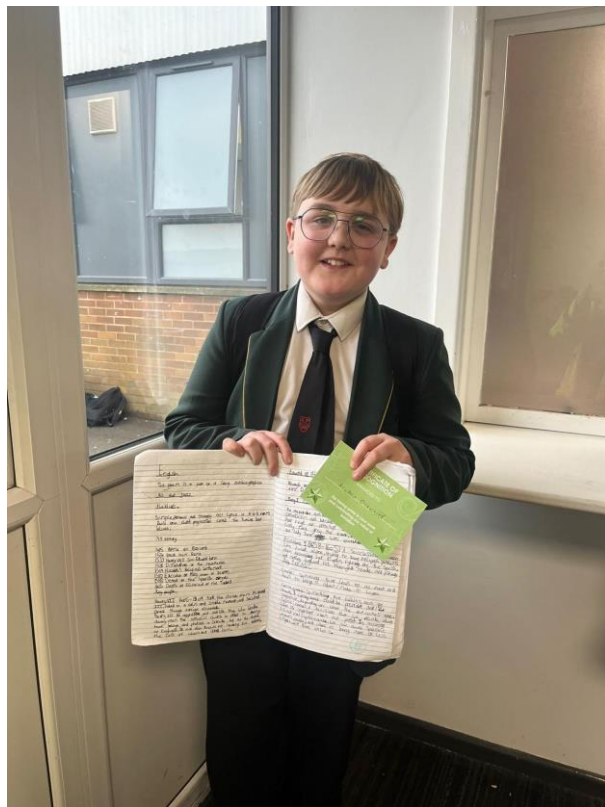
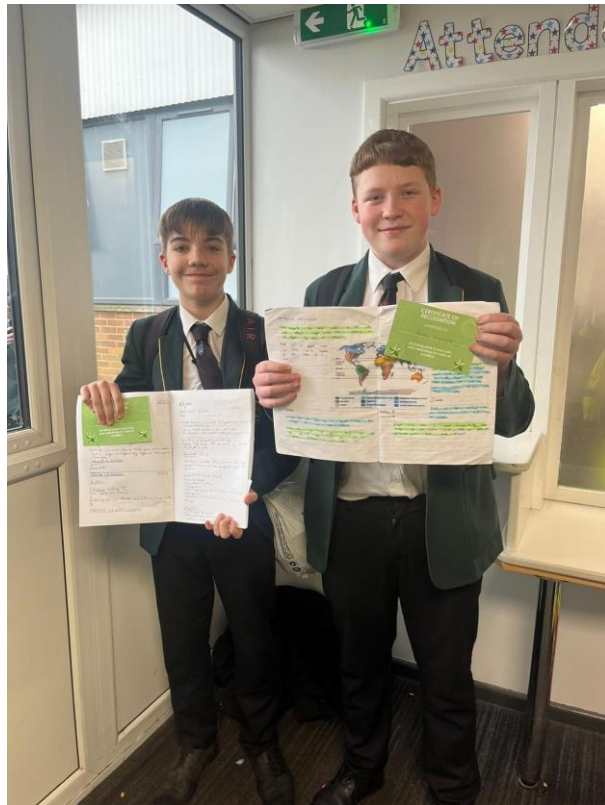






