



Parents@Park


Parents@Park


Parents@Park is back - the place to be for all things Park!

As the week ends and so does spring term, it has been a week of celebration and success. SPA Assemblies have focused on success, progress and achievement; to celebrate the positive learning and engagement of our students throughout this term. It is hard to believe another term has flown by!


This week has seen lots of sporting and other extra curricular success for Park students and its great to see so many students fully engaging with all aspects of school life.

Have a great Easter break to all students, staff and families. A reminder that we return to school at the usual time on Monday 13th April.




Our Core Purpose

is clear:
**To place learning
at the heart of
everything we do.**


Apex
COLLABORATIVE LEARNING




**Colne Park
High School**


Apex
COLLABORATIVE LEARNING

**Is in the 1st school
decile (top 10%) for
having opportunities
to ask questions to
leaders about change.**

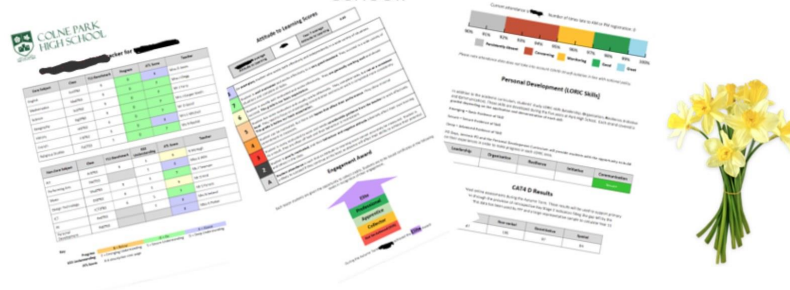


KS4 Interventions

Please see below for information about Spring Trackers, Year 11 countdown to exams, Year 11 interventions after-school and Year 11 intervention timetable for Easter.

Spring Tracker

Year 7-11 Spring Trackers have been uploaded to MCAS for parents and emailed to all students this week. If you have any issues accessing these reports, please email school.



Year 11



24

School days until the first
GCSE examination
English Literature Monday 11th May

#HardWorkPaysOff

After School Intervention

Monday
Tuesday

English Priority Night
Maths Priority Night

On Monday and Tuesday English and Maths have priority for intervention with students.

Every subject has sessions after school – please check with your **individual teacher** what night they have a session for you to attend

Wednesday

FOCUS GROUP room 108

19

Days of school until the GCSE's start



Easter Intervention Sessions

Monday 30th March

Health and Fitness	(IAL)	room 118	9.00-3.00
Health and Fitness	(DCU)	room 118	9.00-3.00
Performing Arts	(ACA)	Dance/Drama	9.00-3.00
Child Development	(LBI)	room 308	9.00 - 11.00
Graphics & Engin Design	(CMA)	room 307	9.00-2.00
Biology Higher	(CEU)	108	10.00-12.00

Tuesday 31st March

Health and Fitness	(RSC)	room 118	9.00-12.00
Health and Fitness	(ROR)	room 118	9.00-2.00
Maths (11B5)	(KBA)	room 605	9.00-11.00
Maths (11P1)	(JPR)	room 601	9.00-11.00
Art	(KGI)	room 310	10.00 - 2.00
Physics all welcome	(GJA)	room Dance	12.00-2.30

Wednesday 1st April

Health and Fitness	(RSC)	room 118	9.00-12.00
English	(SCS)	room 202	10:00-1:00

Thursday 2nd April

Performing Arts	(ACA)	Dance	9.00-3.00
Y10 Religious Studs Paper 1	(BRO)	room 517	10:00-12:00
History	(SJT)	room 514	10:00-12:00
Geography	(SCO)	room 516	10:00-12:00

Tuesday 7th April

Business Studies	(AHU)	room 312	10.00 - 13.00
Computer Science	(LRU)	room 313	10.00 - 13.00
Art	(KHO)	room 311	10.00 - 3.00
Y10 Religious Studs Paper 2	(RHO)	room 108	10:00-12:00

Wednesday 8th April

Business Studies	(AHU)	room 312	10.00 - 13.00
------------------	-------	----------	---------------

Thursday 9th April

Business Studies	(AHU)	room 312	10.00 - 13.00
------------------	-------	----------	---------------

