

Parents@Park

Parents@Park is back - the place to be for all things Park!

Lest We Forget - At the eleventh hour on the eleventh day of the eleventh month – we will remember them. This week, the Park High school community came together to hold an assembly and a two minutes silence to collectively acknowledge the courage and sacrifice of those who served their country. A moment to reflect and remember those who volunteered, sacrificed, served, fought, and died, for our freedom. Park High Remembers and our core value of Respect was certainly on display this week and across the community.





Wider Personal Development

At Park, we take great pride in our Personal Development offer which includes:

- Personal Development Curriculum
- A wide range of opportunities
- Careers education
- Assemblies
- External speakers
- Behaviour Curriculum
- Student Briefing
- Student Voice

- Student Leadership
- Pastoral support
- Safeguarding support
- Form tutor led intrinsic Personal Development

Information regarding Personal Development can be found on the following webpages:

[Colne Park High School - Spiritual, Moral, Social and Cultural Development](#)

[Colne Park High School - Early Help, Wellbeing and Support](#)

[Colne Park High School - Personal Development](#)

[Colne Park High School - Student Voice](#)

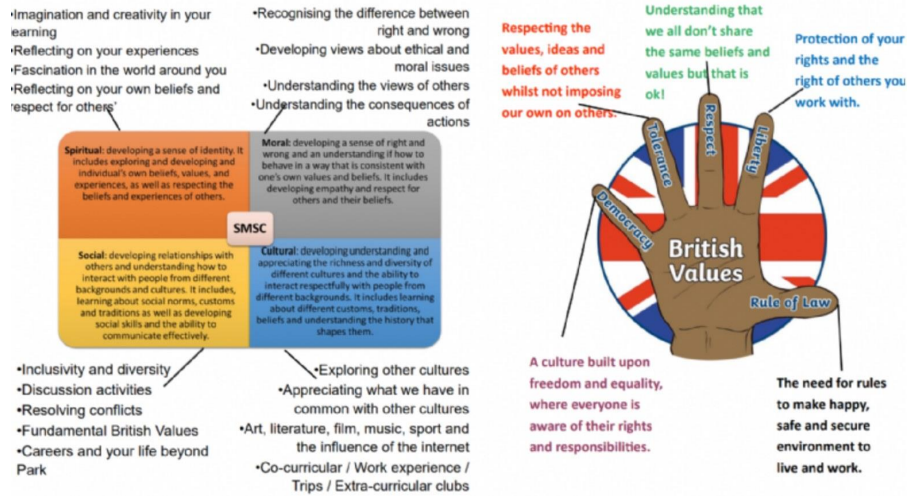
[Colne Park High School - Extra-Curricular](#)

[Colne Park High School - Careers and Further Education](#)

This week we would like to spotlight our theme of the week ' **Kind and Courteous**'.

- On Monday, we raised awareness of Anti-bullying week through supporting the national odd socks awareness movement, with staff sporting their best odd socks. This was a follow up to House assemblies regarding Anti-bullying.
- House assemblies this week focused on the theme of Kind and courteous, with discussions around Children in Need, charity and how kindness is demonstrated through our everyday behaviours.
- Tuesday's behaviour curriculum explored supporting others with our students working together to practice supportive language.
- The week ended with a charity tuck shop, led by the Student Charity committee, raising money for Children in Need.

SMSC and British Values at Park High School



Christmas Card Competition Winners





Students across Apex Collaborative Trust participated in a Christmas Card Competition. Winners were announced and a massive well done to Elizabeth H-B who won the entry from Park High! Congratulations to all the winners across the Trust schools. You can see the video of the winning entries on our Facebook page!

Work Experience

Save the date for Work Experience Parents Meeting -

Year 9 on Tuesday 18th November in the Drama Studio at Park, 5-5:30pm

Ms Heafield and Mr Rigby-Wilson will be answering questions regarding work experience in June/July 2026. We will also be providing paperwork for completing prior to your child attending a work placement.

Colne in Bloom



1 - Winners!!