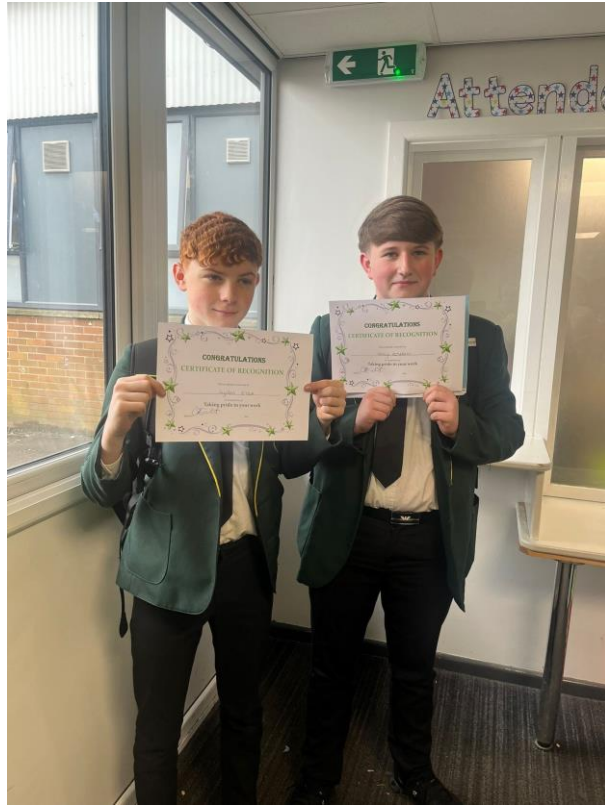




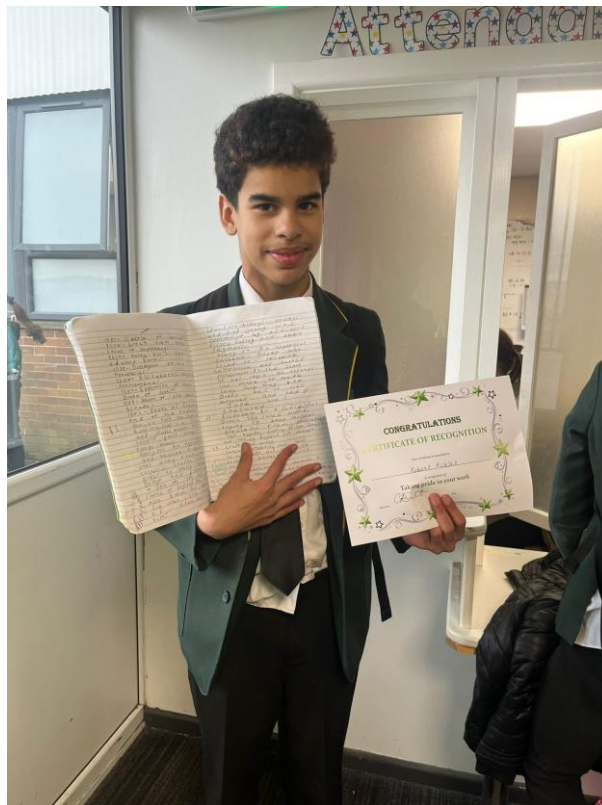
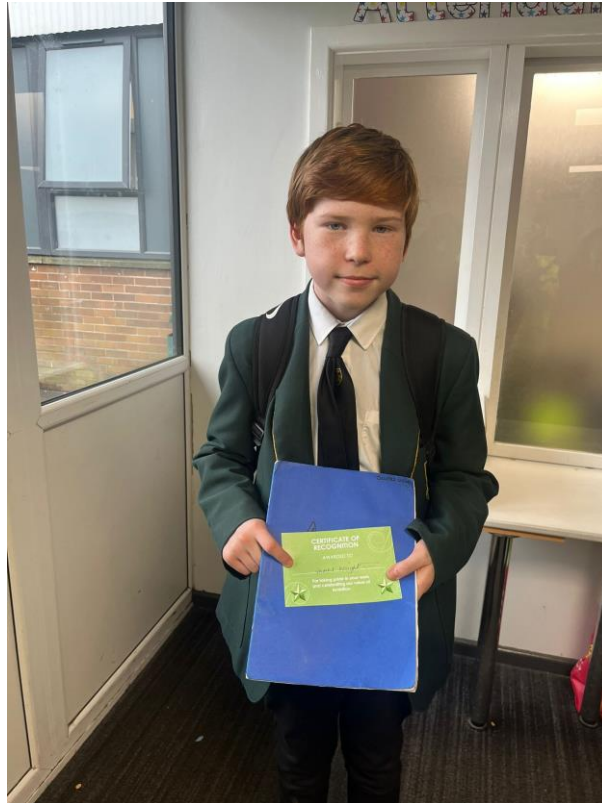