All students to arrive through front door and sign in and out at the desk

Uniform Expectations

Thank you for your continued support with our school expectations regarding uniform, make up and mobile phones. I am sure that many of our young people will be looking forward to celebrating the Easter season and, as part of this, they will be having their hair, nails and lashes done. We wish everyone a fantastic break but we would like to send a brief reminder about our school expectations on our return on Monday 13th April. Please can we be really clear that, if students choose to have cosmetic enhancements during the holidays, these will need to be removed or reversed before coming back into school. This includes unnatural or contrasting hair colours and hair styles, as well as any false, acrylic, gel or painted nails. Nails must be kept short and natural with only clear nail varnish to be worn. French tip, natural

coloured or nude coloured nails will need to be removed. If students' natural nail length is considered to be too long, students will be required to shorten them. After the break, we look forward to seeing our students looking fabulous and fully meeting our uniform expectations. Thank you so much for your support in helping us keep our school looking smart and consistent. We really appreciate your help in reminding students of these expectations!



Wider Development

At Park, we take great pride in our Personal Development offer which includes:

- Personal Development Curriculum
- A wide range of opportunities
- Careers education
- Assemblies

- External speakers
- Behaviour Curriculum
- Student Briefing
- Student Voice
- Student Leadership
- Pastoral support
- Safeguarding support
- Form tutor led intrinsic Personal Development

Information regarding Personal Development can be found on the following webpages:

[Colne Park High School - Spiritual, Moral, Social and Cultural Development](#)

[Colne Park High School - Early Help, Wellbeing and Support](#)

[Colne Park High School - Personal Development](#)

[Colne Park High School - Student Voice](#)

[Colne Park High School - Extra-Curricular](#)

[Colne Park High School - Careers and Further Education](#)

In whole school assembly we have been celebrating Personal Development.

We are incredibly proud to have achieved the Excellence in Pupil Development Award. This recognition reflects the dedication, creativity, and compassion of our entire school community — staff, pupils, parents, and governors alike. At the heart of our vision is the belief that education is not only about academic success, but also about nurturing confident, resilient, and compassionate young people who are ready to thrive in life beyond school. This award affirms that our approach to personal development — from fostering positive relationships and wellbeing, to encouraging leadership, responsibility, and a love of learning — is making a real difference. The Award is an immense achievement for all stakeholders. Together, we have created a culture where every child feels valued, empowered, and inspired to be the very best version of themselves.

Ambition Respect Collaboration



Workplace Wednesday

A huge congratulations to Year 8 who have been completing the first of their 10 days of Work Experience. Year 8 have completed their Workplace Wednesday Visits.

Feedback has been really positive:

"It was lovely to meet you all and it was a pleasure. I have to say your students were the best-behaved students we have ever had in the centre. They are a credit to you."

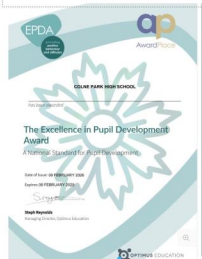
"The students were lovely, their behaviour was exemplary and a credit to Park High. You are welcome back anytime"

We look forward to Year 9 and Year 10 being successful with their Work Experience placements in the Summer term.

A huge thank you to Miss Barker who has supported all students with their visits, placements and playing an integral part in your careers education.



Ambition Respect Collaboration



Excellence in Pupil Development Award.

- Pastoral support
- Behaviours and values
- Opportunities
- PD curriculum and learning
- Preparing students for life beyond Park

Opportunities

87% ALL students have had 2+ opportunities.
73% ALL students have had 3+ opportunities



Parents commented

"I always feel included and me and my daughters voice is always heard"

"Additional help is always there"

"There are lots of opportunities"

Students mentioned

"The school is an amazing community"

"It's a good place to grow and make friends"

"They have good relationships with teachers"





Staff Wellbeing Award

We are proud to have been awarded the Silver award for Staff Wellbeing and we were praised for:

- Managing the workload of staff.
- Creating a positive and healthy work environment.
- Showing staff appreciation and celebrating staff.
- Supporting staff wellbeing.
- Professional development of staff.

Work Experience



Work Experience reminder



A reminder to parents of students in Year 9 and 10 about work experience and sourcing placements .

Deadlines for the forms to be submitted are:

Year 9 Friday 17th April 2026.

