



## Parents@Park

**Parents@Park is back - the place to be for all things Park!**

It's been a busy week!

From sporting achievements, Duke of Edinburgh success, 12 days of Christmas and a Christmas variety show, it has been jam-packed with fun and excitement! It may be cold outside, but there is a warmth and glow in school and our school is buzzing with energy as students head toward the final week of term. Most impressive of all, however, is how they remain dedicated to their studies while embracing the festive spirit.

Read below for this week's edition of Parents@Park and the penultimate newsletter of Term 1...

## 12 Days of Christmas

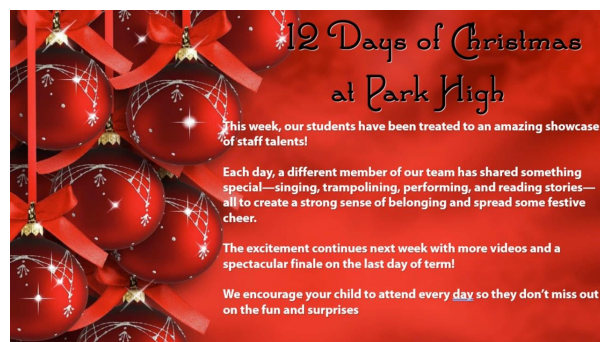
In the lead-up to Christmas, students will be taking part in the Park High '12 Days of Christmas'. Our aim is to bring joy, connection, and a sense of belonging to every student while keeping learning at the heart of what we do.

Each student has received a special Christmas card that will be stamped daily by their form tutor. Collecting all 12 stamps means they'll enjoy a fun hour off-timetable after the holidays to play Bingo as a year group—a chance to celebrate together! On the last day of term, students can also post their cards for a chance to win one of three £20 Amazon vouchers. To add to the festive spirit, staff will be sharing Christmas-themed videos each day, helping us all feel part of something special.

Along the way, there has been and continues to be some surprises so keep your eyes peeled and be in school every day for the best chance of winning!

While we embrace the season, lessons will continue as normal (except for key celebration events) to ensure learning remains at the heart of all we do. Attendance is vital right up to the last day of term—**Friday 19th December**—so every student can make the progress they need. The 12 Days of Christmas card is our way of encouraging excellent attendance and keeping everyone engaged.

We look forward to sharing these moments with our students and families, placing our school at the heart of the community during this special time.





### 12 Days of Christmas

Name: \_\_\_\_\_ Form: \_\_\_\_\_ Form Tutor: \_\_\_\_\_

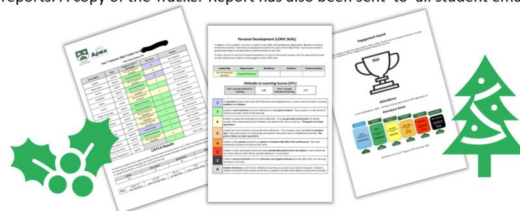


Don't forget to post your card in the post box on the last day of term!

## Autumn Trackers

# Autumn Tracker

Year 7-10 Autumn Trackers have been uploaded into MCAS (click in the dropdown menu and then Reports to access). An email has been sent to parents explaining the reports. A copy of the Tracker Report has also been sent to all student emails.



# Year 11 Autumn Trackers

Wednesday 17<sup>th</sup> December is Year 11 Mock Results Day.

This will include a 'Countdown to Leaving Assembly' with Mr Allen followed by students opening their Mock Results (just like they will in August 2026)

Each student will then have an appointment with a representative from local Colleges, Apprenticeship providers and local Business's. This 10-minute informal chat will involve questions about their next steps.

We will send out the full Year 11 Autumn Tracker Report after the students have received Mock Results



## Year 11 Mock Results

# Wednesday 17<sup>th</sup> December



## Year 11 Mock Results Day



After receiving Mock Results Year 11 will all take part in interviews to review results and talk about post 16 options.

## Year 11 Autumn Trackers

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We will send out the full **Year 11 Autumn Tracker Report** after the students have received Mock Results



## Uniform Expectations

As we approach the festive season, we know many families are busy preparing for Christmas! We really appreciate this, but we kindly ask that all students continue to follow our uniform and appearance expectations **until the Christmas break**. Just a few reminders:

- **Hair:** Please avoid unnatural hair colours and shaved lines or patterns in hair or eyebrows.
- **Nails & Make-up:** False nails, make-up, and false tan are not permitted.
- **Footwear:** Students should wear **black leather shoes** (no trainers).
- **Skirts:** Skirts can be worn with **tights or socks**, but **not leggings**.