## Celebrate!

Continuing with the theme of celebrating success and taking pride in our approach to school work and life at Park, let's give a big shout out to this week's weekly winners



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

*Awarded to – Amiee Galloway*



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

*Awarded to– James Dickson*





# COLNE PARK HIGH SCHOOL

## Pupil of the Week

***Awarded to– Oliver Catlow***



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

***Awarded to– Markas Laurasunas***







# COLNE PARK HIGH SCHOOL

## Pupil of the Week

*Awarded to– Niall Metcalfe*



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

*Awarded to– Toby Arnold*







# COLNE PARK HIGH SCHOOL

## Pupil of the Week

***Awarded to– Georgia Butterworth***



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

***Awarded to– Holly Green***





# COLNE PARK HIGH SCHOOL

## Pupil of the Week

***Awarded to – Arley Fallows***



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

***Awarded to– Finlay Holden***





# COLNE PARK HIGH SCHOOL

## Pupil of the Week

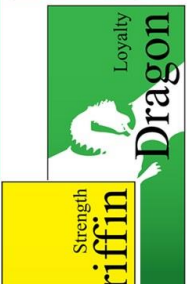
***Awarded to– Devan Brown***



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

***Awarded to– Ayanna Cassie***

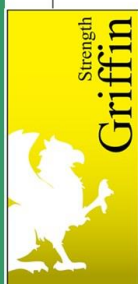




# COLNE PARK HIGH SCHOOL

## Pupil of the Week

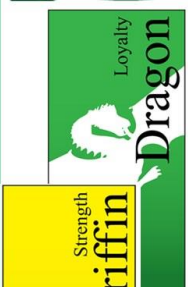
*Awarded to– Lucas Manley*



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

*Awarded to– Jack Stephenson*







