



Parents@Park

Parents@Park - the place to be for all things Park!

We start this week's Parents@Park with a reminder that our annual Open Evening (Thursday 10th October) means an early school closure (12:20pm) to allow staff time to prepare for the event.

Students have had another fabulous week in school, demonstrating the school learning habits exceptionally well. They show a real commitment to their studies and continue to shine. Well done everyone!

As we are aware there is a direct correlation between attendance and student attainment, success and happiness in school. As such Lancashire county council have asked schools to make families aware of important changes to Term time absence, which can be [found here](#).

Reading - the why!

Here at Park we have a dedicated literacy development team who support students from year 7 to 11 to develop reading ability, confidence and enjoyment. The support includes help with phonics, fluency, reading aloud, comprehension and text selection. Students who have worked with the literacy development team have really gained in terms of reading skill and speed, confidence and enjoyment.

As we know reading is vital to success in life - please do have a look at the below and do not hesitate to make contact with school via the below email contacts if you would like guidance, support or advice.

Why we should encourage students to read

- Research shows that reading helps to improve vocabulary, communication skills and also makes us better writers. We all need these skills in life and in our workplace. Consider talking to your child about when you use these skills in your own life and work.
- The increase in **screen-time and social media** has been shown to have **decreased our focus and concentration levels** as people are so used to flicking between apps and scrolling through various websites. Reading can help counter this by providing one thing to focus on.

Did you know..

.... Did you know research shows that a child who reads/is read to **for 5 minutes a day will expose them to around 400,000 words a year?** Increasing that to 21 minutes exposes them to 1,823,000 words a year. 40 minutes results in 3,646,000 words a year.

Did you know..

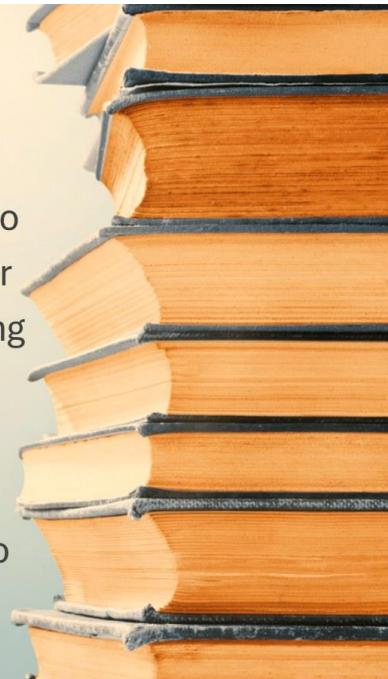
....that research shows children who read for pleasure achieve better, regardless of whether their reading material of choice is a novel or magazine?

Please do encourage your child to read a variety of texts that they are interested in.



Did you know..

.....that reading has been proven to reduce stress? In today's world, helping our children with this is so important. If you'd like support choosing a book for your child, or have queries or concerns surrounding reading please do not hesitate to get in touch with Mrs C Pearson cpearson@parkhigh.penninetrust.org or Mrs D Maylett dmaylett@parkhigh.penninetrust.org who will be happy to guide and support you



Pop-Up Shop

The first of this year's popup stalls have once again been a big win amongst students! The why behind these stalls is to support students' learning the importance of pride and celebration in their hard work and accomplishments. This approach aligns with our value of Ambition, emphasising that possessing values is one aspect, being able to articulate them when questioned is another, but truly understanding and embodying these values through behaviours is crucial for the fullest impact. Students have been actively engaging in understanding the true essence and experience of ambition with the help of their brilliant work (and a few chocolates to encourage!)







