



## Parents@Park

Parents@Park - the place to be for all things Park!



*At the eleventh hour on the eleventh day of the eleventh month – we will remember them.* This week, the Park High school community came together to hold an assembly and a two minutes silence to collectively acknowledge the courage and sacrifice of those who

served their country. We remember those who volunteered, sacrificed, served, fought, and died, for our freedom. **We thank you, and we salute you as we salute those who made the ultimate sacrifice for our freedom. We will never forget. We will remember you**

With thanks to Miss Hooper and her team of staff from both the Creative and Performing Arts and Technology Departments for the coordination of, and of course the students for the making of the poppies to create a wonderful and moving poppy field outside the front of school to mark Remembrance Day- a poignant and moving tradition.



## Year 11 Mocks



Year 11 have just completed English and Maths mock exams in the sports hall.

They were superb.

Next week they will complete the rest of their subjects' mock exams in classrooms.



A big milestone for our students and families as this means they are one step closer to completion of their secondary school careers! Students have conducted themselves brilliantly and can now look forward to gaining constructive feedback, looking at their progress and filling any gaps before the summer GCSE examination series.

## Wednesday 18<sup>th</sup> December



### Year Mock Results Day

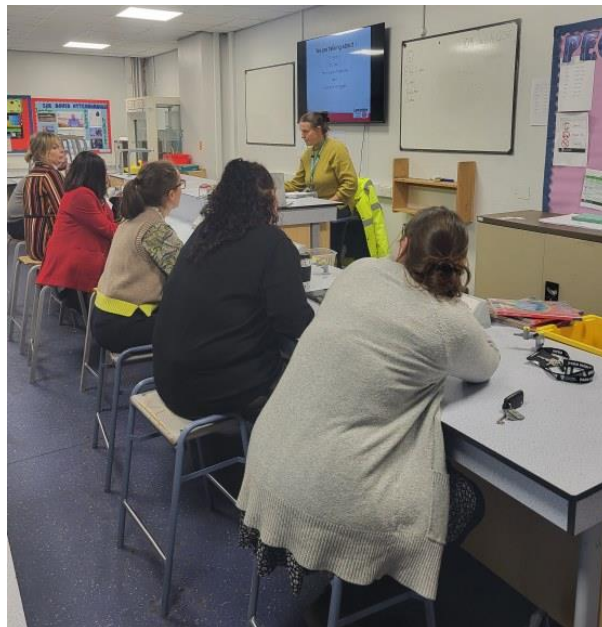
After receiving their Mock Results Year 11 will all take part in interviews to review results and talk about post 16 options.

## Students@Park

We are delighted to be able to share a link to our **weekly Students@Park**, the one-stop resource for students to keep them in the know about everything happening at school and beyond! Each week, **Sudents@Park** shares the latest updates on events, club activities, sports schedules, and important announcements. Plus, discover opportunities that go beyond the classroom. Whether you're looking to get involved, stay informed, or plan ahead, **Students@Park** has got students covered to help them stay tuned and make the most of their school experience!

[Please click here for Students@Park](#)

## Deaf Awareness



Teachers have attended an informative session led by a teacher of the deaf this afternoon. The session was geared to supporting staff with ensuring our children with hearing difficulties in accessing learning.

## Year 7 Blackpool Zoo



There will be a Year 7 trip to Blackpool Zoo on Monday 13th January which will support your child with their Pennine Champion Gold Award

[Blackpool Zoo Information for Parents](#)

## Attendance Reminder

Dear Parents/Carers,

Just a reminder if your child is late for school - with genuine, unavoidable reason - please ensure you contact the Attendance team before 8.30am.

You can contact Attendance on 01282 865 200 or 07860 054 530. You can email Attendance on [attendance@parkhigh.penninetrust.org](mailto:attendance@parkhigh.penninetrust.org)

Please do not contact anyone other team - in relation to lates-as they may be unable to pass this information on before the late gate starts.

kind regards,

Mrs H Orme

Attendance Manage

## Mock Interview Experience - Help Needed!

To support students in preparing for life beyond Park, we are looking to hold our annual Mock Interview experience for Year 11 students. This day coincides with them receiving their mock GCSE results. We are asking for local employers and/or parents to volunteer to be part of the team that will provide our students with interview experience.

