



Parents@Park

Parents@Park

Parents@Park is back - the place to be for all things Park!

What a week it has been and the weather has certainly helped our positive environment across school! There has been a real learning buzz this week and students have put learning at the heart of what they do. Year 11 exams are creeping ever so closer, with a matter days left to go before the GCSE examinations begin for all students.

Students have continued to embrace of core value of Ambition and we wish all our students and families a very relaxed and enjoyable bank holiday weekend.

School will re-open at our usual time on Tuesday 5th May. Read below for notices and more to celebrate this week...

KS4 Interventions

Please see below for information about Year 11 countdown to exams, Y10 countdown to RS exam and Year 11 interventions after-school.

After School Intervention

Monday	English Priority Night
Tuesday	Maths Priority Night

On Monday and Tuesday English and Maths have priority for intervention with students.

Every subject has sessions after school – please check with your individual teacher what night they have a session for you to attend

Wednesday
FOCUS GROUP room 108

Year 10

5

School days until the GCSE Religious Studies Exam
Tuesday 12th May

#HardWorkPaysOff

Year 11

4

School days until the first GCSE examination
English Literature Monday 11th May

#HardWorkPaysOff

Year 11 Newsletter

4

Days of school until the GCSE's start

GCSE exams week beginning 11th May

Mon 11 th	9.00am English Literature
Tues 12 th	9.00am Engineering Y10 Religious Studies 1.00pm Biology
Weds 13 th	9.00am Geography
Thur 14 th	9.00am Maths
Fri 15 th	9.00am History

Set up a perfect Study Space
You need somewhere you'll do your best work efficiently

#BeLikeCliff

#HardWorkPaysOff

Arrive early 8.00am

Free Revision Breakfast

Every morning from 8.00am in the USDR
Come in early - be prepared
Revision space (even if no exam)
Preparation for exams
Free Tea, coffee and toast provided
Revision support

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Prep for exams
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Revision support



Uniform Expectations

As the weather gets warmer, please can we remind you of the uniform expectations.

Students must wear school shoes at all times, there has been no changes at this point to uniform rules (e.g. blazers off in school).

In the coming weeks we will be doing uniform checks to maintain our high standards.

Water Bottles

As the weather does get brighter, please can we remind students to fetch a water bottle into school every day. There are water points in school for them to refill and stay hydrated.



French Trip

There is **ONE** place left on the amazing Year 8 French trip! If your child would like to go, please email Miss Gibson directly or they can collect letters and forms from 215 next week. It is a fantastic experience and a great opportunity to experience the language in action.

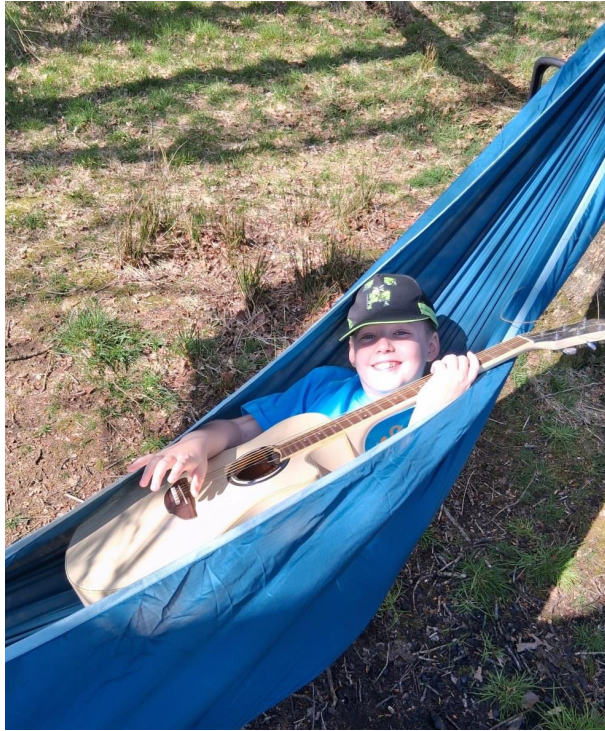
Forest School

Students from the SEND department had a fantastic day full of fun, nature and exploration on their trip to Harwes Farm Forest School. The students had a great time climbing trees,

toasting s'mores and mastering the dreaded 'Bog of Doom'. All the students behaved impeccably and were true ambassadors of Park High.