Year 10 Friday 22nd May 2026

For more support please email our careers adviser, Miss Barker.
s.barker@parkhigh.apex-trust.org



COLNE PARK
HIGH SCHOOL



Workplace Wednesdays

Miss Barker took 10 Year 8 students to Colne Open Door Centre as part of 'Workplace Wednesday'. The students were truly inspired by the incredible work the centre does to support the community. They also learned about the wide range of roles involved and the many volunteers who give their time to help others. A huge thank you to Hannah and Jess for showing us around and sharing such valuable information all about what the centre offers. Our students left feeling motivated and full of ideas on how they can support the

centre, through donating food, volunteering in the future, completing work experience, or raising money. Thank you to Nick the manager at the centre for helping us organise the trip! We look forward to returning soon!



Reading Ambassadors

On Friday, our Reading Ambassadors joined the Lancashire Book of the Year workshop at Accrington library where they discussed the longlist books with other participating schools. They were very excited to start reading the shortlist titles!





Careers

The Lancashire Careers Hub is running a series of **free 30 minute webinars** for local employers who may be interested in offering flexible workplace experiences to young people across Lancashire. Many parents and carers run or work in local businesses, and these sessions are a great opportunity to learn how simple it can be to get involved. Flexible options include:

- A one day project
- A short class visit
- A few hours of workplace insight

Your involvement helps create more meaningful opportunities for young people in our community.

Upcoming Webinar Dates (30 minutes each)

April: 2 (16:30), 9 (13:30)

Register here: [Modern WEX: Practical Guidance for Employers — Registration Form — Fill in form](#) Parents and carers are very welcome to join the Lancashire Careers Hub team at any session to find out more.

Sports Round Up

Year 8 Boys Athletics: Our Year 8 boys proudly represented the school at the Sports Hall Athletics County Finals in Blackpool, following their fantastic success at the Pendle Schools competition. Every student gave 100% effort in each event, showing great determination and team spirit throughout the day. A special mention goes to Logan D, who achieved an impressive second place in his race before going on to compete in the challenging 8-lap parlauf shortly after. An amazing day was had by all—well done, boys!

Year 8 Girls Netball: The Year 8 netball team took part in an exciting tournament at Primet, with four teams competing in a series of closely contested matches. The first game was against Primet. It was a tightly fought game, with both teams battling hard to move the ball into their attacking thirds. There was some excellent centre court play from Lucy H, helping to create opportunities. Despite the effort from both sides, the match ended in a 0–0 draw. The second game was against Fishermore B team, where fantastic shooting from Lola P helped secure an early lead, putting pressure on the opposition. The defence was equally impressive, with Bella B and Emmie DP making excellent interceptions in the circle. The game finished with a convincing 6–1 win. The final match was against Fishermore A team. The girls showed great determination, particularly in defence, working hard to keep the ball out of the circle. Heidi R and Poppy E stood out with some excellent defensive play. Despite their efforts, the team faced a strong opponent and the match ended in a 4–0 loss. Overall, the team finished as joint runners-up. Well done to all the players for their hard work, teamwork, and positive attitude throughout the tournament.

Park U13 Girls Into Lancashire Cup Final!

Park was drawn against Ribblesdale School in the Lancashire Cup semi-final, setting up a tense fixture on a miserable and wet afternoon. Despite the difficult conditions, the game began at a high tempo, with Park immediately playing quick, sharp football that put Ribblesdale on the back foot. Park displayed tremendous quality through crisp passing and intelligent movement, especially from Poppy, whose quick technical turn created real pressure and forced a number of impressive saves from the Ribblesdale keeper to keep her side in the game. Both teams showed exactly why they had reached the semi-final, with the match flowing end to end. Ribblesdale responded strongly near the end of the first half, testing Park's defence and keeping Eleanor and Heidi busy with important defensive work. Making her Lancashire Cup debut, Iona made her presence known between the sticks. Her distribution and sharp reactions provided reassurance at the back. At half-time, Mr Morrison challenged the girls to show even greater commitment and energy. The response was immediate, where Madison and Lottie consistently applied pressure to the opposition, making dangerous runs and important physical tackles. With just ten minutes remaining, Park found the breakthrough. A brilliant ball forward found Betsy, who turned quickly and fired into the back of the net to make it 1–0. The goal brought relief and celebration, giving Park renewed confidence. Pola and Mia played their part in securing the result, bringing

fresh energy in defence and helping maintain calmness on the ball to protect the lead and ensure a clean sheet. At the final whistle, the 1–0 victory secured Park’s place in the Lancashire Cup Final for the second consecutive year with this same group of players — a remarkable achievement. Credit must also go to Ribblesdale, whose work determination made it a fiercely competitive semi-final. Congratulations to the girls on an outstanding journey to the final.