# COLNE PARK HIGH SCHOOL

## Pupil of the Week

*Awarded to– Samuel Van Essen*



**great job,  
everybody!**



# COLNE PARK HIGH SCHOOL

**Park Point**  
**Olivia Williams**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

**Park Point**  
**Alfie Smith**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

## Park Point Ethan Woods



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

## Park Point Elise Bennett



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

**Park Point**  
**Filip Minich**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

**Park Point**  
**Alan Zvejnieks**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT





# COLNE PARK HIGH SCHOOL

**Park Point**  
**Isabel Robinson**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

**Park Point**  
**Isla Bracewell**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK  
HIGH SCHOOL

Park Point  
Lucas Cliffe



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT

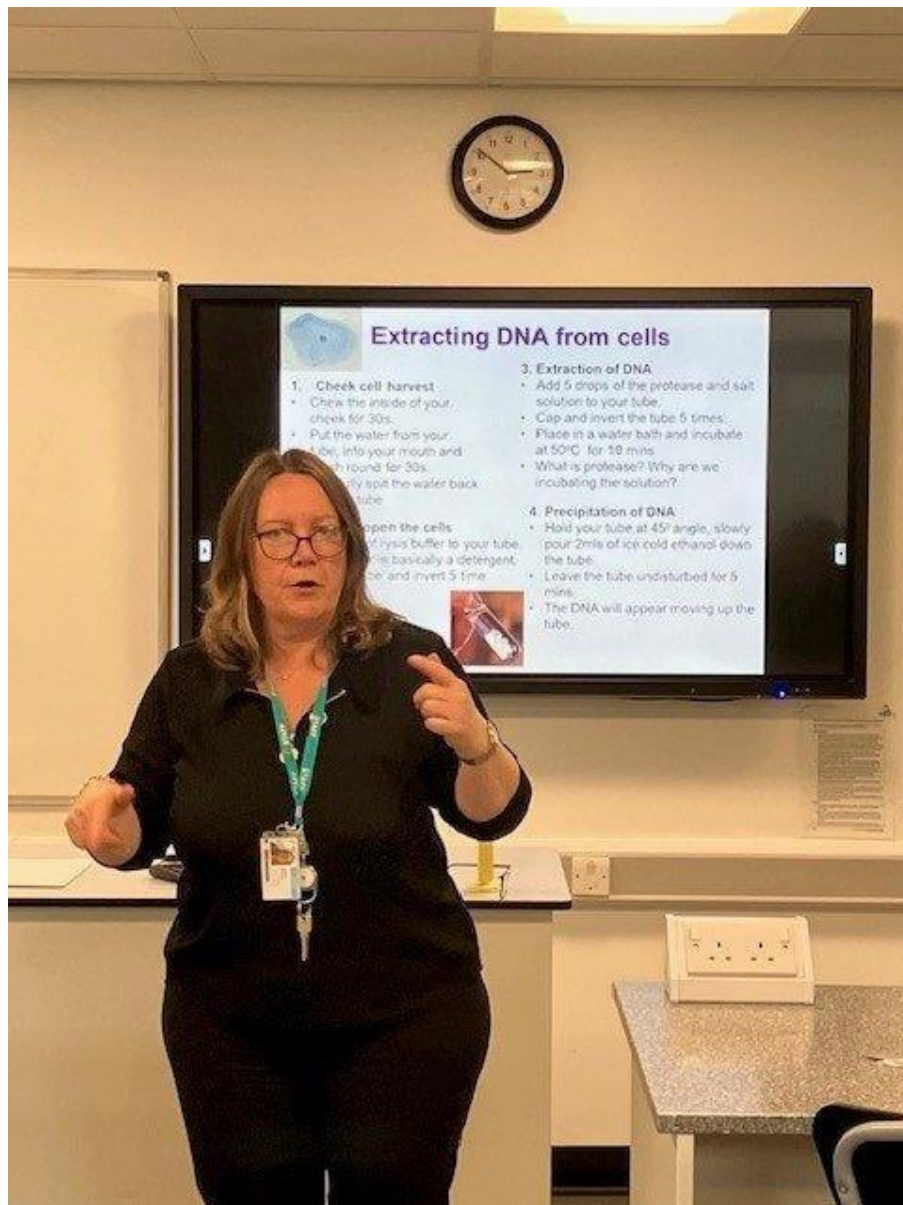


### Nelson and Colne Stem Science Trip

As part of our British Science Week activities, some of our Park STEM Ambassadors from both Year's 8 and 9 had the opportunity to visit the excellent facilities at Nelson and Colne college to take part in a Biology session run by one of the A-Level tutors. Students extracted their own DNA from their cheek cells and received goodie bags! One pupil was instantly inspired by both the facilities and the practical and has chosen his A-Levels in science!



