



As always, images with huge thanks to Karen Clark of 5 little Boys Photography - friend, Governor and parent of Park.

Parents@Park

Parents@Park - the place to be for all things Park!

As the leaves turn golden and we dive into the heart of the autumn season, we have swiftly find ourselves at our half term break. It has been a busy and enriching term and students have been absolutely fantastic both in and out of the classroom. Learning walks around school continue to show students committed to their learning, not afraid to challenge themselves and working hard towards their individual goals. Turnout at this week's Year 11 success fayre again reaffirms the commitment of students, their families and staff to ensure the best outcomes for all in forthcoming mocks and final GCSE examinations next summer. A brilliant evening - an inspirational talk by Mr Allen, followed chance for parents and families to get tips, resources and course details to support student studies.

We leave October now and look forward to opening the doors to Autumn term 2 on Monday 4th November - dare I say it, we will then be mentioning the Christmas season!

Perfect Uniform and Mobile Phones

At the end of the half term, we must thank our families for your continued support with our school expectations regarding uniform, make up and mobile phones. An email has been sent serving as a brief reminder about expectations to avoid any issues on our return.

Students choosing to have cosmetic enhancements during the holidays for example, false eye-lashes or false nails, will need to remove before coming back into school. Please see the slide stack below (click to enlarge each slide) for full details of the school expectations regarding mobile phones, make-up and uniform.

School expectations – mobile phones

No mobile phones seen or heard on site from September 2024

From **September 2024** our Electronic Device Policy is changing, in line with **Government guidance** and **schools nationally**.

No mobile phone can be 'seen or heard' on school site (this means as soon as the student enters the school gates)

If a mobile phone **has** to be brought to school for safety reasons when travelling to or away from school, it must stay in school bags and **not be seen or heard** anywhere on site.

If a mobile phone **is** seen or heard on site (inside or outside of the building) it will be confiscated and handed in at reception. The phone must be **collected by a parent/carer** from reception.

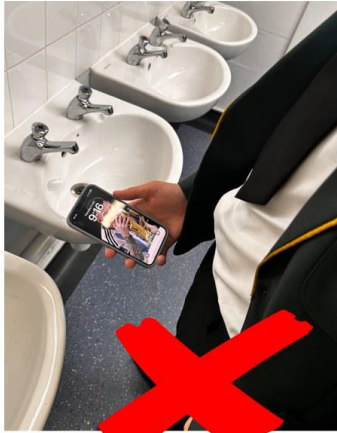
Why no mobile phones

- to avoid students being distracted from their studies – mobile phones can often be a distraction to check social media, messages or play on games.
- to remove the risk of damage or theft of expensive electronic items it is recommended to be kept at home.
- to reduce the potential risk of abusive behaviour - all students have the right to learn and be safe.

No mobile phones seen or heard



On site including social times



No mobile phones outside on site



Including:

- Break
- Lunch time
- Lesson Transitions

School expectations – uniform & make-up

- No false nails or coloured nail varnish can be worn in school - these must be removed before returning to school
- No make up or fake tan can be worn in school.
- No false eye lashes or extensions can be worn in school - these must be removed before returning to school.
- One small stud in the bottom of each ear is permitted; no other piercings are allowed. No other jewellery can be worn (with the exception of a wristwatch). This means no other piercings, bracelets or rings can worn in school.
- Hair styles and accessories must be appropriate for a professional setting, with no unusual styles, colours, shavings or patterns. None natural coloured hair, for example pink, red, purple are no permitted. Natural coloured highlights are acceptable.
- When purchasing shoes please check the photos - shoes must not be canvas material, trainer style or boot style. They cannot have a high heel or a logo.

Perfect Uniform

We pride ourselves on students presenting professionally in their uniform.



- **Green with gold braiding blazer and green tartan skirt**
- **House ties must be worn showing the House emblem**
- **Four buttons must be evident on school skirts at all times**
- **Trousers must be black, straight leg, not 'jeans' design or skinny**
- **Plain black V-neck Park High School jumper (optional)**
- **Shoes must not be canvas material, trainer or boot style, have a high heel or a logo**
- **Trainers and boots are not allowed**

Skirts

- 4 buttons must be always shown on the skirt. This means skirts **MUST NOT** be rolled up.
- Plain socks or tights to be worn under the skirt.
- **NO leggings.**