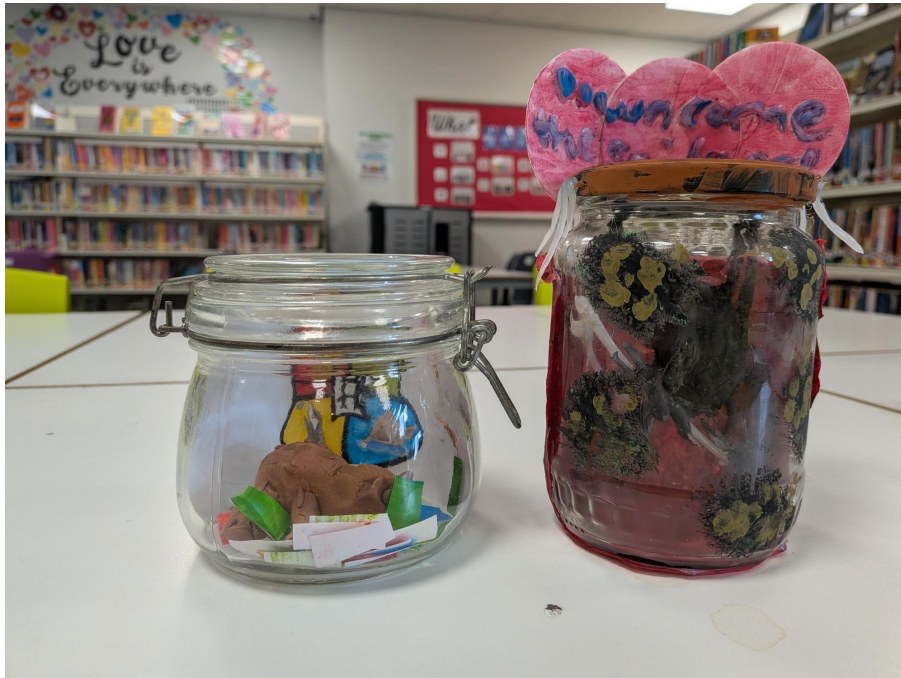
Year 7 PGL

A place has become available for our end of Year 7 residential trip to PGL. If you would like more details of location, dates, and cost, please email Mrs Coward.