This week Park High has been awarded a 'Gold Gardening Award' by Colne in Bloom. Next week, A representative from 'Colne in Bloom' will be visiting and presenting students with the award alongside Mrs. Beebe.

Year 11 Interventions

After School Intervention

Monday

English Priority Night

Tuesday

Maths Priority Night

On Monday and Tuesday English and Maths have priority for intervention with students.

Every subject has sessions after school – please check with your individual teacher what night they have a session for you to attend

Uniform Donations

As we approach the run-in to Christmas, we have uniform items available if you feel your child will benefit from lost/damaged items of uniform. Please get in touch with us and thank you for your continued support with uniform expectations.

Y10 Geography Field Trip



On Wednesday, Year 10 Geography students went on a field trip to Manchester. Students thoroughly enjoyed their time and were a credit to Park High.

Sports Round-Up



Year 9 Girls Netball: A wet and windy evening for the year 9 netball tournament did not phase our student's and we got off to a strong start against Fishermore. Some fantastic play in both attack and defence keeping the score even and ending with a 0-0 draw. Some excellent attacking play enabled Park to get a quick lead during our game against Primet with some admirable shooting from Annabelle Griffiths. Our strong defence kept Primet on their toes in a game that ended 5- 0 to Park. Our final game against West Craven was tough with some excellent interceptions from both teams. West Craven took the lead from the first centre pass but we soon matched the score with some fantastic centre court play, making short, sharp passes in what was becoming a difficult game in poor weather conditions. The game ended 2-1 to Park. Credit to all our players who showed enthusiasm and collaboration to achieve second place on goal difference. Well done girls!

U14's Girls Football: Park High's U14 girls recorded a well-earned 3–2 victory against Darwen Aldridge Community Academy in an exciting and competitive tie. The game was closely contested throughout, with both teams displaying strong attacking play and

determination in midfield. Park High took their chances well, with goals from Lottie on the wing, Madison in midfield, and Poppy leading the line as striker. There was a noticeable improvement in Poppy's forward play, with excellent movement off the ball and strong hold-up play that created opportunities for her teammates. Pola was outstanding in defence, showing superb timing in her tackles and reading the game effectively to stop several dangerous attacks. Darwen Aldridge's midfield performed well and kept the contest tight until the final whistle, but Park High's teamwork and resilience proved decisive. It was also great to see the return of Willow to the team — a welcome addition back into the squad. A fantastic performance all round and a deserved win for Park High. We've got Mount Carmel in the next round of Lancashire Cup.

Year 10 Business Project

Following from Thursday's Year 10 Assembly with Mr. Singleton - Year 10 have been invited to participate in an exciting Business Project. Working collaboratively, they can 'pitch' their business ideas to raise money for charity. The first meeting will be in the Lower School Dining Room on Thursday 20th November at 3.15pm.

PD Day 2 - Friday 28th November

We are pleased to announce that the second of our Personal Development days is on the horizon. Personal Development is an essential part of every student's experience at school and plays a pivotal role in preparing students for the opportunities, decisions, responsibilities and experiences of later life.

On Friday 28th November, each year group will take part in a wide range of opportunities to contribute towards their Personal Development.

Year 7: Year 7 will be taking part in workshops, covering the theme of Careers education. They will explore a wide range of activities exploring future pathways, a range of employment sectors and a chance for them to participate in sharing their voice regarding their careers education at Park.

Year 8: Year 8 will be taking part in workshops based upon Social, Moral, Spiritual and cultural learning. The theme for the day will be festivals of light.

Year 9: Year 9 will be completing two sessions that will contribute towards their DoE Bronze award. They will also take part in two workshops linked to RSHE. All year 9 students will also have a guest speaker talking to them about Prevent duty, tolerance and hate crimes - a session that is spoken highly about from students that have previously worked with Tim, our guest speaker.