Year 11 Success Fayre

Year 7-11 Assessment Overview 2024-25				
	Year 7 and 8	Year 9	Year 10	Year 11
Autumn	• End of term – in class assessments against Curriculum Related Expectations.	• End of term – in class assessments against Curriculum Related Expectations.	• End of term – in class mock examinations.	<ul style="list-style-type: none"> • Sports hall mocks exams begin w/c 11th Nov (Eng Lit 1, and Eng Lang 11, Maths x 3 papers) • All other subjects in class mock examinations beginning w/c 11th Nov • Food mock w/c 7th Oct • Graphics mock w/c 2nd Dec • Art mock w/c 9th Dec • French Speaking mock w/c 29th Nov
Spring	• End of term – in class assessments against Curriculum Related Expectations.	• End of term – in class assessments against Curriculum Related Expectations.	<ul style="list-style-type: none"> • Religious Studies mock examination in the sports hall w/c 20th Jan in preparation for Summer GCSE. • End of term in class assessment all subjects w/c 2nd Feb. • Writing/Talking mock examination Religious Studies w/c 24th March 	<ul style="list-style-type: none"> • Spring full mock examinations in the sports hall w/c 24th Feb • Coursework deadlines this term.
Summer	• End of Year – in class assessments against Curriculum Related Expectations begin w/c 2 nd June.	<ul style="list-style-type: none"> • Religious Studies mock examination in the sports hall w/c 19th May. • End of Year – in class assessments against Curriculum Related Expectations begin w/c 2nd June. 	<ul style="list-style-type: none"> • Mock examinations in the sports hall Eng Lit 1, English Lang 11, Maths x 3. • Full GCSE Religious Studies • All other subjects in class mock examinations beginning w/c 19th May. 	<ul style="list-style-type: none"> • CCSE French speaking exam w/c 21st April. • Graphics GCSE exam w/c 21st April • Art GCSE exam w/c 20th April • GCSE examinations begin w/c 5th May

All students are provided with a termly Knowledge Organiser to prepare for these assessments

Year 11 Success Fayre

Wednesday 16th October

5.00pm-6.30pm

There are no appointments required for this event as the event will be running as a Fayre in the hall. But expect to be here at least 30 minutes. It is recommended to come 5.00pm-5.30pm, 5.30-6.00pm or 6.00-6.30pm

Top tips for success and revision strategies in each subject area. Help and advice for students and parents to prepare for this demanding year.

[Year 11 Success Fayre Letter to Parents](#)

A quick reminder to our Year 11 Parents, our ever popular Success Fayre is on Wednesday 16th October from 5pm - 6.30pm. Come and speak to staff about how best to support your child through this critical year in their educational journey.

Football Focus!





It has been an amazing couple of weeks for our football teams. Last week Year 11 started their season with a thumping 6-0 win over Marsden heights. Special mention to Kreant Botchway who scored a hat trick and George Gissing-Collins who made his football debut with a perfect

performance. Then our Year 9 boys football team kicked off their season with a 2-1 away win against Marsden Heights. The game began with a superb goal from Marley Hancock who finished from close range after Max Metcalfe nipped in to steal the ball from the Marsden Heights defenders. In the first half the team hit the woodwork 4 times with long range efforts from Alfie Crabtree and Kai Kucukcan. Park High continued to dominate and missed several chances before Marsden Heights equalised just before half time from a long range effort. In the second half, the team continued to work well together with substitutes Riley Phair and Ollie Bracewell having plenty of possession. Max Metcalfe delivered a number of dangerous corners with close misses from Oscar Williams, Charlie Hardacre and Oscar Mulligan. The game was eventually won by a powerful header from Alfie Crabtree who rose high and powerfully struck the ball across the goal.

Last Friday night then saw a barnstormer of a game as our Year 9 boys were victorious in the Lancashire Cup against Darwen Aldridge Academy. Darwen went into a 4-1 lead at the start of the second half but the team showed great resilience and determination to come back to 4-4. Goal scorers Alfie Crabtree, Oscar Mulligan, Stanley Mathews and Kai Kucukcan took the game into extra time. The game finished with an exciting penalty shoot out winning 5-4 after Jacob Morgan saved a Darwen penalty. The team play Pendle Vale on Tuesday in the league and wait for the next team in the Lancashire Cup draw.

On Tuesday this week Year 9 continued their winning run with a 7-1 away win against Pendle Vale College. Ollie Bracewell opened the scoring followed by Oscar Mulligan and two long range goals from Alfie Crabtree. In the second half Marley Hancock volleyed in from close range. The game finished with two goals from Lewis Thompson finishing at the back post from corners. Special mention this week to Lennox Kendal, Frasier Atkins and Oscar Williams who all played really well at the back. The midfield three of Kai Kucukcan, Alfie Crabtree and Riley Phair showed calm control in midfield on a cold and windy evening.