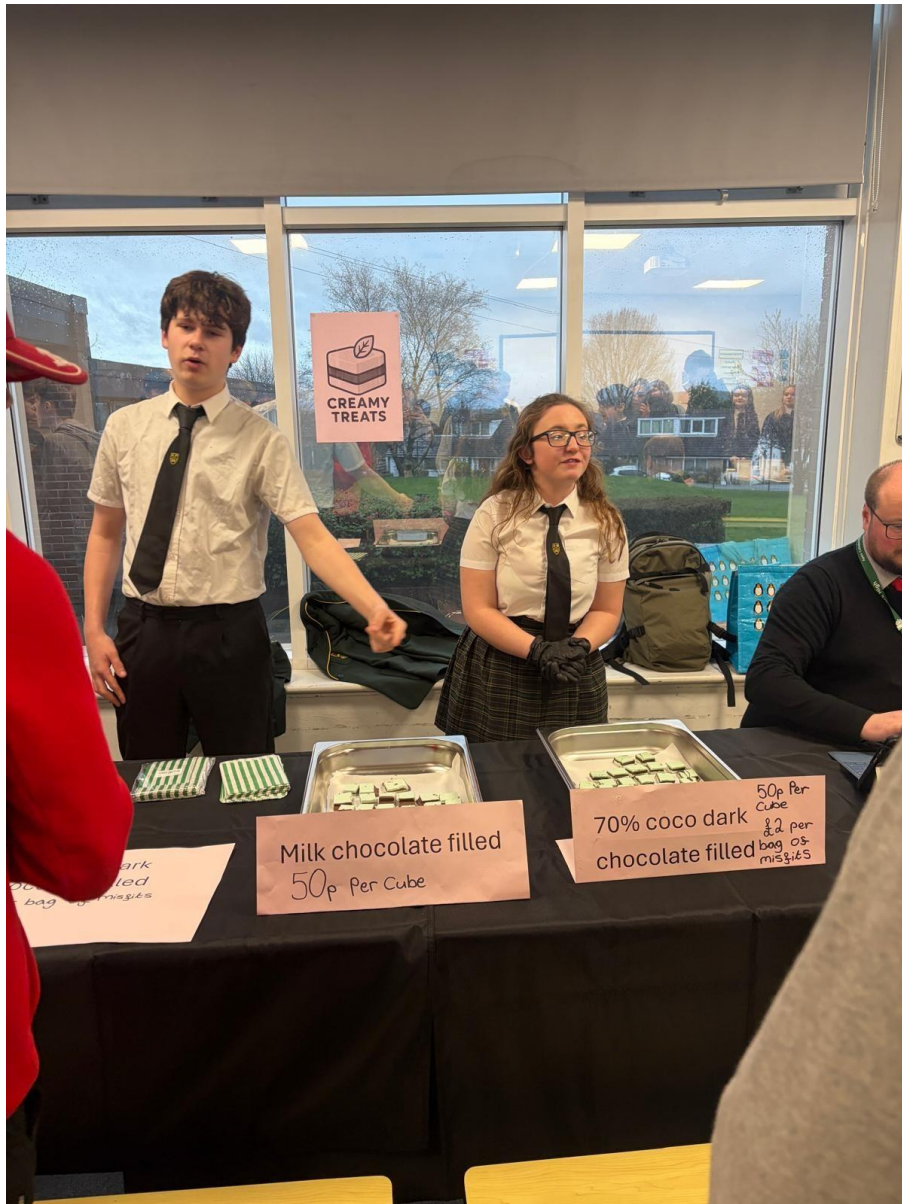
Story Jar Competition Winners

Well done to the winners of our story jar competition for World Book Day! Lucie J and Ellie M from Year 7 created these fabulous story jars. Congratulations and thank you for all of the entries!



Business Enterprise Fayre

A massive well done to our young entrepreneurs who opened up the Business Enterprise to the community yesterday evening. It was great to see so many and thank you to the college providers for their time and support.







Y11 Leavers Hoodies

Dear 11 Leavers' Hoodie – Reminder! Time is ticking!

 **Year 11 Leavers' Hoodie – Reminder!**

Time is ticking!

If you would like a **Year 11 Leavers' Hoodie**, please place your order as soon as possible.

 **Order here:**


<https://tinyurl.com/3npm4ac3>

Price: £26.40 (inc. VAT)

Deadline: Friday 17th April 2026

✓ Choose your **name or nickname** on the back

✓ Nicknames **must be appropriate**

 Hoodies will arrive in **July**

Any questions?

See or email Mr Hicklin

s.hicklin@parkhigh.apex-trust.org



3G Pitch

We need your help.

Support a new 3G pitch for our community & Park High School

The FA has identified this pitch as a flagship facility, and the school is currently seeking a £1 million grant towards the project. Your support is vital to help demonstrate how important this is to our community.

Sign our petition 

 COLNE PARK HIGH SCHOOL 

Park High School is working with the **FA and Football Foundation** to deliver a **much-needed 3G pitch** for our local community.

This facility would:

- ✔ Provide high-quality sports facilities for **schools and grassroots local sports clubs**
- ✔ Support local clubs including **junior sports, women's and girls' football, disability football and rugby**
- ✔ Be part-funded by the **Football Foundation**, with significant national investment coming into our area
- ✔ Create a long-term community asset for health, wellbeing, and participation

*The FA has identified this pitch as a **flagship facility**, and is currently pledging a **£1 million grant** towards the project upon approval of planning permission. Your support is vital to help demonstrate how important this facility is to our community.*

Please support the project by signing the petition below:

[Colne Park High School - Support a new 3G Pitch for our community and Park High School](#)

