



Parents@Park (11/06/21)

Covid restrictions - DfE guidance updates

- Due to the rising number of Covid cases linked to the new variant of concern, Park High has put a hold on all extra curricular clubs and activities until further notice. This is not what we wanted but as a school we must continue to work together to reduce the transmission risk and keep everyone safe and well.

- Please be aware that in addition to **the three identified main symptoms (high temperature, new continuous cough or loss of sense of smell or taste)** in school **we have noticed a pattern of sickness and headache symptoms** amongst students who have tested positive for Covid 19.

- A video message of the Headteacher Alternatively, [letter format can be found here](#)



- Lancashire has been moved into the 'enhanced' category this week due to a rise of infections rates of the Delta variant in the NorthWest region. As such schools have been asked to push the campaign message for people to have their first vaccinations in particular. [Covid19 vaccination information for all click here](#)

COVID-19 VARIANT OF CONCERN

NHS

PENDLE

Are you 18 or older? Get vaccinated!

The new Delta variant is in Pendle and cases of Covid-19 are increasing.

Mobile vaccination sites are currently in Pendle to give first dose Pfizer vaccines. We have a limited number of vaccines.

- **Morrisons in Nelson, BB9 7TX - 8am-8pm until Fri 11 June**
- **TK Maxx in Colne, BB8 9DJ - 8am-8pm until Sun 13 June**
- **Co-op Car park in Barnoldswick, BB18 6AB 10am-4pm, Sat 12 June (ONE DAY ONLY)**

Who is eligible for the vaccine?

Anyone aged 18 or over. For details visit www.pendle.gov.uk/covidvaccination or visit a site and talk to the friendly staff.

Don't delay – get vaccinated today!

Book your appointment or just drop in.

WASH HANDS COVER FACE MAKE SPACE FRESH AIR GET A VAX

LET'S KEEP BENDLE SAFE

Borough of Pendle



- The wearing of face coverings continues in school for all. Please may we ask parents to remind students to bring their face masks to school for the safety of all

- COVID-19 home and on site lateral flow testing to continue until further notice.

Please note lateral flow tests are NOT a replacement for PCR tests. **If a student has at least one of the three identified main symptoms (high temperature, new continuous cough or loss of sense of smell or taste) they must have a PCR test. Lateral flow tests are only taken when there are no symptoms presenting.**

- [Report student Covid home testing results to school](#)

As per the guidance please continue to log the results with both the NHS and school log.

- Please can any parent who has not yet completed the consent form complete the form as a matter of urgency. [Click here to complete the consent form](#). The consent form needs completing for both the giving of consent or none consent.



Annual GDPR Parental consent updates 2021-22



PARK HIGH SCHOOL
'RAISING ASPIRATIONS'

- [Please click here](#) to complete and submit the school's GDPR form for 2021-22- Deadline for completion: 18th June

Year 10 Assessment Updates

Year 10 Summer Mock Examinations Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
14-Jun	15-Jun	16-Jun	17-Jun	18-Jun
Option 1	Normal Lesson	Chemistry	Normal Lesson	Physics
	Normal Lesson		Normal Lesson	
Normal Lesson	Normal Lesson	Normal Lesson	Normal Lesson	Normal Lesson
Maths 3	Normal Lesson	Option 2	Normal Lesson	Option 3
	Normal Lesson		Normal Lesson	

Well done Year 10 on the completion of their first week of Mock Examinations. One more week to go!

Students have individual timetables with classrooms and examination times.

Any missed assessments will can be completed on Tuesday or Wednesday next week and during 'mop up' sessions starting Monday 21st June.

#BelieveSucceed

Year 7-9 Assessment Updates

Tips for Assessment Week 2

- 1) **BELIEVE IN YOURSELF** – If you work hard and stay focussed with positive energy, stress will be reduced. Believe in yourself and have the confidence to succeed.
- 2) **GET ORGANISED** – You'll feel more confident and in control if you have checked your schedule and know your timetable and rooms.
- 3) **PREPARED** - make a list of everything you need to study and create a revision plan.
- 4) **SLEEP 7-9 HOURS** – without getting the proper rest it will be even harder to retain information. 7-9 hours sleep helps you to have a well rested mind and body
- 5) **OVERCOME PROBLEMS** – if you find you don't understand some of your material, getting stressed out wont help. Instead take action to address the problem.
- 6) **FIT IN EXERCISE** – Its easy to put of exercise but remember a healthy body = healthy mind doing at least 20 minutes a day can help improve focus.
- 7) **EAT RIGHT** – limit caffeine and sugar
- 8) **TALK ABOUT YOUR NERVES** – nervousness is a natural reaction to exams, but bottling it up will only make it worse. Talking to your friends and family about how you are feeling is a great way of alleviating stress.
- 9) **KEEP THINGS IN PERSPECTIVE** – Just concentrate on the actual exam in hand not what may or may not happen after



Year 11

Year 11 transition to Post 16

To support our Year 11's as they progress to college and apprenticeships we have put together a package of support and Post 16 taster sessions for A 'level's, BTECs and Apprenticeships.