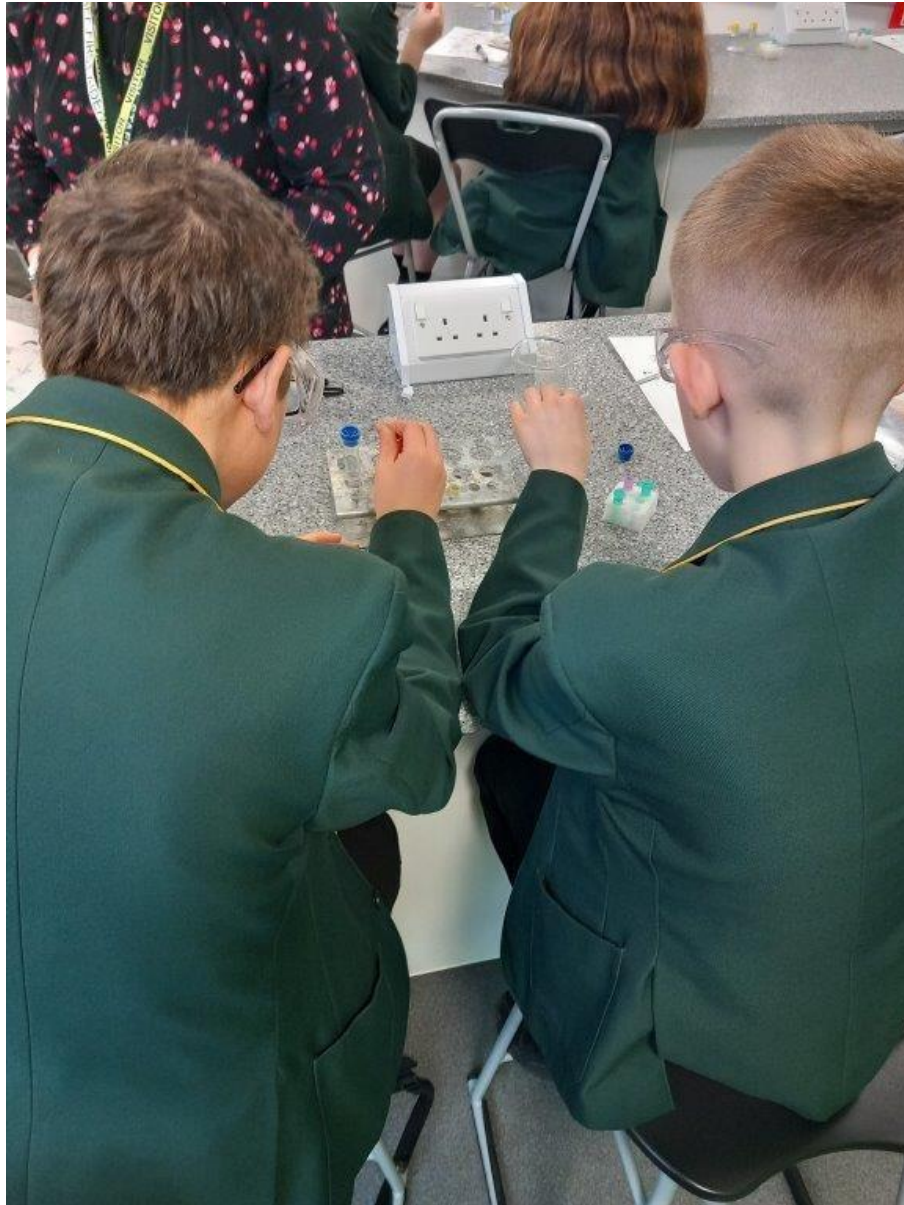












NELSON & COLNE  
COLLEGE

## Year 11 information share



- **Child Development coursework catch up on Friday 22nd March (Year 10 and 11 selected students).** The pupils on the list will be spending this day catching up on Coursework which is due in after the Easter holidays. Students are aware if they have been asked to attend. Please could you check with your child and remind if necessary.



### Year 11 Newsletter

**5 term time  
weeks until the  
GCSE exams  
start 9<sup>th</sup> May**



#### After School Intervention

**Monday English Priority Night**  
**Tuesday Maths Priority Night**

Every subject has sessions after school - please see your individual teachers

**Your Year 11 School Report  
will be sent next week**



Teachers are busy planning and  
scheduling Easter School Timetable  
- this will be shared next week



Maths and English Intervention groups  
start Monday RISE please check with  
your tutor Monday morning

- Mr Park **Maths** cohort securing a Grade 6
- Mrs Simcoe **English** cohort securing a Grade 5

**Remember daily reinforcement and revision with  
your KNOWLEDGE ORGANISER –  
Look...cover...write...check**

**#HardWorkPaysOff**

**#BeLikeCliff**

### HOW TO DEAL WITH EXAM STRESS

Don't let the stress of exams overwhelm you. Stay in control with these top tips.