Celebrating Success





COLNE PARK HIGH SCHOOL

**Park Point
James Wright**



CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT

PARK POINT



COLNE PARK HIGH SCHOOL

**Park Point
Laela Wales**



CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT

PARK POINT



COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to – Meg Martin




COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to– Jessica Berry











COLNE PARK
HIGH SCHOOL

Pupil of the Week






Awarded to– Willow Murphy



COLNE PARK
HIGH SCHOOL

Pupil of the Week

Awarded to– Luke Brierley



Y11 GCSE Exam Timetable

Examination Timetable 2026		
Date	Morning	Afternoon
Mon 11th May	English Literature Paper 1 2hr	
Tue 12th May	Engineering Design 1h 15 Y10 Religious Studies Paper 1 1h 45	Biology Paper 1 1h 45
Wed 13th May	Geography Paper 1 1h 30	Computer Science Paper 1 1h 30
Thur 14th May	Maths Paper 1 (Non-calculator) 1hr 30	
Fri 15th May	History Paper 1 1h 20	
Mon 18th May	Chemistry Paper 1 1h 45	
Tues 19th May	English Literature Paper 2	Computer Science Paper 2* Child Development 1h 15*
Wed 20th May	French Listening H 1hr French Listening F 45min	Y10 Religious Studies Paper 2 1h 45
Thur 21st May	English Language 1h 45	
Fri 22nd May		Business & Enterprise 1h 30* Health & Fitness 1h 30*
Half Term		
Mon 1st June		
Tue 2nd June	Physics Paper 1 1h 45	
Wed 3rd June	Maths Paper 2 (Calculator) 1h 30	Geography Paper 2 1hr 30
Thur 4th June	History Paper 2 1h 50	French Reading H French Reading F
Fri 5th June	English Language Paper 2 2h	Music 1h 30
Mon 8th June	Biology Paper 2 1h 45	French Writing H 1h 20 French Writing F 1h 15
Tue 9th June		History Paper 3 1h 30
Wed 10th June	Maths P3 (Calculator) 1h 30	
Thur 11th June	Geography Paper 3 1h 30	Food Prep & Nutrition 1h 45
Fri 12th June	Chemistry Paper 2 1h 45	
Mon 15 June	Physics Paper 2 1h 45	
Tue 16 June	Leavers Assembly and Guard of Honour	

Notices and Information Share

**SPRING
COMPETITION**

**SPRING THEMED
PHOTOGRAPHY COMPETITION**

**CLOSING DATE
14TH APRIL 2026**

All entries to be emailed to
enquiries@apex-trust.org.

Winner will be drawn on 20th April and
a prize will be awarded.

Apex
COLLABORATIVE TRUST

Easter Wellbeing Newsletter

Supporting Students & Families Over the Holiday Break

As we approach the Easter holidays, this is an important time for students to rest, recharge, and focus on their wellbeing. During the school break, support and care remain a priority. Below you'll find guidance on looking after yourself and where to access support if needed.

Looking After Your Wellbeing

The holidays are a valuable opportunity for rest and recovery.

Top tips:

- Keep a balanced routine (sleep, meals, activity, relaxation)
- Spend time outdoors—fresh air can boost mood and energy
- Stay connected with friends and family
- Limit excessive screen time where possible

Simple self-care ideas:

- Go for a daily walk
- Try mindfulness or breathing exercises
- Do something creative (drawing, music, cooking)
- Take time to relax and recharge

Support During the Holidays

Even when school is closed, there is a wide range of support available for students, parents and carers.

Helpful Websites & Online Support

- NHS Every Mind Matters – advice, tips and mental health support
- Childline – online chat and support for under 19s
- YoungMinds – advice for young people and parents
- The Mix – support for under 25s on a wide range of issues

Apps & Digital Support

- Every Mind Matters (NHS) – personalised wellbeing advice
- Calm / mindfulness apps – guided relaxation and sleep support
- Shout 85258 (text service) – free, confidential text support anytime

Important Helplines (UK)

- For young people:
 - Childline – 0800 1111 (24/7, free, confidential)
 - Papprugus HOPELINE247 – 0800 068 41 41 (under 35s, 24/7)
- For anyone needing support:
 - Samaritans – 116 123 (24/7 listening support)
 - Shout – Text SHOUT to 85258 (24/7 text support)
 - The Mix – 0808 808 4994 (under 25s support line)

here...

What is Nest Lancashire?
Nest Lancashire is funded by Lancashire's Police and Crime Commissioner to support young people across the county who have been affected by crime or subjected to threats or harassment. Young people can talk to us in confidence and all of our services are free of charge. Our aim is to help these young people to recover from whatever it is they have experienced. Usually, friendly staff will be able to help them move forward and feel safe again.

Who is the service for?
Nest Lancashire supports anyone aged 5-18 who has been either a victim or a witness of crime or experienced an incident that has left them shaken. It doesn't matter if the crime or incident hasn't been reported to the police or if it happened a long time ago.