After the break, we look forward to seeing our students **looking fabulous and fully meeting our uniform expectations**. Thank you so much for your support in helping us keep our school looking smart and consistent. We really appreciate your help in reminding students of these expectations!



## School Photos



A reminder that on Tuesday 16th December, Year 11 will be having their school photos taken.

If any students from other year groups missed the original school photo day, they will have the opportunity to take theirs on this date.

## Festive Spirits!



**Get in the Festive Spirit and send someone a Candy Cane.**

Candy Canes are being sold at break time on Monday 15<sup>th</sup>, Tuesday 16<sup>th</sup> and Wednesday 17<sup>th</sup> – in the Dance/Drama Studio. (Line up along the corridor towards zones 3 and 4).

£1 per Candy Cane. Write the person's full name.

Look out for deliveries by our special guests!!

## Christmas Variety Show



Congratulations to all the performers who took part in our winter variety performance on Monday evening. It was a lovely evening with pupils sharing their talents. Also a big shout-out to the pupils who worked back stage, made crafts for the festive market stalls and were ushers on the evening. There was lots of talent on offer and it certainly began the week in festive spirits!

## Business Enterprise

This week, students participating in the Business Enterprise have ramped up their projects and pitched to our 'Dragons'.

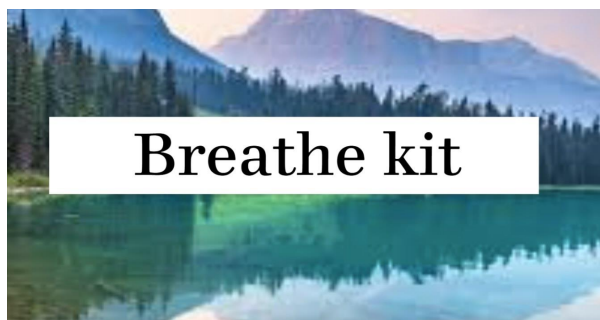
Meet the Groups:



# PRINTZ



Printz is an innovative student-led business dedicated to helping learners stay focused. Specialising in creating custom-designed fidget toys, Printz aims to provide practical tools that support concentration and reduce classroom distractions. Each product is thoughtfully crafted to be fun, durable, and effective, giving students a simple way to channel restless energy and improve their learning experience.





BRIT is a creative student enterprise focused on wellbeing in education. Their mission is to design and sell stress relief kits tailored for both students and teachers. Each kit includes practical, calming tools to help manage stress and promote a positive mindset during busy school days. By combining thoughtful design with accessibility, BRIT aims to make stress management simple, effective, and part of everyday life in the classroom.



Creamy Treats is a student-led business combining creativity with classroom learning. Using the skills gained in Food Technology and Business Studies, the team produces and sells delicious mint-flavoured treats designed to satisfy cravings and bring a refreshing boost to students and teachers alike. Their project showcases how practical knowledge can be turned into a real-world enterprise, blending flavour, quality, and entrepreneurial spirit.

RLS Snack Shack is an enterprising student project designed to run a convenient tuck shop for students. By applying smart business strategies and utilising economies of scale, the team aims to keep prices affordable while ensuring healthy profit margins. This initiative not only provides tasty snacks but also gives students hands-on experience in managing stock, pricing, and customer service—turning classroom learning into real-world business success.



## RLS Snack Shack

### Duke of Edinburgh Awards Evening



On Thursday, we celebrated students who completed their Bronze and Silver Duke of Edinburgh Awards. Thank you to parents who shared this celebration with us as students showcased Ambition and made lifelong memories. We look forward to the current Bronze and Silver cohorts this year as they continue to prepare for their expedition later this academic year. A big thank-you to Mrs. Towers, Mr. Hicklin, Mr. Jackson & Mr. Spencer and all staff who gave up their time in Duke of Edinburgh across the year.