Y11 Prom Dresses



**PENDLE HIPPODROME
THEATRE** 

**PROM DRESSES FOR HIRE
£25 PER DRESS**

**Still not found a dress for your prom or summer ball?
Need something slinky or strappy, sparkly or beaded,
short or long or full on ball gown?**



We have a stock of prom and evening dresses in our wardrobe department which you can hire for £25 per dress.

Have a browse and try on. Appointments available some evenings from 7.00 pm or weekend mornings from 10.00 am. You can take the dress the same day and return it after the prom.

We do not do alterations; you must arrange this yourselves if necessary.

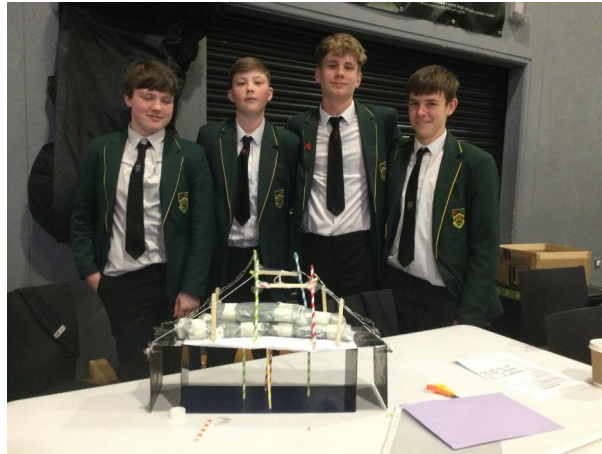
Hire by appointment only

For information about hire sessions or to make an appointment contact our Prom Co-ordinator at edington575@hotmail.com or 07964 685 859

Pendle Hippodrome Theatre New Market Street Colne BB8 9BJ

Workplace Wednesdays

Last Friday, Miss Barker took eight Year 10 students to Burnley College for the 'Enjoyneering' event. All of the students had a fantastic day, working in two teams to take on a range of engineering challenges. In addition to the challenges, students also enjoyed a tour of the engineering department, making it a valuable and inspiring experience for everyone involved. Once again, our students represented Park High school brilliantly. A big thank you to Burnley College for hosting such a fantastic day! We look forward to the next one.



This week, Miss Barker took a group of Year 8 students out for Workplace Wednesday to Colne Fire Station. The students were given a tour by Mark, who showed them around the station and explained the different roles within the service, as well as how the equipment works. The students asked a fantastic range of thoughtful questions, demonstrating great curiosity and engagement throughout the visit. Some of them even volunteered to try on the uniform! Miss Barker was incredibly proud of all the students for their enthusiasm. A big thank you to Mark for taking the time to show us around and for supporting our school once again with Workplace Wednesday!



Y10 College Taster Day/Upcoming Open Evenings



Year 10 Open Evenings:

Nelson and Colne college – 23rd April from 5.30pm

Burnley college – 6th May from 5.30pm

Accrington and Rossendale college – 28th April from 5.30pm

Myerscough college, Preston – 6th June (Saturday morning)

Craven college – 15th June from 5.30pm

Leeds Aviation academy – 17th June from 5.30pm



Nelson & Colne Taster Day for Year 10 students, Tuesday 30th June 9am-12pm.

Free to attend and transport provided, students will be back in school for their lunch slot.

To pick their preferred taster lessons please scan the QR code and support your child in selecting their choices.

3G Pitch



Park High School is working with the **FA and Football Foundation** to deliver a **much-needed 3G pitch** for our local community.

This facility would:

- ✔ Provide high-quality sports facilities for **schools and grassroots local sports clubs**
- ✔ Support local clubs including **junior sports, women's and girls' football, disability football and rugby**
- ✔ Be part-funded by the **Football Foundation**, with significant national investment coming into our area
- ✔ Create a long-term community asset for health, wellbeing, and participation

*The FA has identified this pitch as a **flagship facility**, and is currently pledging a **£1 million grant** towards the project upon approval of planning permission. Your support is vital to help demonstrate how important this facility is to our community.*

Please support the project by signing the petition below:

[Colne Park High School - Support a new 3G Pitch for our community and Park High School](#)

Celebrating Success



COLNE PARK
HIGH SCHOOL

**Park Point
Angel Leech**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK
HIGH SCHOOL

**Park Point
Bonnie-Mae Rodgers**



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK HIGH SCHOOL

Park Point
Gabriella Cole



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT



COLNE PARK HIGH SCHOOL

Park Point
Jessica Pease



PARK POINT

CONGRATULATIONS YOU RECEIVED THE
MOST PARK POINTS LAST WEEK.