Young people don't always identify as victims and are sometimes unsure whether what has occurred does amount to a crime. We can help any young person that feels victimised or has witnessed something that has left them shaken. There is no incident too small for us to offer support.

What support is available?
We provide individual support tailored to the young person's needs. Young people can talk to us over the phone, in person, email or send us a text. We will talk to the person to get to know them and decide the best way forward together.



We can offer:

- One to one support
- Group sessions with other young people
- Access to sport and other social activities
- Confidence building
- Help to ensure young people feel safe and secure again
- Support in reporting the crime if the young person would like to do so
- Information about young people's rights as a victim of crime
- Support for young people throughout the process if a case goes to court

How to refer:
Call: 0300 111 0323
Email: info@nestlancashire.org
Young people can also self-refer:
Call: 0300 111 0323
Email: info@nestlancashire.org
Text: NEST and then number to 60777
To find out more visit www.nestlancashire.org
We have a Live chat facility between 4pm and 6pm Monday to Friday.

Contact us on: 0300 111 0323 info@nestlancashire.org



colneparkhigh

Colne Park High School



Colne Park High School · Follow

School/university · 1.6K followers





Have you seen our Facebook & Instagram pages? Follow us for regular information and updates.

Please note credits, misdemeanours and attendance are all available on MCAS. Don't forget to log on to stay informed on a daily basis.

- **Teacher Training Day Dates 2025/6:** Parents and Carers please note the amendment to Teacher Training Days for 2025-26. The next teacher training day is Friday 19 June 2026. All term dates and training days are available on our website.
- [Parents@LordSt](#)

Extra-Curricular Clubs

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Extra-Curricular Activities	Breaktime: Mindful colouring - Library Craft/book club: Library 3:30pm	Breaktime: Chess club - library Reading Ambassador Meeting 3:10pm Library	Breaktime: Lego club - Library Board Game club: Room 519 3:30pm	Journalism club: Room 205 3:30pm Journalism Club 2025-26	
Club reminders					
Ambition	We are determined to achieve and believe everyone can succeed		Try our best and take pride in what we do Be curious and eager to learn Persevere and try to bounce back from setbacks		
LORD ST HIGH SCHOOL		Apex			

The Journalism Weekly	
<p><i>Written by Lucas Rees, Jamie Wearden, Maksim Voroncov, Alice Williamson and Millie Anslow bringing you all the latest Park news over this half term.</i></p> <p>Red Nose Day – Friday 20th March</p> <p>Last Friday, students celebrated Comic Relief, (otherwise known as Red Nose Day) by wearing red non-uniform. Comic Relief is all about helping people access food and shelter across the UK and <u>England, and</u> raising money <u>for charity</u>. Comic Relief has raised an eye-watering \$1.6 billion since 1988, and this year raised a whopping £30,004,040. Recently, Greg James rode 1000 kilometres (which is 621 miles!) across the country, on a tandem bike and was accompanied and supported by lots of people, even the Prince of Wales! All of this was to raise money for Comic Relief. He raised almost 5 million pounds this year! Throughout recent years, Comic Relief has raised a massive 6 billion pounds for people in need!</p>	
<p>Open Door Script</p> <p>Hello and welcome; we are asking you today to donate to Open Door. They are an excellent charity and have helped 100's of <u>family's</u> through rough times, including homelessness and food poverty here in our local area. They also have free counselling services for people that really need it, in addition they have a café open to all and kids eat free! So please donate today at https://www.opendoorcentre.org.uk or click the link in the description. Thank you.</p> <p>The Traitors: Students and staff alike have enjoyed taking part in The Traitors Competition over the last 2 weeks and have seen the highs and lows of the competition! Today, we watched Miss Barker reveal her status as the last traitor among staff!</p> 	<p>Upcoming events</p> <ul style="list-style-type: none"> - PGL - at the end of the Summer Term, Year 7 will be going on their PGL trip. This will be an exciting time for them to try new things, engage in new opportunities and make new friends. - Easter Egg Hunt – our T1 competition was the easter egg hunt. Sadly, it was moved to Monday 13 April due to adverse weather! - Hadrian's Wall- Another upcoming trip is also at the end of the year. This trip is for everybody and will be taking place the same time as PGL and the French trip so keep your eyes peeled for further updates! 

@Contact Us

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

School Holiday Dates 2025-26

[Colne Park High School - Term Dates \(park-high.co.uk\)](http://park-high.co.uk)