Year 10: Year 10 will be taking part in workshops based upon RSHE. They will be exploring the themes of sexual health and healthy relationships. All year 10 students will also have two guest speakers talking to them. Session 1 will be about Prevent duty, tolerance and hate crimes - a session that is spoken highly about from students that have previously worked with Tim, our guest speaker. Session 2 is the local PCSO who will be delivering a session about knife crime.

Year 11: Year 11 will have a range of workshops addressing a range of themes to prompt deeper thinking about themes and topics that relate to older teenagers. The themes cover misogyny and incels, tolerance, Adam's story - consequences and wider impacts of decisions and behaviours. They will also have sessions that link to preparation for upcoming GCSE's to ensure that all students are fully prepared for managing their own time and workloads efficiently over the coming months.

SMSC Update



SMSC (Spiritual, Moral, Social and Cultural) Weekly Update:

SMSC Vision: At Colne Park High School the spiritual, moral, social and cultural elements of a student's education is crucial to their development as an individual. We enable our pupils to take their rightful place in our community as a local, national, and global citizen. Through SMSC, we ensure that pupils are prepared for life in modern Britain, fostering a meaningful understanding of their world. Our curriculum supports them to develop an informed and balanced view on world events, beliefs and values of others.

We are currently working towards **The Excellence in Pupil Development Award**. This award provides schools with a structure and systematic approach to develop a 'skills for life' curriculum. It also ensures schools are embedding a culture and ethos which aims to develop pupils' personal development and skills.

This week's form time reading (Picture News) is themed around ambition. In particular, pupils have been exploring why somebody would be worthy of receiving a Nobel Peace Prize. This has given our pupils an opportunity to develop their **social and moral education** and the **British Value of Mutual Respect and Tolerance** by celebrating different people who have made a positive change and showing **respect** to others who have made our world a brighter and more united place.

During RISE this week, pupils have been developing their **social** education by learning about being a role model and how to support each other with any issues. In particular, encouraging

pupils to **respect** each other and **collaborate** with one another. During assembly, pupils were developing their **moral and cultural** education by exploring the "power for good." Where pupils explored anti-bullying week as well as looking at the importance of helping others.

Our reflection quote for this week is: "You don't have to be great to start, but you have to start to be great." Zig Ziglar

Learning is at the heart of what we do



Mr Metcalfe's Year 7 Science class have been busy making model cells for one of their homework tasks. They have demonstrated excellent creative skills turning their knowledge about cells into a model of a specific cell type. Well done!

Notices and Information Share



What Parents & Educators Need to Know about AI-GENERATED VIDEOS

AI-generated videos are increasingly difficult to spot and easy to share. From fake news clips to deepfake abuse, children and young people face new risks every day online. These videos can irritate real people, spread false narratives or even generate harmful content from scratch. Understanding these dangers is crucial for schools and families who want to protect children in a fast-evolving digital world.

WHAT ARE THE RISKS?

DEEPFAKE ABUSE CONTENT

Shockingly, artificial intelligence is now being employed to create child sexual abuse material (CSAM). These synthetic images and videos are a form of digital abuse often generated by manipulating real children's photos, including ones shared innocently online. Why might this be? AI-generated content that has never been filmed or recorded in real life, which is often AI-generated, this content causes harm and distress and is considered a criminal offence under UK law.

EMOTIONAL MANIPULATION

AI-generated videos can be used to provoke strong emotions, including fear, anger or guilt. Fake footage of crying children, injured children or burning buildings may be created purely for clicks, donations or donations. Children may feel upset or powerless, unaware that what they are watching has been digitally invented to manipulate their emotions.

BLURRED REALITY

Regular exposure to fake content can erode a child's trust in real-world evidence. If everything can be faked, they may begin to question genuine videos, including those shared on social media. This is a problem for the "click or share" habit that has become so ingrained in our digital lives, as it encourages more harmful content to be spread.

DISINFORMATION

AI-generated videos can spread false news, making it harder for children to separate fact from fiction. Fake clips may include deepfake interviews, news broadcasts or manipulated sports coverage. As it becomes easier to produce convincing or persuasive content that appears authentic, if they can't always trust what they see, children may accept false content as truth.