If you would like to be involved on **Wednesday 18th December**, please can you complete the form.

### [Interview Experience Day Form](#)

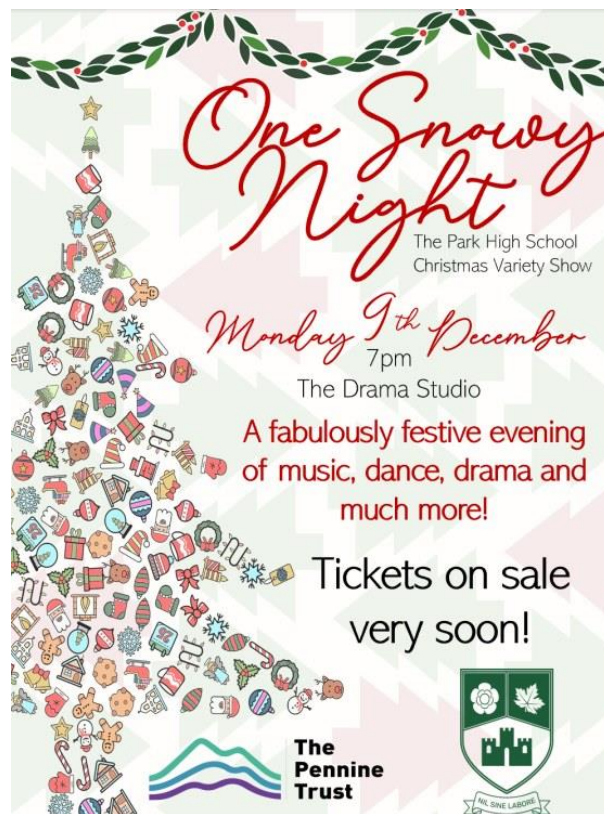
## SMSC (Spiritual, Moral, Social and Cultural) Weekly Update:

SMSC Vision: At Colne Park High School the spiritual, moral, social and cultural elements of a student's education is crucial to their development as an individual. We enable our pupils to take their rightful place in our community as a local, national, and global citizen. Through SMSC, we ensure that pupils are prepared for life in modern Britain, fostering a meaningful understanding of their world. Our curriculum supports them to develop an informed and balanced view on world events, beliefs and values of others.

This week during Intrinsic, pupils had the opportunity to develop their **social education** by learning about how important it is to be present and punctual. In addition to this, in their house assemblies, pupils have been enhancing their **moral and cultural education** by focusing on why it is important to help others because it is Children In Need tonight. Pupils have also been discussing kindness and developing their **social education** by writing notes of kindness to their peers, members of staff and family members. This also links to the British Value of **respect and tolerance**.

**Our reflection quote for this week is:** "When life seems hard, the courageous do not lie down and accept defeat; instead, they are all the more determined to struggle for a better future." HM Queen Elizabeth II

## Christmas Variety Performance



## Celebrating success

Another week sees another set of winners - please do not forget to log on to MCAS to find updated credit certificates!



# Winner

TextStudio



COLNE PARK  
HIGH SCHOOL

*NIL SINE LABORE*

**Pupil of the Week**

*Awarded to – Jenna Hornby*

**Griffin**  
Strength  
Loyalty

**Dragon**  
Loyalty

**Pegasus**  
Inspiration

**Phoenix**  
Resilience

The Best That We Can Be  
**Seniors**

The award certificate is a rectangular graphic with a green border. At the top left is the school crest, which is a shield divided into four quadrants: top-left has a white rose on a green background, top-right has a white maple leaf on a green background, bottom-left has a white castle on a green background, and bottom-right has a white castle on a green background. Below the crest is a white banner with the Latin motto "NIL SINE LABORE". To the right of the crest, the school name "COLNE PARK HIGH SCHOOL" is written in a large, green, serif font. Below the school name, the words "Pupil of the Week" are written in a large, bold, green, sans-serif font. Underneath that, the recipient's name "Awarded to – Jenna Hornby" is written in a smaller, italicized, black font. At the bottom center, there is a logo for "The Best That We Can Be Seniors" featuring a colorful wave graphic above the text. On the left side of the certificate, there are two vertical banners: a yellow one for "Griffin" with the words "Strength" and "Loyalty" written vertically, and a green one for "Dragon" with the word "Loyalty" written vertically. On the right side, there are two vertical banners: a blue one for "Pegasus" with the word "Inspiration" written vertically, and a red one for "Phoenix" with the word "Resilience" written vertically.