PARK POINT



NIL SINE LABORE

COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to – Zac Bowyer



NIL SINE LABORE

COLNE PARK HIGH SCHOOL

Pupil of the Week

Awarded to– Harley Emmott





COLNE PARK HIGH SCHOOL



Pupil of the Week

Awarded to— Ellie Goddard-Young



COLNE PARK HIGH SCHOOL



Pupil of the Week

Awarded to— Tegan Hargreaves

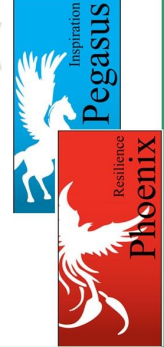




COLNE PARK HIGH SCHOOL



Pupil of the Week



Awarded to- Jayden Parsons



COLNE PARK HIGH SCHOOL



Pupil of the Week



Awarded to- Emily Whitaker



Y11 GCSE Exam Timetable

Examination Timetable 2026		
Date	Morning	Afternoon
Mon 11th May	English Literature Paper 1 2hr	
Tue 12th May	Engineering Design 1h 15	Biology Paper 1 1h 45
	Y10 Religious Studies Paper 1 1h 45	
Wed 13th May	Geography Paper 1 1h 30	Computer Science Paper I 1h 30
Thur 14th May	Maths Paper 1 (Non-calculator) 1 hr 30	
Fri 15th May	History Paper 1 1h 20	
Mon 18th May	Chemistry Paper 1 1h 45	
Tues 19th May	English Literature Paper 2	Computer Science Paper 2*
		Child Development 1h 15*
Wed 20th May	French Listening H 1hr	Y10 Religious Studies Paper 2 2h 45
	French Listening F 45min	
Thur 21st May	English Language 1h 45	Year 10 Maths 1
Fri 22nd May	Year 10 English 1	Business & Enterprise 1h 30*
		Health & Fitness 1h 30*
Half Term		
Mon 1st June	Year 10 English 2	Year 10 Science - Biology
Tue 2nd June	Physics Paper 1 1h 45	Year 10 Science - Chemistry
Wed 3rd June	Maths Paper 2 (Calculator) 1h 30	Geography Paper 2 1hr 30
Thur 4th June	History Paper 2 1h 50	French Reading H
		French Reading F
Fri 5th June	English Language Paper 2 2h	Music 1h 30
Mon 8th June	Biology Paper 2 1h 45	French Writing H 1h 20
		French Writing F 1h 15
Tue 9th June	Y9 Religious Studies Mock	History Paper 3 1h 30
Wed 10th June	Maths P3 (Calculator) 1h 30	Year 10 Science - Physics
Thur 11th June	Geography Paper 3 1h 30	Food Prep & Nutrition 1h 45
Fri 12th June	Chemistry Paper 2 1h 45	Year 10 Maths 2 (Calculator)
Mon 15 June	Physics Paper 2 1h 45	Year 10 Maths 3 (Calculator)
Tue 16 June	Leavers Assembly and Guard of Honour	

Notices and Information Share


here...

What is Nest Lancashire?
Nest Lancashire is funded by Lancashire's Police and Crime Commissioner to support young people across the county who have been affected by crime or subjected to threats or harassment. Young people can talk to us in confidence and all of our services are free of charge. Our aim is to help these young people to recover from whatever it is they have experienced. Trusted, friendly staff will be able to help them move forward and feel safe again.

Who is the service for?
Nest Lancashire supports anyone aged 5-18 who has been either a victim or a witness of crime or experienced an incident that has left them shaken. It doesn't matter if the crime or incident hasn't been reported to the police or if it happened a long time ago.

Young people don't always identify as victims and are sometimes unsure whether what has occurred does amount to a crime. We can help any young person that feels victimised or has witnessed something that has left them shaken. There is no incident too small for us to offer support.

What support is available?
We provide individual support tailored to the young person's needs. Young people can talk to us over the phone, in person, email or send us a text. We will talk to the person to get to know them and decide the best way forward together.