Appropriate shoes

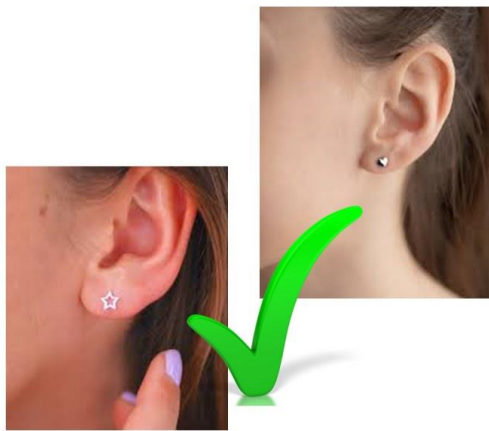


Shoes must not be canvas material, trainer or boot style, have a high heel or a logo.

Not appropriate shoes



Piercings:



Multiple piercings or piercings in areas other than the lobe



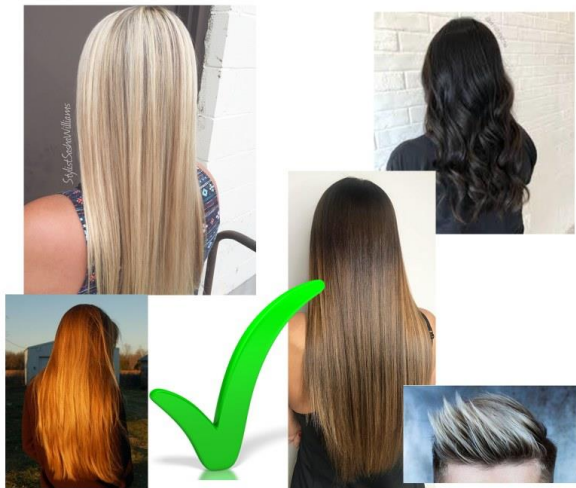
Jewellery



No tramlines or lines



Acceptable



Not acceptable



Nails must be natural and kept short, with no coloured nail varnish or false nails

Allowed



Not allowed



No makeup, false tan or false eyelashes are permitted



No make up or false tan



Successful Success Fayre!



Wednesday 16th October was our **Year 11 Success Fayre** evening. The evening was very well attended and students and parents started the night with a presentation from Mr Allen and Mrs Eulert about the year ahead including important dates and how to access resources.

All students and parents then entered the hall to collect vital information from subject leaders about the important year ahead. It was great to have so many of our local further education providers present on the night to give guidance about next steps - Nelson and Colne College, Burnley College, Craven College and South Craven 6th Form and Myerscough College.

There was a buzz about **AMBITION** through the evening.

If you were unable to attend on the night please look out for our email that will include:

- **Summer GCSE Examination** provisional timetable
- The **Year 11 Road Map** including key dates and events for the year
- How to access **examination board information** including practice papers, mark schemes and exemplar material .

Please remember that the window is now open for ordering **Revision Guides** through the MCAS app.

Thanks everyone for a great night.

Mock Interview Experience - Help Needed!

To support students in preparing for life beyond Park, we are looking to hold our annual Mock Interview experience for Year 11 students. This day coincides with them receiving their mock GCSE results. We are asking for local employers and/or parents to volunteer to be part of the team that will provide our students with interview experience.

If you would like to be involved on **Wednesday 18th December**, please can you complete the form.

[Interview Experience Day Form](#)

SMSC (Spiritual, Moral, Social and Cultural) Weekly Update:

SMSC Vision: At Colne Park High School the spiritual, moral, social and cultural elements of a student's education is crucial to their development as an individual. We enable our pupils to take their rightful place in our community as a local, national, and global citizen. Through SMSC, we ensure that pupils are prepared for life in modern Britain, fostering a meaningful understanding of their world. Our curriculum supports them to develop an informed and balanced view on world events, beliefs and values of others.

This week during Intrinsic, pupils had the opportunity to develop their **social education** by learning about the values of active listening. In addition to this, pupils have been enhancing their **cultural education** and **moral education** by learning about hate crime in assemblies this week. Our overall theme this half term has been RESPECT which links directly with the British Value of **respect** and **tolerance**.

Our reflection quote for this week is: "Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that." Martin Luther King Jr

Year 9 Online Parents Evening

Year 9 Parents' Evening 6th November 2024

[School Cloud Booking System - Click to Book](#)

We are delighted to contact you regarding our Year 9 Parents' Evening on Wednesday 6th November 2024. We are looking forward to discussing your son/daughter's progress with you.