### Sports Round-Up

#### U14 Girls Football:

The Park Under 14 girls recently played in Round 4 of the English Cup against Glossopdale. With only 64 teams left in the competition, it was clear that Park needed a strong start—and the girls certainly delivered. From kick-off, they applied pressure on the opposition and

immediately put Glossopdale on the back foot. Betsy, Madison, and Maisie helped Park take control of the game, providing consistent through balls to the attackers. This pressure earned Park a corner, which Lottie delivered brilliantly. The ball fell to Pola, who slotted it into the net. Park didn't stop there—Lottie and Poppy showed a relentless work rate, allowing the opposition's defence no time on the ball. Their pressing helped Park regain possession and maintain control. Maisie, once again showed her technical ability and game understanding. She broke down a Glossopdale attack, drove to the edge of the box, and rifled a shot into the top corner. After half-time, Park continued to play with desire and determination to see out the win. Maisie again took centre stage, controlling the ball and opening up her body to strike from 20 yards—placing it into the top right corner. A special mention goes to Olivia, who came on in the second half and never stopped running up and down the wing. She consistently crossed the ball into the box and showed great resilience and work ethic to help secure the 3–0 win. Lastly, well done to Paige, who showed calmness and composure at the back, reading the game superbly and helping Park keep a clean sheet. A massive well done to the girls, who have now reached Round 5 of the English Cup. The competition began with 463 teams, and only 32 remain. This is only the second time in Park High history that the girls' football team has progressed this far in the competition.

**Y11 Boys Football:** The Year 11s took part in the recent Pendle Tournament for the final time representing Park High School. With five Pendle schools participating, it proved to be a tough and highly competitive event. The boys showed their talent in the 7-a-side format, with Sam demonstrating his excellent ability to control the game and create clear-cut opportunities for our strikers to capitalise on. His presence on the pitch boosted the motivation of others and kept the team driving forward. Despite not feeling his best, Arthur stepped up to go in goal for the Year 11 team, showing great courage and confidence to support his teammates. Goalkeeper is not Arthur's natural position, but his attitude provided reassurance and belief to those around him. Jamie S caused constant problems for the opposition defence with his lightning pace and sharp movement on the ball, helping Park secure important goals. Park won one game, drew one, and lost two, placing us 3rd overall in the tournament. Well done to George, Oliver W, Max, Jamie T, Jamie S, Muzi, Sam, and Arthur, who all showed desire and determination.





## Year 11 Interventions

**After School Intervention**

<b>Monday</b>	<b>English Priority Night</b>
<b>Tuesday</b>	<b>Maths Priority Night</b>

On Monday and Tuesday English and Maths have priority for intervention with students.

Every subject has sessions after school – please check with your individual teacher what night they have a session for you to attend

## Celebrating Success

**COLNE PARK HIGH SCHOOL**

**Park Point**  
**Charlie Hargreaves**

CONGRATULATIONS YOU RECEIVED THE MOST PARK POINTS LAST WEEK.

**PARK POINT** **PARK POINT**



COLNE PARK  
HIGH SCHOOL

Park Point  
Hollie Tibbs



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK  
HIGH SCHOOL

Park Point  
Noah Rickard



PARK POINT

CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.



PARK POINT



# COLNE PARK HIGH SCHOOL

**Park Point  
Phoebe Phillips**



CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.




# COLNE PARK HIGH SCHOOL

**Park Point  
Joseph McAdam**



CONGRATULATIONS YOU RECEIVED THE  
MOST PARK POINTS LAST WEEK.