We can offer:

- One to one support
- Group sessions with other young people
- Access to sport and other social activities
- Confidence building
- Help to ensure young people feel safe and secure again
- Support in reporting the crime if the young person would like to do so
- Information about young people's rights as a victim of crime
- Support for young people throughout the process if a case goes to court

How to refer:

Call: 0300 111 0323
Email: info@nestlancashire.org
Young people can also self-refer:
Call: 0300 111 0323
Email: info@nestlancashire.org
Text: NEST and text number to 60777


To find out more visit
www.nestlancashire.org

We have a Live chat facility between 4pm and 6pm Monday to Friday.

Contact us on: 0300 111 0323 info@nestlancashire.org



colneparkhigh
Colne Park High School



Colne Park High School · [Follow](#)
School/university · 1.6K followers



Have you seen our Facebook & Instagram pages? Follow us for regular information and updates.

Please note credits, misdemeanours and attendance are all available on MCAS. Don't forget to log on to stay informed on a daily basis.



School Health Newsletter

April 2026

Welcome Back from the Easter Break/Bank Holiday!

Welcome back everyone from the Easter break, we hope you had a restful time.

As we head into this very busy term with exams on the horizon, we're here to help you support students to look after their mental health and wellbeing, help them manage exam stress and stay informed about public health campaigns that can support a healthy school community. You will have seen members of your School Nursing teams in their new uniforms delivering the SHNA, NCMPS and both Primary and Secondary Drop-Ins.

Our school health teams work during school holidays **Monday to Friday** excluding public and bank holidays. Please always remember, we are not an emergency service, if your concern is urgent, please call **999** or **111**.

For general enquiries or to speak with a member of the Duty Team contact our CCH on **0300 247 0040** email: vcl.019.singlepointofaccess2@nhs.net OR visit our website www.lancschildandfamily.co.uk OR scan the QR Code



IMPORTANT INFORMATION BENEDICT'S LAW

We are aware that schools are currently being approached by a number of training providers marketing allergy training following the passing of Benedict's Law.

Whilst allergy training is going to become mandatory for all staff from September 2026, the School Nursing Team will continue to provide it and we will be updating our training to reflect the changes required following the consultation of the *Managing health conditions at school statutory guidance policy* ready for September, it is therefore not necessary for you to purchase training from another provider, unless of course you wish to do so. In the meantime, details of the next remaining training dates available for this academic year



Wed 6th May
15:45-16: 45pm
Join the meeting now
Meeting ID: 357 449
486 215 8
Passcode:
fu7mE3Hz

Click the link for more details of Benedict's Law

<https://www.anaphylaxis.org.uk/education/benedicts-law/>

School Health Newsletter

PRIMARY SCHOOL MONTHLY DROP-INS

Our school nursing teams will be continuing to deliver monthly Drop-ins to all primary schools in our Lancashire footprint. These Drop-ins are for parents to speak to a member of our school nursing team regarding their children. Health topics may include emotional health, diet, healthy lifestyles, sleep, bed-wetting & constipation, head lice, behaviour and more.

We have shared the Drop-In Posters with schools advising the When and Where. Keep an eye out of these and link in with your school nurse for further details.

HIGH SCHOOL WEEKLY DROP-INS

High Schools in our Lancashire footprint have a designated public health school nurse assigned to them. The weekly Drop-ins will be delivered by a member of the school health team and young people can talk about various health topics including emotional health, diet, anxiety, healthy lifestyles, sleep, relationships and behaviour and much more.

You will have been contacted by a member of the team asking to display the Drop-In poster around school advising the When and Where!

PUBLIC HEALTH CAMPAIGNS

11th – 17th May 2026 Mental Health Awareness Week

<https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week>

12th – 18th May 2026 Sun Awareness Week

<https://bad.org.uk/sun-awareness-week-2026>

9th – 15th June 2026 Bike Week

<https://www.thereisadayforthat.com/holidays/united-kingdom/uk-bike-week>

10th – 14th June 2026 Healthy Eating Week

<https://www.nutrition.org.uk/healthy-eating-week/>

Lancashire Health Visiting and School Nursing Health App

Parents/carers and young people in Lancashire can access trusted health and wellbeing advice through new digital tools. The Lancashire Child and Family Health app is available to download on the **Apple App Store** and **Google Play Store**. The app provides expert information on child development from before birth to age 19 (SEND 25), including breastfeeding, healthy eating, sleep, vaccinations and support for dads. The Young People tile is full of advice and support for 11-16 & 16-19 yrs relating to emotional health, exam stress, sleep, relationships and lots more. Download the app and search for Lancashire Child and Family OR scan the QR Code



A reminder of What We Do?