The School Cloud online appointment system will be open to parents **from Friday 18th October 2024** and allows you to choose your own appointment time. The system will close on **Monday 4th November 2024**. When you have chosen your appointment times, you will receive an email confirming this. All communication will come from TES School Cloud. Should you wish to make any changes after this date, please contact Mrs Holmes on aholmes@parkhigh.penninetrust.org.

The 5 minute appointment slots will be available from **4:30pm-7:30pm on Wednesday 6th November 2024**. Please only book a single appointment, per subject.

Following the Parents' Evening, you will be sent a short questionnaire to ascertain your views and assist us in improving our communication and support. We would really appreciate it if you could complete this.

We look forward to speaking to you soon, here are a couple of helpful links on how to book and use the system.

[How to Attend a Video Appointment](#)

[Parent Guide to Booking Appointments](#)

Head Teacher's Golden Letters



The Head Teacher's Golden Letter of Recognition is a prestigious award honouring and acknowledge the exceptional efforts and achievements of students this term. This recognition goes beyond academic excellence; highlighting remarkable personal growth, leadership qualities, and contributions to the school community. Receiving the Golden Letter is a significant milestone recognition of students dedication, resilience, and positive impact on their peers and the broader school environment. It embodies the school's commitment to fostering a culture of ambition, respect, and continuous improvement, encouraging students to strive for their best and to be role models at Park. This recognition not only celebrates current accomplishments but also serves to thank and inspire them and others to pursue further achievements and to embody the values and principles underpinning school life.















Celebrating success

Another week sees another set of winners - please do not forget to log on to MCAS to find updated credit certificates!



Winner

TextStudio





COLNE PARK HIGH SCHOOL

Park Point Scarlett Lewis



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK HIGH SCHOOL

Park Point Mia Foster



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK HIGH SCHOOL

**Park Point
Ethan Hurley**



CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



COLNE PARK HIGH SCHOOL

**Park Point
Finlay O'Shea**



CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.






COLNE PARK HIGH SCHOOL

**Park Point
Caleb Reynolds**








CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.




COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to – Freya Coates











COLNE PARK HIGH SCHOOL

Pupil of the Week






Awarded to- Tia Connelly



COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to- Joshua Lord

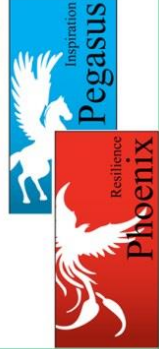




COLNE PARK HIGH SCHOOL



Pupil of the Week



Awarded to– Poppy Lord



COLNE PARK HIGH SCHOOL

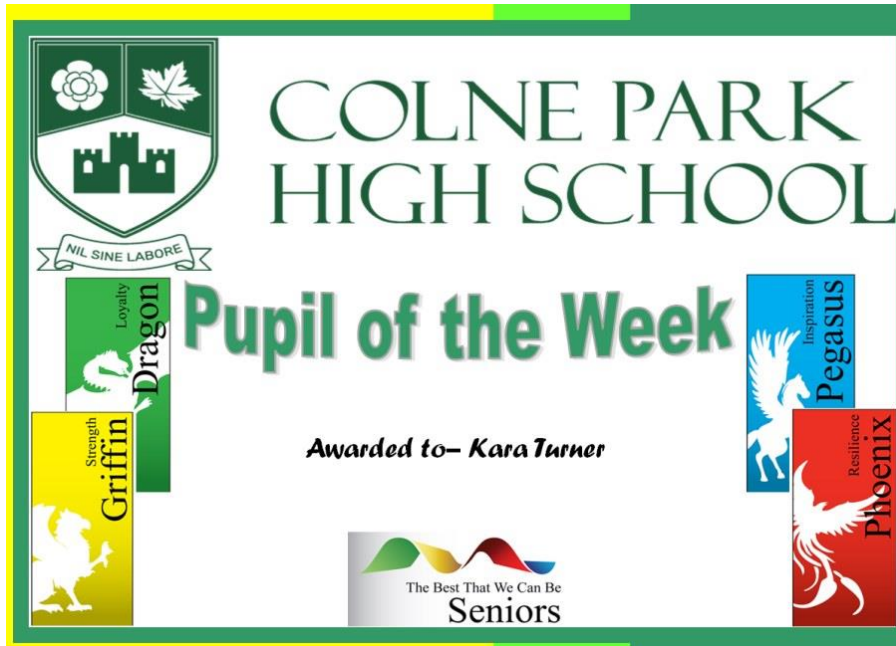


Pupil of the Week



Awarded to– Daisy Timberlake





Dates for the Diary

- **Friday 18th October** - School closes for the half term break and re opens on Monday 4th November 2024.
- **Wednesday 6th November** - Year 9 Parents Open Evening
- **Friday 15th November** - Children in Need