GCSE timetable can be seen below - next stop May 9th for the first examination



| EXAMINATION TIMETABLE 2024 AND KEY DATES FOR YEAR 11 |                                                                      |                                                                  |
|------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------------|
| DATE                                                 | MORNING                                                              | AFTERNOON                                                        |
| Thurs 9 May                                          | Engineering Design 1hr 15 min                                        |                                                                  |
| Fri 10 May                                           | Biology p1 F & H 1hr 45min<br>Trilogy Biology p1 F & H 1hr 15min     |                                                                  |
| Mon 13 May                                           | English Literature p1 2hrs                                           |                                                                  |
| Tues 14 May                                          | French F p1/3 1hr 20min<br>French H p1/3 1hr 45min                   |                                                                  |
| Wed 15 May                                           | History p1 1hr 15min                                                 | Computer Science p1 1hr 30min                                    |
| Thurs 16 May                                         | Maths p1 F & H 1hr 30min                                             |                                                                  |
| Fri 17 May                                           | Chemistry p1 F & H 1hr 45min<br>Trilogy Chemistry p1 F & H 1hr 15min | Geography p1 1hr 30min                                           |
| Mon 20 May                                           | English Literature p2 2hrs 30min                                     |                                                                  |
| Tues 21 May                                          |                                                                      | Computer Science p2 1hr 30min<br>Child Development 1hr 15min     |
| Wed 22 May                                           | Physics p1 F & H 1hr 45min<br>Trilogy Physics p1 F & H 1hr 15min     |                                                                  |
| Thurs 23 May                                         | English Language p1 1hrs 45min                                       |                                                                  |
| Fri 24 May                                           | French F p4 1hr 15min<br>French H p4 1hr 20min                       |                                                                  |
| HALF TERM                                            |                                                                      |                                                                  |
| Mon 3 June                                           | Maths p2 F & H 1hr 30min                                             |                                                                  |
| Tues 4 June                                          | Health & Fitness 1hr 30min                                           | History p2 1hr 45min                                             |
| Wed 5 June                                           | Geography p2 1hr 30min                                               |                                                                  |
| Thurs 6 June                                         | English Language p2 2hrs                                             | Business 1hr 30min                                               |
| Fri 7 June                                           |                                                                      | Biology p2 F & H 1hr 4min<br>Trilogy Biology p2 F & H 1hr 15min  |
| Mon 10 June                                          | Maths p3 F & H 1hr 30min                                             |                                                                  |
| Tues 11 June                                         | Chemistry p2 F & H 1hr 45min<br>Trilogy Chemistry p2 F & H 1hr 15min | History p3 1hr 20min                                             |
| Wed 12 June                                          |                                                                      |                                                                  |
| Thur 13 June                                         |                                                                      |                                                                  |
| Fri 14 June                                          | Geography p3 1hr 15min                                               | Physics p2 F & H 1hr 45min<br>Trilogy Physics p2 F & H 1hr 15min |
| Mon 17 June                                          |                                                                      | Music 1hr 30min                                                  |
| Tues 18 June                                         |                                                                      |                                                                  |
| Wed 19 June                                          | Food Prep & Nutrition 1hr 45min                                      |                                                                  |
| Wed 26 June                                          | Contingency Day                                                      |                                                                  |

|                       |                                                |
|-----------------------|------------------------------------------------|
| Friday 3rd November   | Year 11 Autumn Mock Examinations               |
| Thursday 7th December | Year 11 Parents Evening                        |
| Tuesday 12th December | Year 11 Mock Results day and Career Interviews |
| Friday 15th December  | Year 11 Tracker Report Issued                  |
| Thursday 8th February | Year 11 Parents Evening                        |
| Monday 19th February  | Year 11 Full Mock Examinations                 |
| Friday 22nd March     | Year 11 Full Reports Issued                    |
| Friday 21st June      | Year 11 Prom                                   |

Students will be in school throughout the exam period. A leavers assembly date will be communicated later in the year.

## Information Share + Diary Dates

- Measles

Please see here for information raising awareness of Measles (click on the image to enlarge)



UK Health  
Security  
Agency

# Measles: How to Stay Safe

The best protection is 2 doses of the safe, effective MMR vaccine at 1 year of age, and 3 years, 4 months



If you have not had two doses, you can get them free from your GP surgery



Know the symptoms!  
Keep people with symptoms away from others



Call ahead before going to A&E or your GP



## Symptoms

Rash



Temperature



Runny Nose



Red Eyes



Cough



# MEASLES

## Don't let your child catch it

– get them vaccinated with the MMR vaccine

- measles outbreaks happen when not enough children have been vaccinated
- measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill
- your child is at risk of measles if he or she hasn't had the MMR vaccination
- 2 doses of MMR vaccine are needed to get the best protection
- if your child is due to have had 2 doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible\*
- if you can't remember if your child has had any, 1 or 2 doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP
- if you don't know how many doses your child has had, it's better to have 2 doses of MMR vaccine now rather than risk leaving them unprotected

\*In response to a local outbreak then the 2 doses can be given one month apart from the age of 18 months.