# COLNE PARK HIGH SCHOOL

## Pupil of the Week






*Awarded to- Delilah Clements*



# COLNE PARK HIGH SCHOOL

## Pupil of the Week

*Awarded to- Jenson Edmundson*





# COLNE PARK HIGH SCHOOL



## Pupil of the Week

***Awarded to- Elysia Hussain***



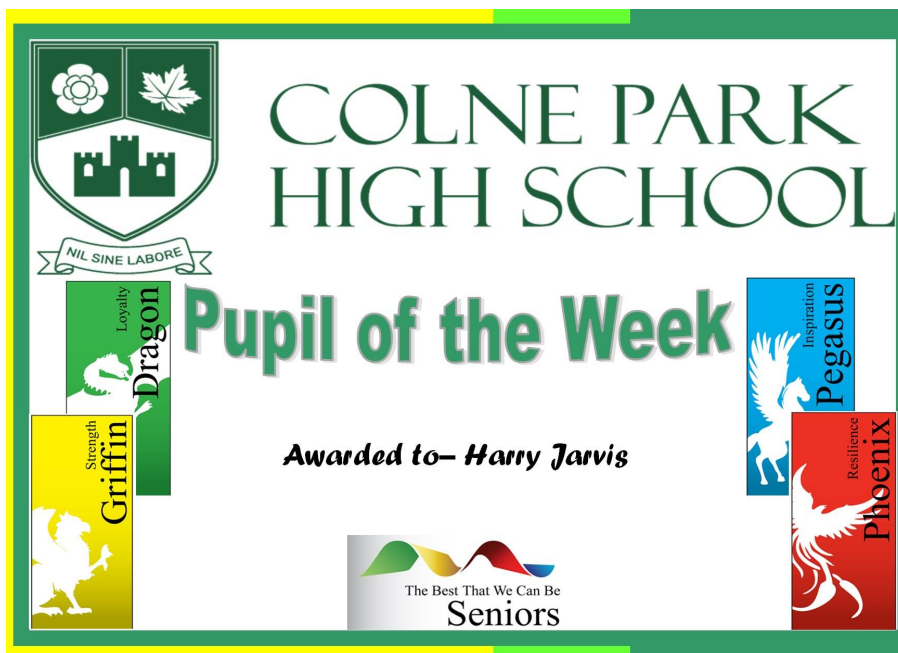
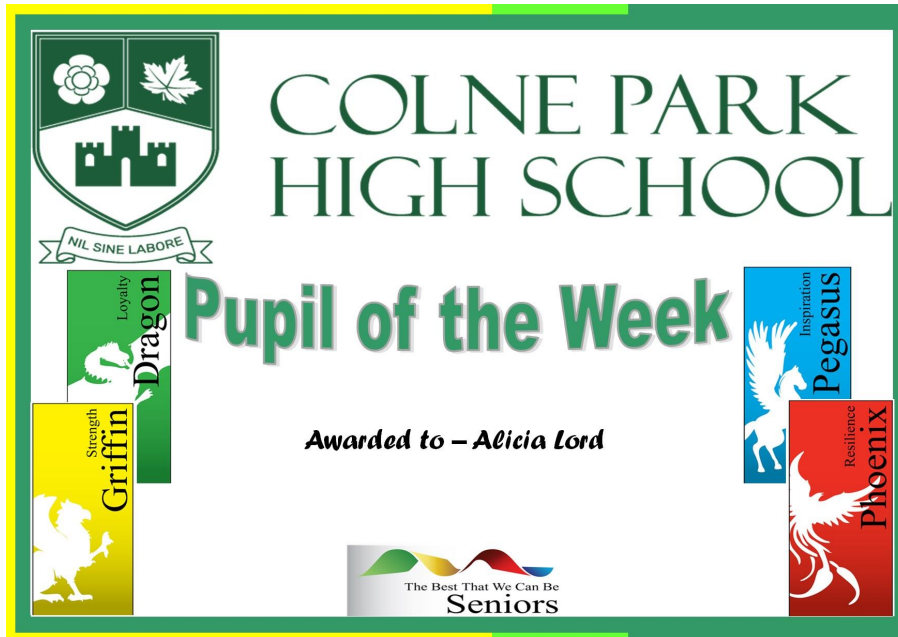
# COLNE PARK HIGH SCHOOL



## Pupil of the Week

***Awarded to- Melissa Walker***





## Dates for the Diary

Friday 19th December - Finish for Christmas 3.10pm

Monday 5th January - Teacher Training Day

Tuesday 6th January - Teacher Training Day

Wednesday 7th January - school opens for student return

## Notices and Information Share

As we move further into the term, we want to remind all families of the key guidance available to help manage seasonal illnesses and keep pupils and staff well.

- [Education Hub Blog](#): Reducing the spread of illness this winter: Seven steps to healthier schools and higher school attendance – please share this blog with parents and staff.
- [NHS Guidance for Parents](#): Is my child too ill for school? – a useful resource to help parents decide when children should stay at home.
- [Preventing and Controlling Infections Guidance](#): Includes advice on vaccination, ventilation, and good respiratory hygiene.
- [A–Z of managing Infectious Diseases](#): Practical guidance on managing specific illnesses.