School Health Teams are responsible for delivering the Department of Health recommended Healthy Child Programme (HCP) to 5-19 years. This includes

- Promoting the health, wellbeing and protection of all children/young people of school age (up to 19yrs)
- Work with education colleagues and the wider multi-agency teams and help to improve public health outcomes for children/young people and families
- School Health Needs Assessments (SHNA's) in Reception, Yr6 & Yr9

We also offer support with

- Sleep
- Continence
- Changes to your body (puberty)
- Emotional health and wellbeing
- Managing behaviour
- Hygiene
- Sexual Health and much, much more

Confidentiality & Consent

While we offer confidentiality, the School Health Teams do work in partnership with other agencies, where information may need to be shared in the child/young person's best interest.

In Secondary schools, young people can access the School Nurse independently for advice and support without parental consent. However, we will always encourage young people to speak with their parent/carers.

The School Health Teams usually see young people at school or college but may occasionally see them in the home or other community settings.



EXAM'S STRESS, SUPPORT & RESOURCES

Exam pressures can sometimes feel overwhelming. Our School Nurses Teams can offer advice and tips on coping during this time. If you feel a pupil would benefit from support from the School Nurses Team, please complete the Request for Support (RFS) form by scanning the QR code below

Useful links to share with pupils:

The Mix offers a wide range of free, confidential support for under-25s

<https://www.themix.org.uk/work-and-study>

Young Minds is a UK charity focused on the mental health of children and young people

<https://www.youngminds.org.uk/young-person/coping-with-life/problems-at-school>

BBC - advice on getting through exam stress <https://www.bbc.co.uk/bitesize/articles/z8dw239>

NHS - advice on exam stress <https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/>

ChildLine has guidance on exam stress and pressure <https://www.childline.org.uk/info-advice/school-college-and-work/school-college/exam-stress/>

Staff wellbeing tips for exam time

Exam time can be stressful for teacher and school staff too, Young Minds have wellbeing tips for staff

<https://www.youngminds.org.uk/professional/resources/staying-mentally-healthy-during-exams/>

For support and general enquires you can speak with a member of the Duty Team by contacting our CCH on

0300 247 0040 , email: vcl.019.singlepointofaccess2@nhs.net OR visit our website

www.lancschildandfamily.co.uk OR scan the QR Code



Did You know?

We work in partnership with CANW and you can refer directly to them through Horizon or you can speak with your School Nurse Team for information



Our practitioners support young people experiencing these common mental health problems:

- Anxiety and worry
- Low mood
- Specific phobias
- Low self-esteem
- Sleep problems



Scan the QR code to complete a referral form and email it completed to: HCAG@canw.org.uk



www.canw.org.uk
Registered Charity No. 125032

For more information: 01372 756394 | HCAG@canw.org.uk

- **Teacher Training Day Dates 2025/6:** Parents and Carers please note the amendment to Teacher Training Days for 2025-26. The next teacher training day is Friday 19 June 2026. All term dates and training days are available on our website.
- Parents@LordSt

Extra-Curricular Clubs

Extra-Curricular Activities	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Club reminders	Breaktime: Mindful colouring - Library Craft/book club: Library 3:10pm 	Breaktime: Chess club - library Reading Ambassador Meeting 3:10pm Library 	Breaktime: Lego club - Library Board Game club: Room 519 3:10pm 	Journalism club: Room 205 3:10pm 	
Ambition	We are determined to achieve and believe everyone can succeed		Try our best and take pride in what we do		
			Be curious and eager to learn		
			Persevere and try to bounce back from setbacks		
					

@Contact Us

- [The link here](#) links to the school website where key staff and department contacts are listed as well as a flow diagram to support families in navigating to the correct team/staff member depending on the enquiry they have.

In the first instance the form tutor is the first point of contact to guide and advise.

School Holiday Dates 2025-26

[Colne Park High School - Term Dates \(park-high.co.uk\)](http://park-high.co.uk)