



Parents@Park

Parents@Park is back - the place to be for all things Park!

Welcome Back to all of our school community for the first edition of Parents@Park for this academic year. A big welcome also to our new Year 7 students, parents and carers into the Park High family. The arrival of some rain aligned with the end of the summer break and students have made a great start this week.

We are particularly proud of our new Year 7 students. It is always a nervous transition and a big step from primary to secondary school and we have been pleased to see the Year 7 students settle in so quickly. Thank you for your support with our expectations at the beginning of a new academic year.

This week, all students have been reminded of our core values of Ambition, Collaboration and Respect. Learning has begun and students have shown they are Prepared for Learning with their equipment and new contact books. It has also been great to see students Actively Engaged as they start lessons with their new timetables.

A big thank you to our site team who have made our building looking brilliant alongside some building work. They have been busy and we appreciate all the efforts made to ensure our school is the very best learning environment for our students.

Present & Punctual

Changes to Late Gate

As we all know being Present & Punctual is a vital component of students' happiness and success at school. To support punctuality, we are making slight changes to our morning procedures. These changes will start from Monday 1st September 2025.

Students still need to be on the school site for 8:38am and in form for 8:40am. Students will still receive a late mark if they come through the school gate after 8.38am. However, the school gate will now shut at 8:40am and students will no longer be able to access school through this gate.

After 8:40am, students will enter school through the Intervention Centre (the entrance is up the external stairs next to late gate). This is to reduce any disruption for students in form at the start of the day and to enable the best start for everyone.

Students who are late will continue to be supported as necessary, for example with equipment & uniform checks before being sent to form. Students who arrive at school after 8:40am will continue to be issued with a late mark.

If a student is entering the school building between 8:40am and 10:00am they must come through the Intervention Centre. For students returning from external appointments after 10am, students are able to enter school using Reception.

Morning registers close at 9:10am. After this time, they will not get their morning mark. This has a negative impact on their attendance. Therefore, if you are organising appointments during the day, can you please try and make sure students are in before this time and are picked up after they have been marked in present at school.

Attendance

As you will be aware attendance is inextricably linked to achievement and well-being at school. The minimum expected attendance is 95% which equates to missing 9 days/45 lessons. Therefore, please can you check your child's attendance on MCAS and make sure they are always above this percentage. Please contact the school if you are struggling to help them meet this minimum expectation. Your child will have a weekly update on Monday with a figure for their overall attendance for the year. You will also receive a weekly e-mail with their attendance for your own information.

Perfect Uniform

Thank you to all of our students who have made a fantastic start to the school year with their exemplary uniform. It has been wonderful to see the students looking smart and taking pride in their appearance. They are truly embodying our core value of Respect. We are sure this standard will be maintained throughout the academic year. #ProudtobePark

Please look out for our Pop Up Shop updates and if you have any uniform that you know longer need, we would be very happy to receive it.

Please can we remind all students that they need to have a school bag containing a pen, pencil, green pen, ruler, contact book, knowledge organiser and knowledge organiser book at all times. Misdemeanours are given to students who do not have an item from this list at any time during the school day.

Notices and Information Share

The image is a promotional poster for 'Open Evenings' at Colne Park High School. On the left, a dark green vertical bar contains the text 'Open Evenings' in white, with 'Open' in a large, bold font and 'Evenings' in a smaller font. The main part of the poster is a photograph of a male student in a school uniform (dark blazer, white shirt, dark tie) wearing safety goggles and holding a lit Bunsen burner. He has a surprised or excited expression. In the background, there are orange triangular bunting flags and a banner that says 'SCIENCE'. In the top right corner of the photo, there is the school crest and the text 'COLNE PARK HIGH SCHOOL'. At the bottom of the poster, a white box contains the text 'Thursday 18th September 2025 at 5.30pm - 8.30pm' in a dark green font.

- **Teacher training day dates 2025/6** Parents and Carers please note the amendment to Teacher Training Days for 2025-26. They are as follows: Friday 26 September 2025, Monday 05 January 2026, Tuesday 06 January 2026, Friday 16 June 2026. All term dates and training days are available on our website.

Have you seen our Facebook page? Follow us now for regular information and updates.

Please note credits, misdemeanours and attendance are all available on MCAS. Don't forget to log on to stay informed on a daily basis.