USED FOR BULLYING

Deepfake technology is already being used to create realistic-looking videos of children's faces and voices. These videos can be edited to appear as though a child said or did something they never did. Once shared, they are almost impossible to delete completely. AI-generated bullying clips create layers of harm that are often difficult to remove.

IMPERSONATION AND SCAMS

With just a few prompts or voice clips, AI tools can imitate someone's appearance or speech. This makes it easier for scammers to create fake videos of children, teachers or celebrities. These impersonations can be used for financial harassment or humiliation, and can spread easily through social media or group chats, due to the viral potential of videos, in particular on social media.

Advice for Parents & Educators

TEACH HOW IT WORKS

Explain to children that videos can be faked – and show them how. Demonstrating what is real versus what is AI-generated can help to build awareness. Discuss how faces, voices and even movements can be copied by computers. Encouraging the technology behind how and builds confidence in navigating digital content safely.

TALK ABOUT TRUST

Always keep lines of communication open. If a child sees something upsetting or unbelievable, they should feel safe discussing it without judgement. Create an environment where they know they will not get in trouble for asking questions. This job helps you to help in reality if harmful content has been shared, trust is vital and needs to be nurtured.

ENCOURAGE CRITICAL QUESTIONS

Help children question what they watch. Who made this? Why was it made? If trying to persuade that these tools encourage digital thinking, especially when videos seem too shocking or convenient. Reinforce that not everything shared is based on evidence to see, even if it looks convincing at first, and that the safest approach should always be one of speculation.

STRENGTHEN PRIVACY SETTINGS

Advise children not to share voice notes, selfies, or personal videos on public platforms. As tools often scrape content from social media to create deepfakes, use privacy controls to limit who can see their content and turn off facial recognition where possible. Fewer public images means fewer opportunities for misuse.

Meet Our Expert
 Brendan O'Keefe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, GDPR, and pastoral care.

Wake Up Wednesday
The National College

[@wake_up_weds](#) [/wux.thenationalcollege](#) [@wake.up.wednesday](#) [@wake.up.weds](#)

Copies of this guide are at all their own discretion. No liability is entered into. Current as of the date of release 12.2023

Monday 6 October
Monday 17 November
Saturday 17 January
Wednesday 11 March
Monday 15 June

Colne Park High School · Follow

School/university · 1.6K followers



Have you seen our Facebook page? Follow us for regular information and updates.

Please note credits, misdemeanours and attendance are all available on MCAS. Don't forget to log on to stay informed on a daily basis.

- **Teacher Training Day Dates 2025/6:** Parents and Carers please note the amendment to Teacher Training Days for 2025-26. They are as follows: Monday 05 January 2026, Tuesday 06 January 2026, Friday 19 June 2026. All term dates and training days are available on our website.
- [Parents@Lordst](#)

Extra-Curricular Clubs

Extra-Curricular Activities	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaktime: Mindful colouring - Library	Breaktime: Chess club - Library	Breaktime: Lego club - Library	Journalism club: Room 205 9:10am		
Craft/book club: Library 9:10pm	Reading Ambassadors Meeting 9:10pm Library	Board Game club: Room 519 9:30pm	Journalism Club 2025-26		
Club reminders	LIBRARY ACTIVITIES	AFTER SCHOOL GAMING CLUB DUNGEONS & DRAGONS D&D JOIN US!			
Ambition	We are determined to achieve and believe everyone can succeed	Try our best and take pride in what we do			
		Be curious and eager to learn			
		Persevere and try to bounce back from setbacks			
					Apex

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is relevant. This guide focuses on one game of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, tips and top tips for adults.

What parents & carers need to know about...

CALL OF DUTY BLACK OPS COLD WAR

PEGI 18

Call of Duty: Black Ops Cold War (CoD) is an online first-person shooter. It's available on PC, PlayStation and Xbox. CoD allows players to select from different game modes including campaign, multiplayer and Zombies. Players can customise their character and weapons in the game.