	Monday June 14th	Tues June 15th	Weds June 16th	Thurs June 17th	Friday June 18th
Period 2 10.00- 11.00am	Careers drop in with Mrs Pearson	Apprenticeship advice Mr Tilotson	BTEC Child Development/ Health and Social Care Mrs Ireland	English Literature A 'level taster session Mrs Chambers	Careers drop in with Mrs Pearson
Period 5 1.50- 2.50am	Pastoral check in with Mrs Huntingdon	History A 'level taster session Mr Thompson	Religious Studies A 'level taster session Miss Woolfcott	BTEC Music Taster session Mrs Lowden	Pastoral check in with Mrs Coffey

If your child has not made a firm decision about their destination Mrs Pearson our Careers Advisor will be available to support students and offer advice at the following times:

- Friday 11th June 10.00am
- Monday 14th June 10.00am
- Friday 18th June 10.00am

Broadening Student Horizons

- This week's words of the weeks for the week beginning 14th June for Year 7&8 are:



Inevitable



Persuasive



Cultural

KS3 Performing Arts Dance Extra-Curricular

DAY	YEAR GROUP	DANCE WORKSHOP
TUESDAY THE 8TH OF JUNE	7	The Greatest Showman Dance Workshop
TUESDAY THE 15 TH OF JUNE	8	The Greatest Showman Dance Workshop
TUESDAY THE 22 ND OF JUNE	7	Lyrical Dance Workshop
TUESDAY THE 29 TH OF JUNE	8	Lyrical Dance Workshop
TUESDAY THE 6 TH OF JULY	7	Street Dance Workshop
PLEASE SIGN UP IN YOUR DRAMA LESSONS WITH AWI/KGI!		



ASPIRE. PERFORM. ACHIEVE.

- **Dance club every Tuesday 3.20pm-4.20pm** in the dance studio! This will be offered to Y7 & Y8 on alternate weeks and students will be required to sign up with Miss Wild. #GetInvolved#Dancefun

Extra Curricular activities

Sports hall activities

Day	Year group
Monday 4a	Year 7
Monday 4b	Year 8 'B' band
Wednesday 4a (Moved from Tuesday)	Year 8 'P' band
Thursday	Year 9



After school activities

- Monday** – Year 10 football fixture at Fishermore
- Tuesday** – Year 7, 8 and 9 rounders, Year 9 football fixture at Fishermore
- Thursday** – Year 7 & 8 Netball
- Friday** – Year 7 Basketball, Year 7 football fixture at Fishermore



PE Fixtures back in play - Yay!

FIXTURE

Mr Orme (Head of PE) writes:

"We are delighted to be finally able to report that the Year 8 team had their first football fixtures this week, travelling to Fishermore for friendly games. It was so refreshing to see the players back on a football field in a competitive environment and a brilliant evening was had by all- they really made me proud! Each team played two games and (even though it was not about the winning - although against MR Ackroyd (former colleague and a good friend and Fishermore, one could argue it most definitely was!)"



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Park were victorious in 3 of these, losing the other.

Brilliant play by all!

- The Royal Air Force are currently looking to recruit cadets to join the Pendle squadron. This is a fantastic opportunity if you are interested in Aviation, a possible career in the RAF or just looking for a new challenge. As well as aviation activities, the Cadet scheme offers vocational qualifications through BTEC in Aviation studies and Public Services as well as sports, camps on RAF bases and Duke of Edinburgh award up to gold level. There are also hands on flying

opportunities in both Grob tutors and other in-service military aircraft. The group meet every Tuesday and Thursday evening at Clayton Street Nelson 7-9pm. If you are interested in joining or require further information, please contact James Molloy at oc.1104@rafac.mod.gov.uk.

- Park High School's [Careers newsletter week 32](#).



Do you know this Gentleman?

A slice of History

This week we received an interesting letter from a 95 year old gentleman who wanted to donate his team photo and Lancashire Cup Runners-Up football medals. The games were played just before World War Two on what is now the site of Park High School. Unfortunately, there was no name on the letter, it would be lovely if someone knew this gentleman and could contact us on the email info@park-high.co.uk so we could connect and thank him.



Year 9 study Local artist Nolon Stacey....

.....with some exceptional work embracing his style











Park students power on up the fells in fine style to earn their Lancashire vests



Huge congratulations to Will walker and Isabel Holt (both in Year 10) who successfully competed at the West Nab fell race last weekend. Isabel finished 8th overall in the under 17 girls race and was the first Lancashire counter. Will took 4th overall in under 17 boys and was second Lancashire counter. This gained both their coveted Lancashire vest and selection for **2021 British Fell & Hill Running Inter County Championship races** this weekend coming. I am sure you will join in wishing them the very best of luck as they take on both the hills and the heat ☺

(Thanks to Dave and Eileen Woodhead of Woodentops for the action shots)



The week ahead

- Years 7-10 assessments continue

- Uniform checks continue

- The wearing of face coverings continues

- Surge testing continues

Dates for diary - further ahead

- 25th June 2021 is **Year 8 HPV inoculations** taking place in school. More details will follow.

Become part of the Park family - train to teach with us



PARK HIGH SCHOOL
'RAISING ASPIRATIONS'



EVERY LESSON SHAPES A LIFE

Pennine Teaching Alliance (PTA) is a Multiple Teaching Alliance consisting of partners spanning across the full age spectrum from Early Years Foundation stage to post 16 education, offering Secondary teacher training. Our Alliance facilitates opportunities for our schools to work collaboratively to drive improvements within the education system.

We can help you to make a difference in the lives of our young people. Together we share the vision and passion for outstanding provision where you will be supported to inspire and educate future generations. You will be part of a successful, professional family from the outset where nobody gets left behind and you will be encouraged to be the best that you can possibly be.

**TRAIN TO BE AN OUTSTANDING TEACHER
WITH PENNINE TEACHING ALLIANCE. APPLY VIA UCAS NOW**

 **#TRAI NTOTEACH**  **@PEN TEACHALLIANC**  **PEN NINETEACHINGALLIANCE**
Info@pennineteachingalliance.co.uk
For further info contact Ann on 01282 865200

[School Holiday Dates 2020-21 \(click\)](#)