## Answers to some common questions about measles and the MMR vaccine

### Why are we seeing these outbreaks of measles?

Measles is a highly infectious disease, spreading quickly from person to person, especially in schools. A child with measles will infect almost all unprotected children they have contact with. Since the end of 2017 there has been an increase in measles globally which has affected the UK. This has resulted in some spread into wider communities, in particular in undervaccinated groups.

### When are the MMR vaccinations usually given?

The best times are between 12 and 13 months of age and again at 3 years and 4 months, with one dose on each occasion. But, if your child wasn't vaccinated then, they can be vaccinated at any age with 2 doses one month apart.

### Will there be any side effects to the vaccination?

Your child may get the symptoms of measles, mumps and rubella for up to 6 weeks after the vaccination but in a very much milder form. This proves that the vaccine is working and your child is building up resistance to future contact with the viruses that cause the 3 diseases. Not all children show these symptoms but that doesn't mean the vaccine isn't working.

### Should parents in outbreak areas get vaccinated against measles?

As with many diseases, once you have had measles, you don't catch it again because you have built up a natural resistance to it. So, if you've had measles or 2 doses of MMR vaccine you do not need to get vaccinated now.

---

For more information about measles and MMR go to  
[www.nhs.uk/conditions/measles/](https://www.nhs.uk/conditions/measles/)



## Virtual Groups

We offer virtual groups for families in Lancashire. You can access 'live' timetabled sessions or watch pre-recorded ones in your own time. For more information see our website.

## Get in touch

You will receive information about the School Nursing Service via your child's school or you can contact us using the information provided below:

Lancashire Healthy Young People and Families Service (LHYPFS)

t: 0300 247 0040

w: [lancsyoungpeoplefamilyservice.co.uk](http://lancsyoungpeoplefamilyservice.co.uk)



SCAN ME

Scan this code to contact us via Chat Health, for anonymous advice Mon-Fri 9-5

Scan here to access our website



**care·think·do**

WE CHANGE LIVES BY TRANSFORMING HEALTH AND CARE

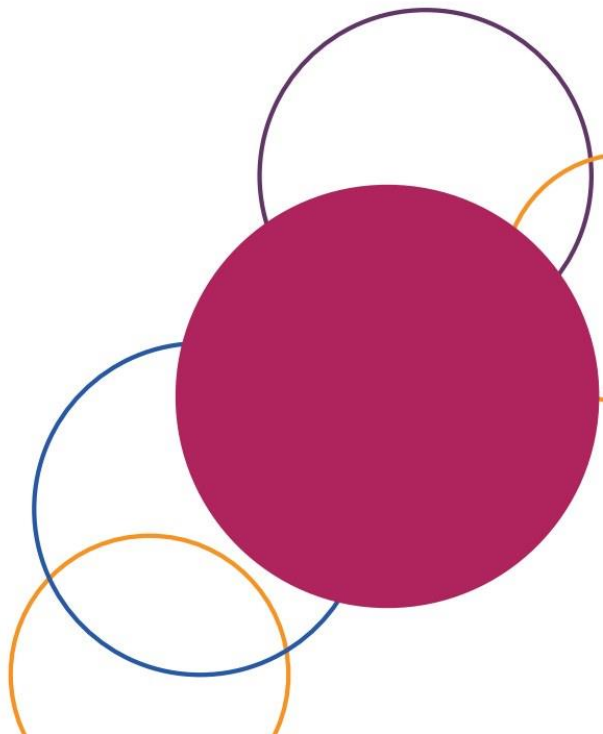


Lancashire Healthy Young People and Families Service (LHYPFS)

## School Nursing

Information on the School nursing service in Lancashire\*

\*Not including Blackpool, Blackburn & Darwen



## About Us

School Nurses are Registered Nurses who have a graduate level qualification in public health and the health needs of school-aged children & young people. Their fundamental role is to improve children and young people's health and wellbeing.