**Monday 6 October**  
**Monday 17 November**  
**Saturday 17 January**  
**Wednesday 11 March**  
**Monday 15 June**

Previous attachment



**COLNE PARK  
HIGH SCHOOL**



## **PARK HIGH SCHOOL DOES PENDLE PARKRUN**

**SATURDAY 24TH JANUARY | 9:00AM**

Run, jog or walk this scenic 5km route  
around Alkincoats Park with staff and  
students from the Park family

Don't forget to register  
here for your free



## **PARK HIGH SCHOOL DOES PENDLE PARKRUN**

**The impact of smartphones**



There is a growing concern on how excessive use of smartphones can affect our children.

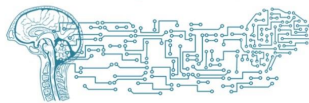
In addition to the effects of seeing inappropriate content online, the risk of cyberbullying and grooming, it is important that we also highlight the effects of smartphone use on our children's mental health.

If your child is using a smartphone then please try to ensure they maintain a healthy screentime limit.

According to King's College London, "two new studies of smartphone habits in teenagers have identified links between problematic smartphone use and depression, anxiety and insomnia." You can read more about these studies here: <https://www.kcl.ac.uk/news/teens-with-problematic-smartphone-use-are-twice-as-likely-to-have-anxiety-and-many-are-eager-to-cut-down>

Compass has published an article as well on what effects mobile phones have on children here: <https://www.compass-uk.org/services/compass-changing-lives/what-effects-do-mobile-phones-have-on-children-and-young-peoples-mental-health/>

**Artificial Intelligence (AI)**



**What is AI?**

AI is when a computer/machine can learn and perform tasks like a human. Its popularity continues to increase, and examples include:

- **Virtual assistants** like Alexa and Siri.
- **Chatbots** such as ChatGPT and My AI from Snapchat

**Potential Risks of AI?**

- **Chat apps** - A simple search of "AI Chat" within the App store highlights the number of apps already available and just scrolling through, you can see that they are not suitable for children with many rated as 17+.
- **Image manipulation** – there are AI tools that can be used to digitally remove clothes from photos, which clearly raises serious safeguarding and privacy concerns.
- **Deepfakes** – there are also AI tools that create realistic, fake videos which can be used to spread misinformation or cause harm.

Child Rescue Coalition discuss the dangers in more detail here: <https://childrescuecoalition.org/educations/the-dark-side-of-ai-risks-to-children/>

**How can I protect my child?**

- As always, to keep your child safe online, it is important to:
- Develop your child's digital literacy by highlighting the risks of AI and showing them how important it is to verify what they see online.
  - Set up appropriate parental controls on their devices/ broadband.
  - Chat to your child regularly and ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

**Further information**

For further information, the NSPCC and Internet Matters provide useful guides on their websites:

- <https://www.nspcc.org.uk/about-us/news-opinion/2025/artificial-intelligence-safety-clips-for-parents>
- <https://www.internetmatters.org/resources/parent-guide-to-artificial-intelligence-ai-tools/>

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**TikTok**

**You must be over 13 years of age to use TikTok.**

TikTok is a social media platform for sharing and watching short video clips. Some of the videos may not be appropriate for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure appropriate security/privacy settings are applied.



**Account set up**

It is important that when setting up an account, your child enters their real date of birth as accounts are tailored by age e.g., Direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored by age. By default, accounts for people under 16 are set to private and we would recommend keeping it as this. This means your child must approve follower requests. You can read more about the other settings available, such as switching off comments and restricted mode here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/privacy-and-safety-settings-for-users-under-age-18>

**Family Pairing**

This allows you to link your own account to your child's account. You can then set controls such as restricted mode. You can find out more here: <https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

**Inappropriate content, themes and challenges on TikTok**

Whilst against TikTok's guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. Some of the songs available to lip sync to may contain inappropriate lyrics or adult themes. We often see viral challenges on social media, some of which can be dangerous. If your child is using TikTok, chat to them regularly about what they are viewing.

**Stranger contact**

Talk to your child about who is following them online and ensure that they understand that people may not be who they say they are when online. It is important that children understand not to share personal information.