Year 11 Mocks

Timetable for Year 11 Nov Mocks – after half term

	Monday 11th Nov	Tuesday 12th Nov	Wednesday 13h Nov
Form time	Normal form		
Period 1	Normal lessons	English Literature	English Language
Period 2			
Break			
Period 3	Normal Lesson	Normal Lesson	Normal Lesson
Break			
Period 4	Maths 1	Maths 2	Maths 3
Intrinsic form time			
Period 5			

Exam access arrangements will take place next door in the CEC.

This is a shorter sports hall season. In this assessment window all other subjects will take place in the classroom and assessments are to be split over two periods

Extra Curricular & Clubs

Creative & Performing Arts Extra-Curricular

September 2024

Day	WHAT	WHERE	WHEN
Monday	GCSE Art intervention <u>Performers@Park</u>	310 & 311 Dance studio	3.10-4.10pm 3.10-4.10pm
Tuesday	School Band	111	3.10-4.00pm
Thursday	Singing for fun.	Dance studio	3.10-4.00pm



ASPIRE. PERFORM. ACHIEVE.



Le club français



'Le club français' is for anyone who is looking to learn or improve their French and appreciate French culture.

Rendez-vous every Monday after school in room 211 from 3.15pm to 4pm.

This is a perfect opportunity to learn French while having fun, meeting new people with a REAL French person: **Madame Ramsay!**

Whether you're here for the food, the games, the friends, the music/art, or the French itself!

Venez nombreux! Alone or with a friend, all year groups are welcome!

Post 16 College Open Evenings Information

Open Events 2024-2025

Nelson & Colne College



Saturday 21st September 2024 10am to 2pm	A Level Open Event
Thursday 3rd October 2024 5.30pm to 7.30pm	Year 11 Open Event
Wednesday 6th November 2024 5.30pm to 7.30pm	Year 11 Open Event
Monday 10th February 2025 5.30pm to 7.30pm	Careers Open Event
Tuesday 29th April 2025 5.30pm to 7.30pm	Year 8, 9 & 10 Open Event

Register today at nelson.ac.uk

Open Events 2024-2025

Accrington & Rossendale College



Wednesday 25th September 2024 5.30pm to 7.30pm	Year 11 Open Event
Monday 4th November 2024 5.30pm to 7.30pm	Year 11 Open Event
Thursday 13th February 2025 5.30pm to 7.30pm	Careers Open Event
Wednesday 23rd April 2025 5.30pm to 7.30pm	Year 8, 9 & 10 Open Event

Register today at accross.ac.uk

Myerscough College & University Centre
SCHOOL LEAVERS | UNIVERSITY DEGREES | APPRENTICESHIPS

COURSE ADVICE MORNINGS

Saturday 5th October
Saturday 16th November
Starts 10.00am



CENTRES IN PRESTON, BLACKBURN, LIVERPOOL, AND WARRINGTON

Other news and Information share



East Lancashire Goalkeeping Academy





October Half Term Goalkeeper Camp

24th & 25th October

9:30-15:00

Prices:
1 day- £35
2 days- £65
Sibling discount available
Open for GK's aged 7-16

Venue:
Praire Sports Village
Windermere avenue
Burnley
BB10 2FU

- FA qualified coaches
- FA First aid trained
- Over 50 years combined local GK experience
- DBS checked

For more information or to book
Please Contact:



Stuart 07590113508 (Whatsapp)
Or email: ELGH-academy@outlook.com





Free Online Courses







Fully Funded School Support Course



www.studysmartuk.online

Available in Levels 1, 2 & 3

CACHE Certificate in Understanding Safeguarding & Prevent

CACHE Certificate in Understanding Challenging Behaviours

CACHE Certificate in the Principles of SEN

Six Week Course
Mon - Fri

1st session 9:30 - 11:30am

2nd session 12:30 - 2:30pm

3rd session 4 - 4:30pm

(optional session for reflection and support if needed)