Community Information

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

- 1 RE-ESTABLISH ROUTINES**
Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while increasing time and concentration.
- 2 TALK ABOUT FEELINGS**
Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.
- 3 SUPPORT WITH SLEEP**
Children need adequate sleep for good mental health, memory, and emotional regulation. Establish a wind-down routine without screens at least one hour before bed, and encourage relaxing activities like reading or listening to calming music.
- 4 LOOK OUT FOR SIGNS**
Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If noticed, talk with their teacher or the pastoral team early to ensure your child receives support.
- 5 REFRESH SOCIAL CONNECTIONS**
Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Positive face-to-face social interactions help the transition and provide emotional support on their first day back.
- 6 CREATE A CALM MORNING**
Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and taking calm time to get ready. Avoid rushing to reduce stress for everyone.
- 7 FOCUS ON POSITIVES**
Talk about the fun and interesting parts of school - seeing friends, favourite subjects, or exciting activities. One simple tip: parents or change parents can make it engaging. "Here's your job assignment for school - how good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.
- 8 VISIT OR VISUALISE SCHOOL**
If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment less familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.
- 9 PLAN AHEAD TOGETHER**
Involve children in preparing for school - buying supplies, creating timetables, or choosing lunch options. This gives them a sense of control and builds excitement. Set checklists or reminders to prepare together, helping reduce last-minute stress.
- 10 STAY POSITIVE AND PRESENT**
Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbye, which can increase anxiety. Be firm and consistent. Reassuring presence builds their confidence and helps them feel supported.

Meet Our Expert
This guide was created by Jo Martin-Brown, an Emotional Health Practitioner with 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and their parents to better support young people's wellbeing with a mission to help every child feel valued and understood in their emotions.

Wake Up Wednesday
The National College

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Views of this guide do not reflect those of the College. Content as of the date of release: 17.08.2024



Catching the school bus

Please behave sensibly and responsibly when travelling to and from school for your own safety. If you misbehave you may have your travel pass taken away or be excluded from using school bus services.

- 1 Be at the stop 5 minutes before. Queue sensibly and keep well away from the kerb. Give a clear signal so the bus driver knows to stop. Make sure you are boarding the bus at the correct stop stated on your pass.
- 2 Pay your fare and try to have the correct change. Keep your ticket to show the inspector and/or for your return journey.
- 3 If you use a bus pass/season ticket, it must always be presented to the bus driver - allow time for it to be examined. Bus passes/season tickets are not transferable and should only be used on the service for which they are assigned.
- 4 If you cannot show a VALID pass/season ticket you must pay your fare. The information marked on the pass/season ticket must be clearly legible to the driver. Lost or damaged passes/season tickets can be replaced for a fee by contacting the county council on 0300 123 6738.
- 5 Misuse and fraudulent use of travel passes is treated very seriously and could lead to prosecution.
- 6 Take your seat, please wear a seat belt if one is provided. Don't take up more than one seat. Place bags in the luggage compartment/under your seat/on your knees. Don't place bags on seats or in the aisle.
- 7 If all seats are taken, you should stand sensibly behind the driver area and use grab rails where available. You should not stand adjacent to emergency exits, on staircases or upstairs on a double deck vehicle. Do not walk around during the journey.
- 8 Antisocial behaviour/damage to the bus or anyone's property/bullying on the bus, is taken very seriously and can be reported to the police. Please report incidents to the driver, a teacher or a parent. Do not throw anything whilst on the bus, at the bus or from the bus.
- 9 All bus and taxi services have No Smoking Policies including all e-cigarettes and vaping devices. Please be aware that vaping or smoking may result in sanctions and removal of your pass/season ticket.
- 10 Respect others at all times and never distract your driver.
- 11 Make sure you know which stop you are getting off at and to alert the driver by pressing the bell only once or asking them to stop at the next bus stop. Never override past the stops marked on your pass/season ticket. Overriding could lead to prosecution.
- 12 When leaving the bus please take the time to thank your bus driver.
- 13 Remember to take all of your belongings including any rubbish when you leave the bus.
- 14 Let the bus depart before crossing the road. Find a safe place to cross and remember: Stop, Look and Listen.
- 15 Do not text/use your mobile phone when crossing roads. Remove ear accessories to allow you to hear any oncoming traffic. Concentrate - often accidents happen due to a lack of concentration.

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Contact Us@

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

School Holiday dates 2025-26

[Colne Park High School - Term Dates \(park-high.co.uk\)](http://park-high.co.uk)