Graphic Violence & Language

A story of covert warfare and ruthless operatives, Black Ops Cold War features extreme violence: players can and will witness a lot of real graphic depictions, several scenes depict inflexible interrogation and torture. Unsurprisingly, there's a strong horror element in 'Zombies' mode. The language used is unsuitable for under 18s.

In-Game Payments

Players can gain an advantage over other values by spending money on in-game cosmetics and abilities. The currency in the game is known as Call Points. They can't be earned by playing the game - only purchased in the online store. CoD point packs range from £3.79 to £84.99.

Online Multiplayer

Most modes of Black Ops Cold War require an internet connection so that the player can battle against other users online; the game has a progression level called 'Weapon' levels. In-game mode. A multiple round usually lasts between 10 and 30 minutes. Because of the game's immersive nature, it can be difficult for children to recognise their limits and know when to stop playing.

Chatting to Strangers

During an online game, if your child is on a PC or console, they can interact with other players in the game. As it's an adult game, the language used in these chats may often be inappropriate for young children. Due to the competitive nature of gaming and the fact that conversations are not moderated, your child could be at risk of cyberbullying.

Safety Tips for Parents & Carers

Discuss Time Limits

It's not possible to pause a multiplayer game if CoD, so it's a good idea to agree with your child a limit of matches they can play in one session. In 2021, the World Health Organisation recognised 'gaming disorder' as a health condition. It's important to monitor how long your child spends on the game.

Remove Violence & Profanity

At the beginning of the game, players are given the option to disable the game content. You should have the option to do this in the game's settings. You can change the profanity setting in the content filter tab, so that the bad language doesn't appear in the game. In addition, there's an option to change the content mode to more cartoonish rendering, making this mode slightly less frightening.

Disable Communication Features

It's important to talk to your child regularly about what they're interacting with online. If you have serious concerns, you can disable the voice chat function in the game's audio settings and disable the chat function in the content filter section too.

Monitor & Limit Spending

To avoid your child incurring hefty CoD point costs, it's best not to link their device to your bank account. Alternatively, you could allow limited payments by setting up parental controls on their console. To keep a rein on spending, it's a good idea to use parental controls on their device (and CoD) if they're using an Xbox or PlayStation.

Block Unsuitable Content and Users

You can prevent your child from viewing any user-generated content by changing the settings. In the in-game options menu, to unsuitable content won't show on screens when your child is playing. If your child has their own device, you can also restrict their game. There is a safety system in the game to report offensive behaviour.

Encourage Alternate Activities

Players are given incentives during the game to reward them for their playing. They can also earn rewards by watching influencers playing the game via Twitch. This prevents a child from spending too much money even more time in front of a screen. Make sure you talk to your child about your own experience and encourage them to take breaks - such as physical exercise or pursuing creative interests.

Meet our expert

Mark Foster has worked in the gaming industry for the past 10+ years. He's also worked for the government on the game's safety and the game's safety. He's also worked for the government on the game's safety and the game's safety.

SOURCES: <https://www.who.int/news-room/fact-sheets/detail/gaming-disorder>, <https://www.nationalonlinesafety.com/guides/call-of-duty-black-ops-cold-war>, <https://www.nationalonlinesafety.com/guides/call-of-duty-black-ops-cold-war>, <https://www.nationalonlinesafety.com/guides/call-of-duty-black-ops-cold-war>

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ROBLOX Child Safety Settings

To set up parental controls on Roblox and ensure your child has a safe and age-appropriate experience, follow these steps:

Step 1: Link Your Parent Account

1. Log into your child's Roblox account (Has to be a child's D.O.B).
2. Navigate to **Settings** (gear icon).
3. Select **Parental Controls**.
4. Click **Add Parent Account**.
5. Follow the prompts to create or link your parent account.

Step 2: Set Up Parental Controls

Once your parent account is linked, you can manage various settings:

1. Communication Settings

- Go to **Parental Controls > Communication**.
- Adjust who can chat with your child in experiences and via direct messages. Options include:
 - **Everyone**
 - **Friends**
 - **No one**
- For users under 13, default settings are more restrictive.