Pendle Community Orchestra

invite you to another

OPEN REHEARSAL

Wednesday 9th October 2024
From 7.00 to 8.30pm



OPEN TO EVERYONE
any age or ability



If you play an instrument bring it along
and Join in at

HOLKER BUSINESS CENTRE
Burnley Rd. COLNE BB8 8EG
(opposite Lanlee Fencing)

for more information contact
Peter Elmer on 01282 863506

<https://www.pendlecommunityorchestra.co.uk>

What Parents & Educators Need to Know about SCHOOL AVOIDANCE

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.5% in 2018-19 to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

IMPACT OF SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is a complex phenomenon, by several factors (rather than one single cause). This could include something going on for the child or young person within the family or at school. A child may have coping strategies at home, for instance, or a change in family dynamics, bullying and/or low self-esteem at school, pressure to achieve to scholastic and extracurricular activities, or anxiety about secondary school.

LEARNING AND DEVELOPMENT

School absence can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of confidence in young people as citizens.

PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (especially being reluctant to leave home on school days). If a child is absent from school regularly, there is some evidence to suggest that there are some aspects of school life which may cause distress which has changed in the environment, changes of routine and sensory stimuli.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future employment, poor emotional regulation, mental health problems, delayed academic progress and restricted employment opportunities.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in child or young person's complaints about physical symptoms, particularly on school days or in the evening, before school. These could include complaining of a lump in the throat, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

CYCLE OF ABSENCE

Consistent absence may contribute to sustained school avoidance over time. Further to this, the longer a child is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious - increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there is a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school. We also call for a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm, and recognise the child's feelings, fears and distress or range of emotions. There could include items like the classroom and re-arranging things. There could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, team waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a transitioned routine for the child's school day, if required.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to many stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

Meet Our Expert

With 30 years experience as a teacher, trainer, consultant and interim executive based member, Anna Ballentine has a wealth of understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.

Source: See full reference list on guide page at: www.thenationalcollege.gov.uk/what-is-school-avoidance

@wake_up_weds /www.thenationalcollege @wake.up.wednesday @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.09.2024

I hope you're all settling in to the new term! I am the Curriculum Manager for Dance, Performing Arts and Music at Burnley College. We have a variety of performances and gigs scheduled for 24/25 and we will be opening our matinee performances to schools, free of charge and offering schools group bookings for gigs. We have also introduced Release SEN Performances across our Pantomime and Musical Theatre Performance. Our current performance schedule is as follows;

5th December - 7th December 24 'Sleeping Beauty' Pantomime as part of 'Winter Wonderland'
5th December FREE Matinee Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm
6th December FREE Matinee SEN Released Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm
7th December Public Performances 10.30am & 1.00pm
18th December 24 BTEC Music Gig
6.30pm Public Gig (email for free schools booking)
10th - 15th February - Music School Tour
Music Performances and Workshops available for schools in Music Performance and Music Production (email for further details/bookings)
6th February - 8th February 25 Beauty and the Beast Jr
6th February FREE Matinee Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm
7th February FREE Matinee SEN Released Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm
8th February Public Performance 1.00pm
8th May - 9th May 25 Performing Arts Showcase
8th May FREE Matinee Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm
9th May FREE Matinee Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm
22nd May - 23rd May 25 Dance Showcase
22nd May FREE Matinee Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm
23rd May FREE Matinee Schools Performance 12.30pm (email for free schools booking)
Evening Public Performance 7pm

Year 10 and 11 Programmes are available now at Burnley College! First programme begins in November. Please share with your students <https://www.burnley.ac.uk/24/25-home/programmes/>

We currently offer BTEC and A Level Courses from Level 2 to Level 6 across Performing Arts, Dance, Drama and Theatre Studies, Music and Music Production and Technology as well as a variety of enrichment courses, evening classes, year 10 & 11 development programmes and public performances.

If you have students interested in Dance, Drama, Music or Performing Arts in Years 9-11 we would like to offer you the opportunity of workshops or short performances in the discipline of your choice. Please get in touch and we can create something that supports your students' learning as well as promoting our offer. This can take place at your school or we are happy for you to visit Burnley College and take a tour of the building and the resources we have to offer.

- All **Parents@Park** editions are [stored here ordered by date](#) so that you can track back and revisit previously shared information.

Travels around Trust

- [Parents@LordStreet](#)
- [Parents@Blacko](#)

Contact Us@

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

School Holiday dates 2024-25

[Colne Park High School - Term Dates \(park-high.co.uk\)](http://park-high.co.uk)