SMSC (Spiritual, Moral, Social and Cultural) Weekly Update



SMSC Vision: At Colne Park High School the spiritual, moral, social and cultural elements of a student's education is crucial to their development as an individual. We enable our pupils to take their rightful place in our community as a local, national, and global citizen. Through SMSC, we ensure that pupils are prepared for life in modern Britain, fostering a meaningful understanding of their world. Our curriculum supports them to develop an informed and balanced view on world events, beliefs and values of others.

This week during Intrinsic, pupils had the opportunity to develop their **social education** by putting themselves forward to become a Student Leader. This enhanced the **British Value of Democracy** as once pupils had given a speech to their form on why they would make a good leader. Each form group then had the opportunity to anonymously vote for who they wanted to be their leader. In addition to this, pupils have also been reading poems about friendship. This has again developed

their **social education** and **moral education** as they have been discussing what makes a good friendship.

Building Bridges Update

We are happy to announce that we are engaging again with Building Bridges School Linking Project. This means that a selection of year 7, 8 and 9 pupils will be working with pupils from Marsden Heights. The Year 7 programme is called "Exploring different cultures through conversation". Part of this will include the Talkoke where all year 7 pupils will be able to watch debates between Marsden Heights pupils and Park pupils. The Year 8 programme will involve delivering lessons to some of the local primary schools. Year 9's will be creating a pitch for a community project which could then be picked to be funded! We are extremely excited to see our pupils engage with this project!

Our reflection quote for this week is: "There is nothing on this earth more to be prized than true friendship." St Thomas Aquinas

News and events

Just a reminder that our annual Open Evening takes place on Thursday 10th October 2024 which means that school will close at 12:20pm on this day to allow staff time to prepare rooms and the school site with Open Evening activities.

Guided tours will then run every morning throughout our working week 14th- 18th October - [booking via Eventbrite essential here](#)



Celebrating success

Another week sees another set of winners - please do not forget to log on to MCAS to find updated credit certificates!



COLNE PARK
HIGH SCHOOL

Park Point
Harry Purcell



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK HIGH SCHOOL

Park Point Rily Wales



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT




COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to – Poppy Atherton











COLNE PARK
HIGH SCHOOL

Pupil of the Week






Awarded to– Scarlett Lewis




COLNE PARK
HIGH SCHOOL

Pupil of the Week

Awarded to– Betsy Matthews











COLNE PARK HIGH SCHOOL

Pupil of the Week






Awarded to– Mia Springthorpe-Hall



COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to– Amy Slinger



Post 16 College Open Evenings Information

Open Events 2024-2025

Nelson & Colne College



Saturday 21st September 2024
10am to 2pm
A Level Open Event

Thursday 3rd October 2024
5.30pm to 7.30pm
Year 11 Open Event

Wednesday 6th November 2024
5.30pm to 7.30pm
Year 11 Open Event

Monday 10th February 2025
5.30pm to 7.30pm
Careers Open Event

Tuesday 29th April 2025
5.30pm to 7.30pm
Year 8, 9 & 10 Open Event

Register today at nelson.ac.uk

Open Events 2024-2025

Accrington & Rossendale College



Wednesday 25th September 2024
5.30pm to 7.30pm
Year 11 Open Event

Monday 4th November 2024
5.30pm to 7.30pm
Year 11 Open Event

Thursday 13th February 2025
5.30pm to 7.30pm
Careers Open Event

Wednesday 23rd April 2025
5.30pm to 7.30pm
Year 8, 9 & 10 Open Event

Register today at accross.ac.uk

Myerscough College & University Centre
SCHOOL LEAVERS | UNIVERSITY DEGREES | APPRENTICESHIPS

COURSE ADVICE MORNINGS

Saturday 5th October
Saturday 16th November
Starts 10.00am



CENTRES IN PRESTON, BLACKBURN, LIVERPOOL, AND WARRINGTON

Extra Curricular & Clubs

PE Extra Curricular activities

Football/Netball Fixtures in red print - PE kit needed – get changed in the changing rooms at the end of school, students will be informed of matches in advance