# COLNE PARK HIGH SCHOOL



## Pupil of the Week



*Awarded to- Phoebe Law*



# COLNE PARK HIGH SCHOOL



## Pupil of the Week



*Awarded to- Lillie Lee*





# COLNE PARK HIGH SCHOOL



## Pupil of the Week

*Awarded to- Lola Pickard*



# COLNE PARK HIGH SCHOOL



## Pupil of the Week

*Awarded to- Mollie Hartley*





COLNE PARK  
HIGH SCHOOL

**Park Point  
Arley Fallows**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK  
HIGH SCHOOL

**Park Point  
Ella Medowall**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

Park Point  
Matthew Swire



CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



# COLNE PARK HIGH SCHOOL

Park Point  
Oliver Thornton



CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.





### Dates for the Diary

- **Thursday 21st November** - KS4 Presentation Evening - by invite.
- **Wednesday 27th November** - PD Day 2
- **Monday 9th December** - One Snowy Night, Christmas Variety Performance
- **Wednesday 18th December** - Year 11 Mock Results Day
- **Friday 20th December** - Finish for Christmas 3.10pm

## Extra Curricular & Clubs

# Creative & Performing Arts Extra-Curricular

September 2024

Day	WHAT	WHERE	WHEN
Monday	GCSE Art intervention <u>Performers@Park</u> 	310 & 311 Dance studio	3.10-4.10pm 3.10-4.10pm
Tuesday	School Band 	111	3.10-4.00pm
Thursday	Singing for fun. 	Dance studio	3.10-4.00pm



**ASPIRE. PERFORM. ACHIEVE.**



## Le club français



'Le club français' is for anyone who is looking to learn or improve their French and appreciate French culture.

*Rendez-vous* every Monday after school in room 211 from 3.15pm to 4pm.

This is a perfect opportunity to learn French while having fun, meeting new people with a REAL French person: **Madame Ramsay!**

Whether you're here for the food, the games, the friends, the music/art, or the French itself!

Venez nombreux! Alone or with a friend, all year groups are welcome!

**Mandarin Club**  
**Tuesdays**  
**3:15 – 4:15pm**  
**Room 103**  
**小布老师**  
**(Mr. Gardner)**

**欢迎!** Come and join us for activities to improve your **Mandarin skills**

Online games:  
 Blooket  
 Kahoot  
 Duolingo  
 Learn how to write Chinese characters  
 Chinese calligraphy  
 Lantern making

Chinese water colours  
 Paper cutting  
 How to draw pandas, dragons, etc.  
 Traditional Chinese music  
 TV shows and films in Mandarin

## Post 16 College Open Evenings Information

**Burnley College**  
 Sixth Form Centre

**OPEN EVENING**

**Tues 26 Nov**  
 5.30pm to 8.30pm

**BOOK NOW** – [burnley.ac.uk](http://burnley.ac.uk)

**01 Schools Team Update - Becky Bottacin**

We are sure you would like to join us in congratulating Becky who has safely delivered a beautiful baby girl who she has named Clara and weighed in at 4lb 10oz.

Becky and Clara are doing well and so we have a new little member of our schools team! Becky will be returning on 18th summer offer but maternity leave ends.

**02 Guaranteed Place Campaign**



As you will be aware, this year we have introduced application deadlines to encourage students to apply early. For A Levels and T Levels this is at the end of Year 10 and for all other courses, the end of Feb. This is being supported by a "Guaranteed Place" campaign which you will see on our marketing channels. All Year 11 pupils who have already applied or expressed an interest in the College will be receiving a letter regarding this.