School Nurses are responsible for delivering the Department of Health recommended Healthy Child Programme (HCP) 5–19. This includes promoting the health, wellbeing and protection of all children and young people of school age (up to 19 years old), working with education colleagues and the wider multi-agency team and helping to improve public health outcomes for children, young people and families. School Nurses are also responsible for delivering the National Child Measurement Programme (NCMP) in reception and Year 6 and the Health Needs Assessments (HNA) in reception, year 6 and Year 9.

The School Health Team also includes: Community Staff Nurses and Healthy Family Support Workers (HFSW) who play an integral role in the delivery of the service.

The School Health Team usually sees children at school or college but may occasionally see them in the home or other community settings.

The school nursing service has two teams for service delivery.

### Universal Reach Team:

This team will deliver a universal service to all children and young people with a focus on public health interventions and assessment of health needs. This includes a named link school nurse to each school/college, delivery of the School Health Needs Assessment process and the National Child Measurement Programme in line with the Healthy Child Programme.

### Specialist Services Team:

This team will be responsible for providing support to the most vulnerable children and young people. Although not directly linked to individual schools, the practitioners will work closely with staff in the relevant schools/colleges for which these children and young people attend. The team will attend identified Child Protection, Child in Need meetings, undertaking individual health assessments and providing identified packages of care.

The School Health Team works together with other agencies and as part of a wider interdisciplinary team to support the health and wellbeing of school-aged children.

You will be sent information about NCMP and HNA when this takes place.

- **Preparing for Prom - the glitz and glam will soon be upon us!**

# PROM *Fayre*

Are you still looking for your perfect prom dress at an affordable price?

We will have a wide range of unworn sample dresses donated from local bridal stores, and gorgeous preloved dresses for you to try on and take home at a fraction of the cost!

You can feel even better in your prom dress knowing that your purchase has helped reduce fast fashion, and all sales go straight back into helping unpaid carers looking after loved ones!

**Saturday 23rd  
March  
10am - 3pm  
Carers Link Colne  
59 Market Street  
BB8 0LL**

 **Carers Link  
Lancashire**  
IMPROVING LIFE FOR CARERS



- **SMSC (Spiritual, Moral, Social and Cultural) Update:**

Through our SMSC provision, we ensure that pupils are prepared for life in modern Britain, fostering a meaningful understanding of their world. Our curriculum supports students to develop an informed and balanced view on world events, beliefs and values of others.

This week, a selection of pupils visited Marsden Heights and took part in a talkaoke. This is where the pupils took part in a discussion in front of all of the year 7 pupils at Marsden Heights and took part in a question and answer session. A selection of year 8 pupils met with artist Stella Boothman to start planning a project "Community Culture."

During intrinsic PD, pupils focused on the social and moral parts of SMSC by exploring how harmful language can affect a pupils mental health. The assembly focus this week was "Comic Relief" and how important it is to help people across the world.

We have also launched our SMSC Guidance in school which can be found here: [Colne Park High School - Spiritual, Moral, Social and Cultural Development \(park-high.co.uk\)](https://park-high.co.uk)

Work continues on our SMSC Quality Mark in school preparation and for parents yet to complete [this Microsoft form](#) to support us - we would appreciate it!

- **Year 8 Options. Choice making continues in preparation for further study in Year 9, 10 and 11.**

[Go to the Year 8 Option page on our website](#) to view the informative videos created by our subject specialists to help with the decision-making process.

- **Lancashire County Council School Bus Service Survey** Does your child currently use a school bus service contracted by Lancashire County Council? If so please could you spare a few minutes to undertake a short survey to help the council understand what you may want from the service in the future. The survey is **open from 21st February 2024 and 28th March 2024** and the results will help the county council better understand service user needs and wants. You can access the survey via the link below: [School Transport Review Survey - February 2024](#)



## Travels around Trust

- [Parents@LordStreet](#)

- [Parents@Blacko](#)

## Contact Us@

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

## School Holiday dates 2023-24

[Please click here to find the school holiday dates for 2023-24](#)