Day	Activity
Monday	Year 7 Multi-Sports Practice Football Blessed Trinity vs Park Y7 (A) Football Park vs West Craven Y11 (H)
Tuesday	Football Park vs West Craven Y7 (H) Football Rosshall vs Park Y10 Girls (A) Netball Marsden Heights vs Park Y10 (A) Football Park vs Parklands Y10 (H)
Wednesday	Football Park vs West Craven Y9 (H)
Thursday	OPEN EVENING
Friday	All Years Basketball Football Park vs St Wilfred's Y11 (A) Football Park vs Salendine Nook U13 Girls (H)



Practice sessions listed in dark print - finish approximately 4.15pm - all welcome!

Creative & Performing Arts Extra-Curricular

September 2024

Day	WHAT	WHERE	WHEN
Monday	GCSE Art intervention Performers@Park 	310 & 311 Dance studio	3.10-4.10pm 3.10-4.10pm
Tuesday	School Band 	111	3.10-4.00pm
Thursday	Singing for fun. 	Dance studio	3.10-4.00pm



ASPIRE. PERFORM. ACHIEVE.

Le club français



'Le club français' is for anyone who is looking to learn or improve their French and appreciate French culture.

Rendez-vous every Monday after school in room 211 from 3.15pm to 4pm.

This is a perfect opportunity to learn French while having fun, meeting new people with a REAL French person: **Madame Ramsay!**

Whether you're here for the food, the games, the friends, the music/art, or the French itself!

Venez nombreux! Alone or with a friend, all year groups are welcome!

Dates for the Diary

- Thursday 10th October - Early Closure 12.20, Open Evening
- Wednesday 16th October - Year 11 Success Fayre

Other news and Information share



Pendle Community Orchestra

invite you to another

OPEN REHEARSAL

Wednesday 9th October 2024
From 7.00 to 8.30pm

OPEN TO EVERYONE
 any age or ability

If you play an instrument bring it along
 and Join in at

HOLKER BUSINESS CENTRE
 Burnley Rd. COLNE BB8 8EG
 (opposite Lanlee Fencing)

for more information contact
 Peter Elmer on 01282 863506
<https://www.pendlecommunityorchestra.co.uk>

What Parents & Educators Need to Know about SCHOOL AVOIDANCE

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have coping, responsibility or anxiety issues. They may also experience difficulties, bullying and learning difficulties at school, pressure to achieve to a certain level, or a feeling of not belonging from primary school to secondary school.

PATTERNS OF ABSENCE

You may notice patterns in regular absences as children regularly expressing that they don't want to attend school (particularly during a child or young person's transition period). There is a link between the child or young person's anxiety and the school or school they attend. Such as changes in the environment, changes in routine over primary school.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. They could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

IMPACT OF SCHOOL AVOIDANCE

LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Absence from school on a regular basis not only supports academic attainment but is also important for the development of life skills and the growth of children and young people as citizens.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. For example, lack of reduced social engagement, poor emotional regulation, mental health difficulties, limited academic progress and reduced engagement opportunities.

CYCLE OF ABSENCE

Consistent absence may contribute to a sustained school avoidance period. After a while, the longer a pupil is out of education, the more likely it is that there is a cycle of ongoing need to avoid the activity which is making them anxious - increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there is a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards all types of support or interventions. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's feelings, listen and discuss a range of coping strategies together to help them face the situation and overcome feelings. These could include: breathing exercises, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, such as waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and relaxing can help give children a sense of predictability and familiarity. Schools can help create a timetable routine for the child's school day, if required.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and reading) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive reward of avoiding school.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bismont has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday
 The National College

Source: See full reference list on guide page at nationalcollege.com/guides/school-avoidance
 @wake_up_weds | www.thenationalcollege | @wake.up.wednesday | @wake.up.weds
 Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.01.2024

- All Parents@Park editions are [stored here ordered by date](#) so that you can track back and revisit previously shared information.

Travels around Trust

- [Parents@LordStreet](#)
- [Parents@Blacko](#)

Contact Us@

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

School Holiday dates 2024-25

[Colne Park High School - Term Dates \(park-high.co.uk\)](#)