We are providing guaranteed places to students if they apply and book an interview before **30 December**. This is to ensure that your pupils can concentrate on their studies, rather than their next steps after school. **They do still need to attend their interview though!**

We want to work with you to support your students to achieve their very best, and feel that this is one way we can really help with that.

We will however, continue to accept applications after the above dates, but we are getting pupils to put their next steps early so that they can then concentrate on their studies.

**03 SEND/ALS/EHCP Contacts**



A reminder of the contact details for our support teams.

When students apply, there is a section on the application where they can identify if they have an EHCP or any other needs/requirements. This will then flag the student to our support teams who will give them at their college interviews and discuss their support needs in more detail with them (if required).

**Accrington & Rossendale College:**  
Mary O'Keefe - Mary.okeefe@arn.ac.uk | 01282 354 333

**Nelson & Colne College:**  
Louise Peckler - Louise.Peckler@nelson.ac.uk | 01282 442 310

**Head of ALS:** Kate Fahoe - Kate.fahoe@nelson.ac.uk

**04 Year 11 Application Sessions**



If you have not yet booked an application support session for your Year 11s, please get in touch with us as soon as possible as the diary is looking busy leading up to the festive break.

These can be by appointment or we can come into school for a morning/afternoon or deliver in home sessions with our staff to help and support them in applying. We can also use the time to answer any questions for students who have applied already and are awaiting interviews.

**05 Open Events 2024-2025**

**Accrington & Rossendale College:**

*Next Open Event:*

**Careers Open Event:**  
Wednesday 12th February 2025  
5.30-7.30pm

**Year 8, 9 & 10 Event**  
Wednesday 25th April 2025  
5.30-7.50pm

*\*\*Pupils can book a personalised 1:1 session with our Schools Team in between the above dates\*\**

**Nelson & Colne College:**

*Next Open Event:*

**Careers Open Event:**  
Monday 10th February 2025  
5.30-7.50pm

**Year 8, 9 & 10 Event**  
Tuesday 29th April 2025  
5.30-7.50pm

# Colne Youth Action Group

**Colne Youth Action Group, Byron Road, Colne, BB8 0BQ**  
 Contact us : [stacey@cyag.org](mailto:stacey@cyag.org) / 07514981444  
 Find us on Facebook/X/Instagram @ColneYAG  
 Membership is £5 annually: Apply at [www.cyag.org](http://www.cyag.org)

**CYAG**

## What's On?

<b>Monday</b>	15:30 - 17:00 Homework Club Youth Hub, Byron Road, BB8 0BQ	16:30 - 18:30 Youth Club Youth Hub, Byron Road, BB8 0BQ	19:00 - 21:00 Crafting Club Youth Hub, Byron Road, BB8 0BQ
<b>Tuesday</b>	16:00 - 17:00 Creative Arts Program Youth Hub, Byron Road, BB8 0BQ	17:30 - 19:30 SEN Session Youth Hub, Byron Road, BB8 0BQ	
<b>Wednesday</b>	15:30 - 17:00 Homework Club Youth Hub, Byron Road, BB8 0BQ	16:30 - 18:30 Youth Club & Wellbeing Youth Hub, Byron Road, BB8 0BQ	19:00 - 21:00 Film Club Youth Hub, Byron Road, BB8 0BQ
<b>Thursday</b>	15:30 - 16:30 Term time only Cricket Colne Primet Academy, Dent Street, BB8 8JF		
<b>Friday</b>	16:00 - 17:00 1st Friday of each month Colne Youth Action Committee Youth Hub, Byron Road, BB8 0BQ	18:00 - 19:00 Football St John Fisher and Thomas More RC High School 3G pitch, Gisburn Road, BB8 8JF	

Funded by UK Government  Pendle Borough Council

LANCASHIRE ENVIRONMENTAL FUND 


**Colne Youth Action Group, Byron Road, Colne, BB8 0BQ**  
 Contact us : [stacey@cyag.org](mailto:stacey@cyag.org) / 07514981444  
 Find us on Facebook/X/Instagram @ColneYAG  
 Membership is £5 annually: Apply at [www.cyag.org](http://www.cyag.org)

**CYAG**

## Homework Club


Starts Monday 30th September 2024  
 Byron Road, BB8 0BQ

Do you struggle to find time to get your homework done?  
 Come along to CYAG on Mondays and Wednesdays between 3.30pm and 5.00pm.