2. Content Restrictions

- Navigate to **Parental Controls > Content Restrictions**.
- Set the **Content Maturity** level appropriate for your child:
 - **Minimal**
 - **Mild**
 - **Moderate**
 - **Restricted**
- You can also block specific experiences by adding them to the **Blocked Experiences** list.



Minecraft Child Safety Settings

Minecraft itself doesn't have a big built-in "parental control" menu but depending on how your child plays (Java Edition, Bedrock/Windows, or console), you can manage what they can do through a mix of Microsoft account family settings, platform parental controls, and server/world settings.

Bedrock Edition (Windows, iOS, Android, Xbox, PlayStation, Switch)

- **Microsoft Family Safety**
 - Log into your child's Microsoft account via family.microsoft.com.
 - You can set:
 - Screen time limits.
 - Spending limits (requires adult approval for purchases).
 - Restrictions on joining multiplayer/Realms.
 - Restrictions on adding friends.
- **Xbox/Console Parental Controls**
 - Each console (Xbox, PlayStation, Switch) has its own parental settings that allow you to:
 - Restrict online play.
 - Control voice/text chat.
 - Block joining servers or Realms.
 - Limit age-rated content.

Java Edition (PC/Mac)

Java doesn't have built-in parental settings, so you'll need to manage through:

- **Server settings:** If your child plays on your own hosted server, you can whitelist who's allowed to join, disable chat, or use plugins/mods to filter messages.
- **Launcher account:** Java Edition is tied to a Microsoft account now, so you can still apply Microsoft Family Safety rules (e.g. screen time, purchase approval).
- **Chat reporting:** Mojang added reporting and chat filters—strong language and personal info can be filtered automatically if enabled in account settings.

Journalism Club 2025-26



After last year's huge success, we are pleased to announce the return of Journalism Club! If you are interested in Journalism, News Reporting, Photography, Videography or Content Creation then get involved! We look forward to meeting another team of brilliant Journalists!



Thursdays 3:10 – 4:00

Open to all students

Room 205

Miss O'Gorman

Celebrating Success



COLNE PARK
HIGH SCHOOL

Park Point
Pola Adamkowska



CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



COLNE PARK
HIGH SCHOOL

Park Point
Alicia Lord



CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.





COLNE PARK
HIGH SCHOOL

Park Point
Ellie Fletcher




PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.




PARK POINT




COLNE PARK
HIGH SCHOOL

Pupil of the Week


Awarded to – Georgia Brown




Strength
Griffin
Loyalty
Dragon



Inspiration
Pegasus
Resilience
Phoenix




The Best That We Can Be
Seniors




COLNE PARK
HIGH SCHOOL

Pupil of the Week


Awarded to – Emi Cifu




Strength
Griffin
Loyalty
Dragon



Inspiration
Pegasus
Resilience
Phoenix




The Best That We Can Be
Seniors




COLNE PARK
HIGH SCHOOL

Pupil of the Week


Awarded to – Charlie Fowler




Strength
Griffin
Loyalty
Dragon



Inspiration
Pegasus
Resilience
Phoenix



The Best That We Can Be
Seniors








**COLNE PARK
HIGH SCHOOL**

NIL SINE LABORE

Pupil of the Week

Awarded to- Noah Jones








**COLNE PARK
HIGH SCHOOL**

NIL SINE LABORE

Pupil of the Week

Awarded to- Henry Stapleton








**COLNE PARK
HIGH SCHOOL**

NIL SINE LABORE

Pupil of the Week

Awarded to- Courtney Townson







**COLNE PARK
HIGH SCHOOL**

NIL SINE LABORE

Pupil of the Week

Awarded to- Jamie Wearden



Contact Us@

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

School Holiday Dates 2025-26

[Colne Park High School - Term Dates \(park-high.co.uk\)](http://park-high.co.uk)