**Refresh your feed**

You can refresh your "For You" feed to update the content recommended: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/refresh-your-for-you-feed>

**Blocking and Reporting**

Ensure your child knows how to use the safety features available to them, including how to report comments, direct messages and another user.

**Further information**

- <https://parentzone.org.uk/article/tiktok>
- <https://safeguarding.thekeysupport.com/factsheets-and-briefings/child-safety-tiktok-parent-factsheet/>

**How to Reset Your Instagram Recommendations**

You should be at least 13 years old to have an Instagram account.

Algorithms can create an echo chamber on social media or start showing us too much of one subject that no longer appeals to us or as a parent, you feel your child is viewing too much of. Instagram now offers the ability to reset recommendations, which will clear recommended content across Explore, Reels and Feed.

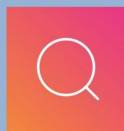
To reset recommendations, go to your Profile, tap on the menu icon (☰) in the top-right corner, select Content Preferences and then you can reset suggested content.

You can find out more here:

<https://about.fb.com/news/2024/11/introducing-recommendations-reset-instagram/>

Instagram have also published this article detailing how they are helping to keep teens safe:

<https://transparency.meta.com/en-gb/policies/age-appropriate-content/>



**colneparkhigh**  
Colne Park High School



Colne Park High School · [Follow](#)  
School/university · 1.6K followers



Have you seen our Facebook & Instagram pages? Follow us for regular information and updates.

Please note credits, misdemeanours and attendance are all available on MCAS. Don't forget to log on to stay informed on a daily basis.

- **Teacher Training Day Dates 2025/6:** Parents and Carers please note the amendment to Teacher Training Days for 2025-26. They are as follows: Monday 05 January 2026, Tuesday 06 January 2026, Friday 19 June 2026. All term dates and training days are available on our website.
- [Parents@LordSt](#)

## Extra-Curricular Clubs

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Extra-Curricular Activities	Breaktime: Mindful colouring - Library	Breaktime: Chess club - library	Breaktime: Lego club - Library	Journalism club: Room 205 3:10pm	
Club reminders	Craft/book club: Library 3:10pm 	Reading Ambassador Meeting 3:10pm Library	Board Game club: Room 519 3:10pm 	Journalism Club 2025-26 	
Ambition	We are determined to achieve and believe everyone can succeed		Try our best and take pride in what we do We cherish and enjoy to learn Persevere and try to bounce back from setbacks		
			Apex		



### Christmas Eve, Day and Boxing Day - Why are they here today?

#### Christmas Eve:

Christmas Eve originates from Christian tradition as a significant time of preparation and reflection before celebrating the birth of Jesus Christ. It is often observed with family gatherings, festive meals, and religious services, highlighting both spiritual anticipation and communal joy. Around the world, people engage in unique customs, from midnight Mass to decorating homes and exchanging gifts, making the evening a blend of faith, family, and festive celebration.

#### Christmas Day:

Christmas marks the birth of Jesus of Nazareth, whom Christians believe is the Son of God and the Savior of humanity. The date of December 25th was chosen by the early Christian Church, likely in the 4th century, partly to coincide with existing pagan winter solstice festivals, such as the Roman festival of Saturnalia and the celebration of the "birth of the unconquered sun" (Sol Invictus), which made it easier for Christianity to spread within the Roman Empire. The holiday emphasizes themes of hope, peace, and divine incarnation in Christian theology.

#### Boxing Day:

Boxing Day, also known as Offering Day, is a holiday celebrated after Christmas Day, occurring on the second day of Christmastide (26 December). Boxing Day was once a day to donate gifts to those in need, but it has evolved to become a part of Christmas festivities. It originated in the United Kingdom and is celebrated in several Commonwealth nations.



## Journalism Club 2025-26

After last year's huge success, we are pleased to announce the return of Journalism Club! If you are interested in Journalism, News Reporting, Photography, Videography or Content Creation then get involved! We look forward to meeting another team of brilliant Journalists!



**Thursdays 3:10 – 4:00**

**Open to all students**

**Room 205**

**Miss O'Gorman**



## @Contact Us

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

## School Holiday Dates 2025-26

[Colne Park High School - Term Dates \(park-high.co.uk\)](http://park-high.co.uk)