- A quiet space
- Snacks
- Support from our friendly Youth Workers

Contact Bradley for more information.  
 Via email: [Bradley@cyag.org](mailto:Bradley@cyag.org)  
 Via telephone: 07514981348



## Other news and Information share

**STUDY SMART**  
Free Online Courses

**aspire Education**

**ncfe | cache** Education & Skills Funding Agency

**Fully Funded School Support Course**

[www.studysmartuk.online](http://www.studysmartuk.online)

Available in Levels 1, 2 & 3

CACHE Certificate in Understanding Safeguarding & Prevent  
CACHE Certificate in Understanding Challenging Behaviours  
CACHE Certificate in the Principles of SEN

Six Week Course  
Mon - Fri  
1st session 9:30 - 11:30am  
2nd session 12:30 - 2:30pm  
3rd session 4 - 4:30pm  
(optional session for reflection and support if needed)

### What Parents & Educators Need to Know about SCHOOL AVOIDANCE

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic, rising from 10.9% in 2018-19 to 22.3% in 2022-23.

**UNDERSTANDING SCHOOL AVOIDANCE**

**REASONS FOR ABSENCE**  
School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school, a child may have coping responsibilities at home, the influence of a change in physical health, or a child may be experiencing an anxiety disorder. It is important to understand the reasons for absence to provide the best support for the child or young person.

**PATTERNS OF ABSENCE**  
You may notice patterns in regular absence of children regularly expressing that they don't want to go to school, or school refusal, if a child or young person is neurodivergent, there is some evidence to suggest that anxiety aspects of school life which can cause distress such as changes to the environment, changes of routine and sensory stimuli.

**COMPLAINTS ABOUT PHYSICAL SYMPTOMS**  
There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a burning pain, headache, or waking their feet if when there doesn't appear to be a medical cause. Always check with the GP to rule out medical causes of illness.

**IMPACT OF SCHOOL AVOIDANCE**

**LEARNING AND DEVELOPMENT**  
School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic achievement but is also important for the development of key life skills and the growth of children and young people on campus.

**LONG-TERM OUTCOMES**  
The difficulties associated with school non-attendance can be long-lasting. They may have a negative impact on long-term educational attainment, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

**CYCLE OF ABSENCE**  
Consistent absence may contribute to increased school avoidance over time. Furthermore, the longer a child is absent, the more likely it is that they will find it more difficult to return to school. It is important to address the issue as early as possible to avoid this cycle.

**Advice for Parents & Educators**

**WORK TOGETHER**  
If there is a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintroduction. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

**FOLLOW REGULAR ROUTINES**  
Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a reintroduction routine for the child's school day, if required.

**REDUCE STIMULATING ACTIVITIES AT HOME**  
If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

**MANAGING OVERWHELMING FEELINGS**  
With stress may be linked to feel frustrated or angry, try to stay calm, acknowledge the child's worries, listen and discuss a range of coping strategies together to help them feel the discussion and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

**Meet Our Expert**  
With 30 years' experience as a teacher, trainer, consultant and starting research-based evidence, Ann Williams has a deep understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.

**#WakeUpWednesday** The National College

Source: See full reference list on guide page @ [www.thenationalcollege.gov.uk/parents-school-avoidance](https://www.thenationalcollege.gov.uk/parents-school-avoidance)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.05.2024

- All Parents@Park editions are [stored here ordered by date](#) so that you can track back and revisit previously shared information.

## Travels around Trust

- [Parents@LordSt](#)

- [Parents@BlackoParents@Blacko](mailto:Parents@BlackoParents@Blacko)

## Contact Us@

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

## School Holiday dates 2024-25

[Colne Park High School - Term Dates \(park-high.co.uk\)](http://park-high.co.uk)